

DEAD TO ME



Dead to Me - Week 1

As followers of Jesus, we love to look at the promises of God and feel comforted. It's a healthy thing to do. God loves us to such a great extent that He promises us things we don't deserve, and we're grateful for that. But what happens when our expectations of those promises differs from the reality of the life we find in front of us? It may be time to recalibrate our expectations.

Getting Started

1. What is something that you're kind of snobby about? Where do you have high expectations?
2. What is the most disappointing gift you remember getting as a kid?

What About You?

3. Have you ever seen somebody in desperate need of a reality check? What was happening in their life at the time?
4. When have you experienced a contrast between your expectations of life and God's promises to you?
5. Do you think it is wrong for us to have expectations and desires in this life? Why or why not?



Look It Up

Mark 8:31, Mark 14:50, Matthew 17:22-23, Luke 18:31-34, Psalm 37:4, John 3:16, 1 John 1:19, Proverbs 3:5, John 14:15-17, Matthew 5:4, Revelation 21:4

6. Why do you think Jesus's arrest seemed to create such surprise and despair among his followers, even after he had warned them about it repeatedly?
7. How do you understand the promise of Psalm 37:4, if things don't always work out how we wish they would?
8. When you read the five promises from God that Jason outlined here, which stands out to you? Why?
9. What role does God promise that his *presence* will play in the lives of those who follow Jesus?

Putting It All Together

10. What expectations or desires are causing you the most conflict right now? What steps could you take to hold them more loosely?
11. Have you been honest with your Creator about your frustration or disappointment lately?
12. How can you center the process of thankfulness for what you do have this week? What would a daily practice of thanksgiving look like in your life?
13. Will you commit each of these five promises to memory this week?

