


THE LIFESTYLE SERIES

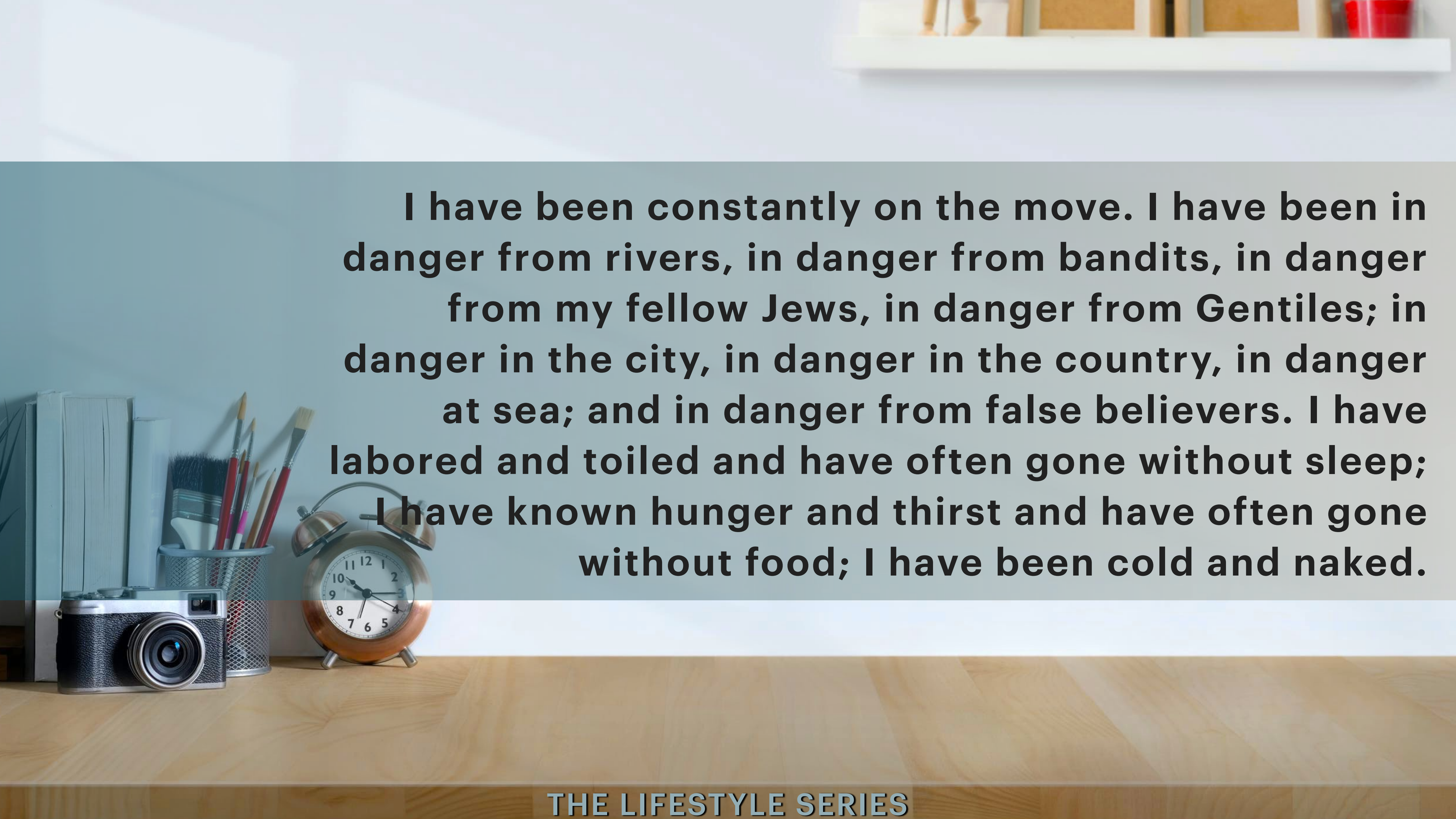
Recentring our lives around Jesus
Galatians 2:20



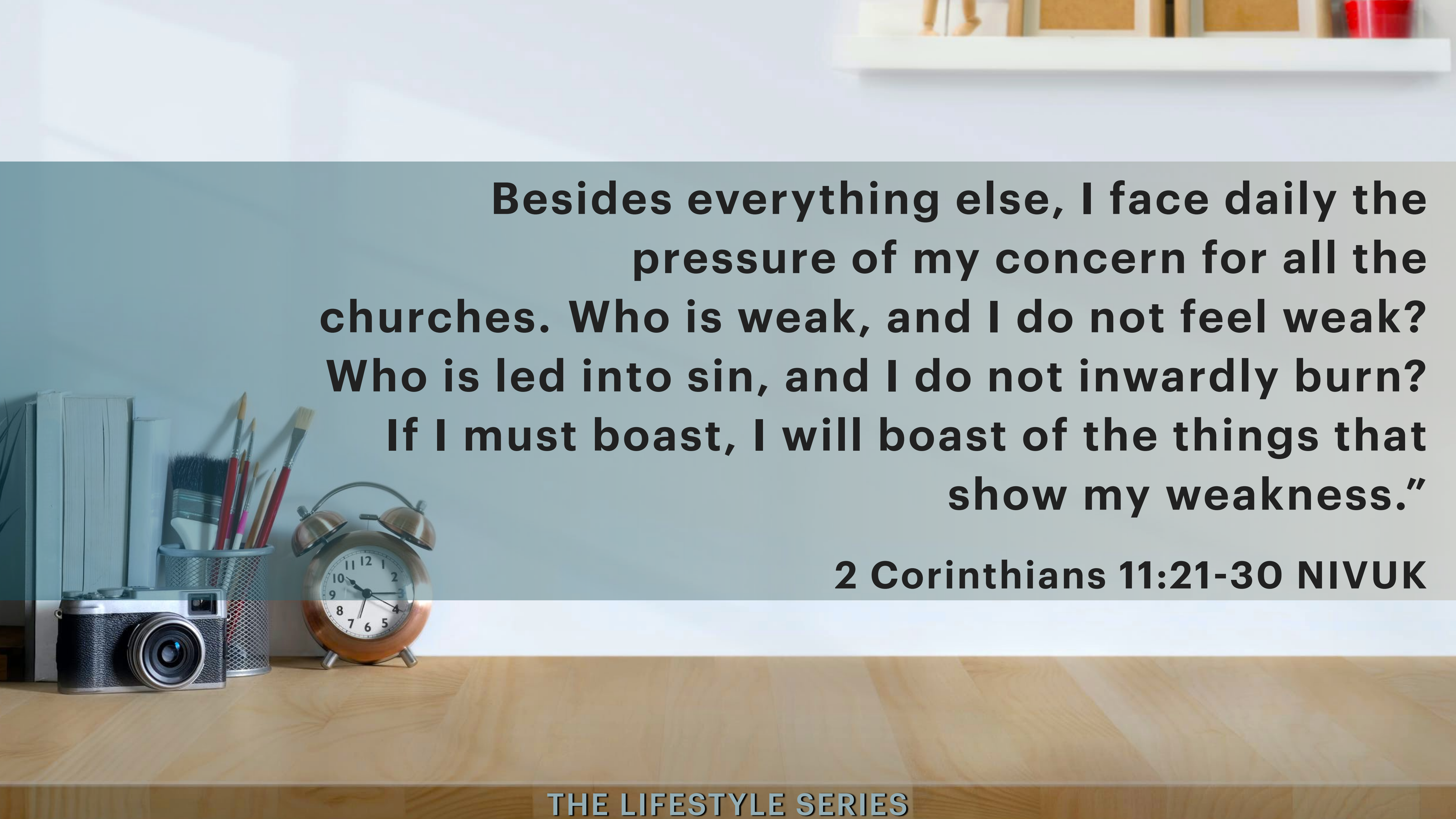
A photograph of a desk with a camera, a pen holder, and an alarm clock. The desk is made of light-colored wood. On the left, there is a silver and black camera. Next to it is a metal mesh pen holder containing several pens and pencils. To the right of the pen holder is a brass-colored alarm clock. The background is a white wall with a white shelf at the top. A semi-transparent grey banner is overlaid on the image, containing text.

“Whatever anyone else dares to boast about – I am speaking as a fool – I also dare to boast about. Are they Hebrews? So am I. Are they Israelites? So am I. Are they Abraham’s descendants? So am I. Are they servants of Christ? (I am out of my mind to talk like this.) I am more. I have worked much harder, been in prison more frequently, been flogged more severely, and been exposed to death again and again.

Five times I received from the Jews the forty lashes minus one. Three times I was beaten with rods, once I was pelted with stones, three times I was shipwrecked, I spent a night and a day in the open sea,


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I have been constantly on the move. I have been in danger from rivers, in danger from bandits, in danger from my fellow Jews, in danger from Gentiles; in danger in the city, in danger in the country, in danger at sea; and in danger from false believers. I have labored and toiled and have often gone without sleep; I have known hunger and thirst and have often gone without food; I have been cold and naked.


A photograph of a desk with a camera, a pen holder, and an alarm clock. The desk is made of light-colored wood. On the left, there is a silver and black camera. Next to it is a metal mesh pen holder containing several pens and pencils. To the right of the pen holder is a gold-colored alarm clock. The background is a light blue wall with a white shelf above it. The text is overlaid on a semi-transparent grey background.

Besides everything else, I face daily the pressure of my concern for all the churches. Who is weak, and I do not feel weak? Who is led into sin, and I do not inwardly burn? If I must boast, I will boast of the things that show my weakness."

2 Corinthians 11:21-30 NIVUK

A desk with a camera, a pen holder, and an alarm clock. The camera is a vintage-style silver and black camera. The pen holder is a mesh container holding several pens and pencils. The alarm clock is a classic twin-bell alarm clock with a white face and black numbers. The desk is made of light-colored wood. In the background, there are books and a shelf with various items.

“Rejoice in the Lord always. I will say it again: rejoice! Let your gentleness be evident to all. The Lord is near. Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God.

A desk with a camera, a pen holder, and an alarm clock. The camera is a vintage-style silver and black camera. The pen holder is a mesh cylinder containing several pens and pencils. The alarm clock is a classic round, copper-colored clock with two bells. The desk is made of light-colored wood. In the background, there are books and a shelf with various items.


And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”

Philippians 4:4-7 NIVUK

REJOICE: A Lifestyle of Hope

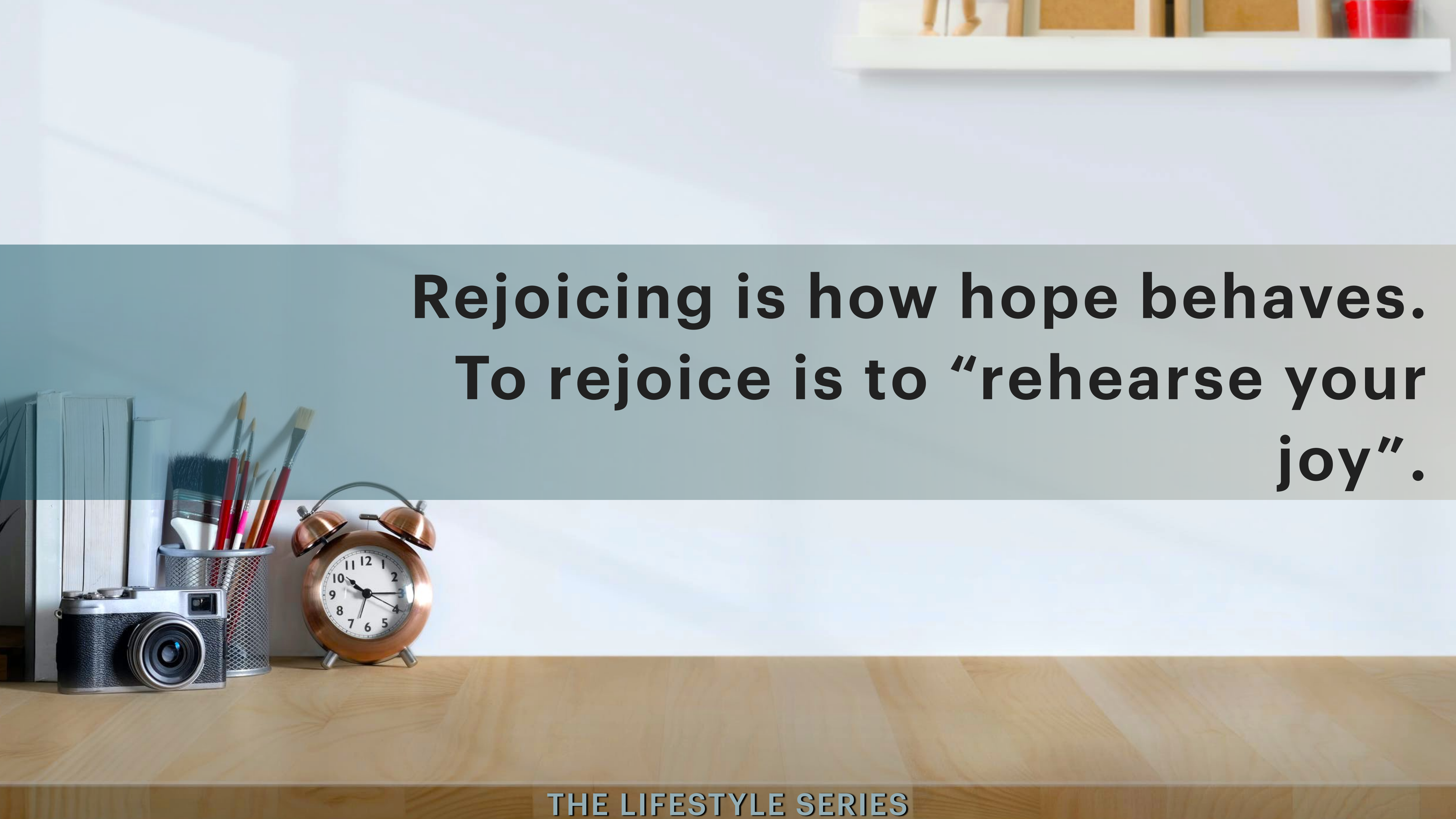
Philippians 4:4-7



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“I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.”

Galatians 2:20 NIVUK

A photograph of a desk with various items: a silver camera, a metal pen holder with pens and pencils, and a copper alarm clock. The desk is on a wooden surface. In the background, there is a white shelf with some items on it. A semi-transparent grey banner is overlaid on the image, containing text.

**Rejoicing is how hope behaves.
To rejoice is to “rehearse your
joy”.**

A photograph of a desk with a camera, a pen holder, and an alarm clock. The desk is made of light-colored wood. On the left, there is a silver and black camera. Next to it is a metal mesh pen holder containing several pens and pencils. To the right of the pen holder is a copper-colored alarm clock. The background is a light blue wall with a white shelf above it holding some books and a red cup. A semi-transparent grey banner is overlaid on the image, containing the text.

1. What is rejoicing?

To constantly and habitually express joy.

2. Who rejoices?

Those whose names are written in the
Book of Life.

3. Why do we rejoice?

It improves our relationship with others.
It strengthens our relationship with Christ.

4. When do we rejoice?

Always.

5. Where do we rejoice?

Wherever you are.

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6. How do we rejoice?

“Rejoice IN the Lord.”

A photograph of a desk with a camera, a pen holder, and an alarm clock. The desk is made of light-colored wood. On the left, there is a silver and black camera. Next to it is a metal mesh pen holder containing several pens and pencils. To the right of the pen holder is a copper-colored alarm clock with a white face and black numbers. The background is a light blue wall with a white shelf above it. The text "The Attitude of Rejoicing:" is written in a large, bold, black font, underlined, and centered on the right side of the image. Below it, the quote "Good job. You got it!" is written in a smaller, bold, black font.

The Attitude of Rejoicing:

“Good job. You got it!”

A photograph of a desk with various items: a silver camera, a metal pen holder with pens and pencils, and a copper alarm clock. The desk is on a wooden surface. In the background, there is a white shelf with some items on it. A semi-transparent grey banner is overlaid on the image, containing the text.

The “Christ in me” reality is a lifestyle of rejoicing even when we are in the chains of life.

How can I take responsibility for this message?

- a. ACT (Apply, Change, Teach)
- b. Celebrate who Jesus is.
- c. Celebrate with others.
- d. Make a list of celebrations.
- e. Speak with a “rejoicing” tone.