

Soul Construction - having a healthy soul

Do not judge and you will not be judged

Luk 6:37 (AMPC) Judge not [neither pronouncing judgment nor subjecting to censure], and you will not be judged; do not condemn and pronounce guilty, and you will not be condemned and pronounced guilty; acquit and forgive and release (give up resentment, let it drop), and you will be acquitted and forgiven and released.

Every instruction, commandment and decree is for your wholeness.

The guidelines are not meant to rob you of joy but to keep you from danger.

So when the Master says, Do not judge its for your good.

Judge -Krino: To judge in one's own mind as to what is right, proper, expedient; to deem, decide, determine

To judge is deem, decide, determine someone is less than.

Less than what? Almost always less than you.

Story of Ray Macauley.

Judgmental

Judge / Mental - To judge in one's own mind as to what is right, proper

Judgementalism is a disease that infects and affects the judge.

Php 4:8 (TPT) **So keep your thoughts continually fixed** on all that is authentic and real, honorable and admirable, beautiful and respectful, pure and holy, merciful and kind. **And fasten your thoughts** on every glorious work of God, praising him always.

Thoughts are like internet ads.

Have you ever clicked on an ad for an item only to find yourself inundated with similar ads?

Thoughts are the same the more attention you give to a thought the more of that type thought you get

Judging is a habit - So we can train ourself to be less judgmental.

How judging hurts you.

Judging hurts you more than it does anyone else

How we judge others says far more about us than how we are judged by others.

When you are constantly judging you are molding yourself into a negative person.

A fault finder

A man asked to meet with the pastor of the church he was considering joining. He asked the Pastor what the people of that church were like. The pastor asked, what were the people like at your last church.

The man said, "O they were all hypocrites, rude, cold and didn't really love God." The Pastor said well I don't think this is the church for you. The man asked why, "the pastor said, "All of these people are hypocrites, rude, cold and I can't seem to get them to love Jesus."

*** One who is always looking for faults, flaws never finds favor.**

Judgmental people condition their mind to only find flaws.

A few weeks later another visitor asked for a meeting and asked the same question. The pastor asked, What were the people like at your last church? O' they were amazing, loving, friendly and devoted to God. I absolutely love them" The pastor said, I think you would love it here cause our people are just like that.

People are people - how you look at them determines what you see.

Story about Rhema student.

Rom 14:13 (NASB) Therefore let's not judge one another anymore, but rather determine this: not to put an obstacle or a stumbling block in a brother's or sister's way.

* **Lester Sumrall:**

Judging is an obstacle to redemption and to destiny.

If we knew what others were going through we would give them a huge hug rather than a boatload of criticism and judgment.

* **Being judged for not smiling.**

Compassion is a far better choice for you

We never know all of the facts, the backstory. Only God knows it all

Mat 7:1-2 (NASB) "Do not judge, so that you will not be judged. [2] "For in the way you judge, you will be judged; and by your standard of measure, it will be measured to you.

Ancient Jewish wisdom taught that God created life to mirror your soul.

Mat 7:3-5 (TPT) Why would you focus on the flaw in someone else's life and yet fail to notice the glaring flaws of your own? [4] How could you say to your friend, 'Let me show you where you're wrong,' when you're guilty of even more? [5] You're being hypercritical and a hypocrite! First acknowledge your own 'blind spots' and deal with them, and then you'll be capable of dealing with the 'blind spot' of your friend.

Jesus is not telling others not to judge us; He's telling us not to judge others. What others do is not our primary concern; what we do is our primary concern. Our biggest problem is not how others judge us, but how we judge others.

Jesus takes judgment very seriously. He is the righteous judge (2 Timothy 4:8), who is full of grace and truth (John 1:14). He does not judge by appearances, but judges with right judgment (John 7:24). Every judgment he pronounces issues from his core loving nature (1 John 4:8).

Research has proven that negative experience make a greater impact on us than positive ones which is why we need to be vigilant to think on those things that are pure and lovely.

Story of T.L. Osborne and value.

1Co 13:7 (AMPC) Love bears up under anything and everything that comes, is ever ready to believe the best of every person, its hopes are fadeless under all circumstances, and it endures everything [without weakening].

Love is ever ready to believe the best of every person.

James chapter 2 speaks of the possibility of us becoming judges of evil thoughts.

Jas 2:1-4 (TPT) My dear brothers and sisters, fellow believers in our glorious Lord Jesus Christ—how could we say that we have faith in him and yet we favor one group of people above another? [2] Suppose an influential man comes into your worship meeting wearing gold rings and expensive clothing, and also a homeless man in shabby clothes comes in. [3] If you show special attention to the rich man in expensive clothes and say, “Here’s a seat of honor for you right up front!” but you turn and say to the poor beggar dressed in rags, “You can stand over here,” or “Sit over there on the floor in the back,” [4] then you’ve demonstrated gross prejudice among yourselves and used evil standards of judgment!

We deem the value of one as greater than the value of the other based on what we see.

We judge one as lesser than.

Imagine a wall of windows overlooking an amazing flower garden. If the glass is clean you don’t even notice the windows, all you see is the beauty of the garden.

But if the glass is smudged and filthy you can’t see the beauty through the filth. You will focus on the filth and the beauty of the garden fades away.

Love means paying more attention to their virtues than their flaws.

Why are we so quick to judge each other?

Insecurity & arrogance: a lot of people jump to judgment because they are insecure and arrogant.

When we are secure and feel safely loved we tend to see the best in others but when we are afraid we see threats everywhere.

Being judgmental poisons your soul. It makes you bitter, suspicious and callous.

To have a healthy soul stop judging.