Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.

-Jesus

(Matthew 11:28-30)

BIBLICAL CALL TO BEAR BURDENS

1. Galatians 6:1-3
2. Romans 15:1-2
3. Hebrew 3:12-14
4. 2 Corinthians 1:3-4
5. 1 Thessalonians 5:14

BIBLICAL EXAMPLES

1. Exodus 18
2. 2 Samuel 12
3. John 11

BIBLICAL WISDOM

1. Proverbs 18:21
2. Proverbs 20:5
3. Proverbs 18:4
4. Proverbs 18:13
5. James 1:19

NOTES:

PRACTICAL STRATEGY FOR LISTENING AND ENGAGING

1. **CULTIVATE THE RELATIONSHIP**
    a. RELATE TO THE PERSON
    b. RELATE TO THE PROBLEM

2. **INVESTIGATE THE PROBLEM**
    a. LISTEN TO NON-VERBALS
    b. ASK GREAT QUESTIONS

3. **IDENTIFY THE NEEDS**
    a. THE ISSUE ON THE SURFACE
    b. THE ISSUE IN THE HEART

NOTES:

PRACTICAL STRATEGY FOR LISTENING AND ENGAGING

4. S**PEAK TRUTH**
    a. AT THE RIGHT TIME
    b. WITH CONFIDENCE IN SCRIPTURE

5. **PRESCRIBE DIRECTION**
    a. SHARE WISDOM
    b. PLAY THE LONG GAME

NOTES: