

A BETTER QUESTION

Filled Full

If the only things that concern you are about you, there is work to do. Ultimately, we save ourselves from ourselves by choosing not to be all about ourselves.

Discussion Questions:

1. Are you a goal-setting person? If so, would you say your goals have a healthy balance of being geared toward improving your own life and improving the lives of others? Explain.
2. What's your initial response to this statement? *Following Jesus is characterized by self-denial, not self-improvement.*
3. Do you find this to be true? *The fullest people are those who empty themselves for the sake of others.* Who do you know that personifies that?
4. What's your take on the relationship between purpose and happiness? Are the two connected?
5. Read **Mark 8:34–35**. What stands out to you? What do you think Jesus meant by these phrases?
 - Whoever wants to save their life
 - Will lose it
 - Whoever loses their life for me and for the gospel
 - Will find it