

FREEDOM TABERNACLE FASTING SCHEDULE

JANUARY 5-26, 2026

The True Fast - Isaiah 58

Along with the fasting of food/items that God directs you to participate in, the following is our corporate daily schedule for you to consider:

Mondays: Corporate Prayer in the sanctuary at 7 PM until 8 PM
Acts 2:42; Acts 5:23-31

Tuesdays: Visitation and prayer with individuals/families at their homes. Please meet in the sanctuary and be prepared to leave at 7 PM. Team leaders will be in place to lead groups to designated homes.
James 1:27; Matthew 25:31-40

Wednesdays: Corporate worship and teaching on our theme scripture.
Book of Ephesians

Thursdays: Giving Thursday - This is not just monetarily but acts of service (i.e. giving of your time, talents, or resources). Examples could include yard work, child care, maintenance/repairs, assistance for individuals/families.
Acts 4:32-33; Galatians 6:10; James 2:14-26

Fridays: Random acts of kindness (bless someone). This will be for someone you don't know. Share the gospel with them, invite them to church, buy their meal, etc.
Galatians 5:22; John 13:34-35; Ephesians 6:5-9

Saturdays: Spiritual growth for your family. This includes your immediate family, those in your household, and/or those you are connected to. Examples could include taking communion together, participating in a bible study/devotion, or verbally praying for them.
Deuteronomy 6:4-9; Ephesians 6:4

Sundays: Corporate worship and the word.
Hebrews 10:24-25; Acts 2:40-47