



“I have a plan. You go get what you want, and I’ll go to the cookie section and get Oreos.”

ALEX -- 7 YEARS OLD



“If the grocery store has a health food section, what is the rest of the store?”

3% Milk

Seedless Strawberries

Fat-free hummus

Wheat things (the ones in the blue box)

Unsour cream

diet diet coke (you might have to ask because it's new)

Mellow cheese

organic pop tarts

Wife gives husband prank grocery list:

3% Milk

Seedless Strawberries

Fat-Free Hummus

Wheat Thins (In the Blue Box)

Unsour Cream

Diet Diet Coke (you might have to ask because it's new)

Mellow Cheese

Organic Pop Tarts

Wife gives husband
prank grocery list:

64K Likes

18K Comments

55K Shares

3% Milk
Seedless Strawberries
fat-free hummus
Wheat things (the ones
the blue box)
Unsour cream
diet diet cream (might
have to ask
because it's new)
Mellow cheese
organic pop tarts

3% Milk
Seedless Strawberries
Fat-Free Hummus
Unsour Cream
Diet Diet Cream (you might have to
ask because it's new)
Mellow Cheese
Organic Pop Tarts



“Care for the flock that God has entrusted to you. Watch over it willingly, not grudgingly -- not for what you will get out of it, but because you are eager to serve God. Don't lord it over the people assigned to your care, but lead them by your own good example.”

1 PETER 5:2-3 NLT

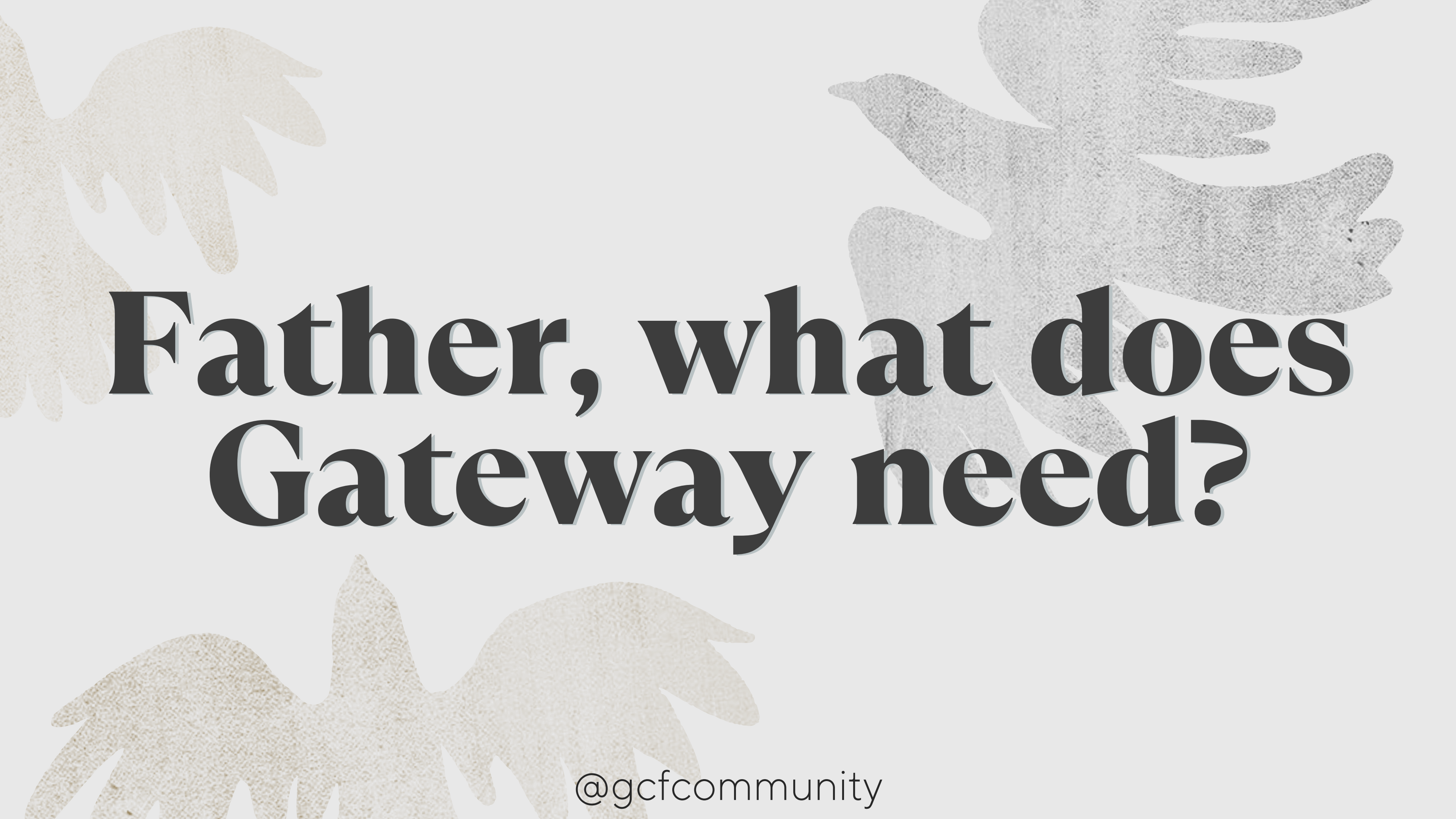
@gcfcommunity



“Care for the flock that God has entrusted to you. Watch over it willingly, not grudgingly -- not for what you will get out of it, but because you are eager to serve God. Don’t lord it over the people assigned to your care, but lead them by your own good example.”

1 PETER 5:2-3 NLT

@gcfcommunity



Father, what does Gateway need?

@gcfcommunity



“Like golden apples in silver settings, so is a word spoken at the right time.”

PROVERBS 25:11 GW

@gcfcommunity

The background features several stylized hand silhouettes. Some are in a textured gold color, while others are in a muted blue-grey. The hands are positioned as if reaching out or supporting each other, creating a sense of community and aid.

A Helpful Word for Hard Times

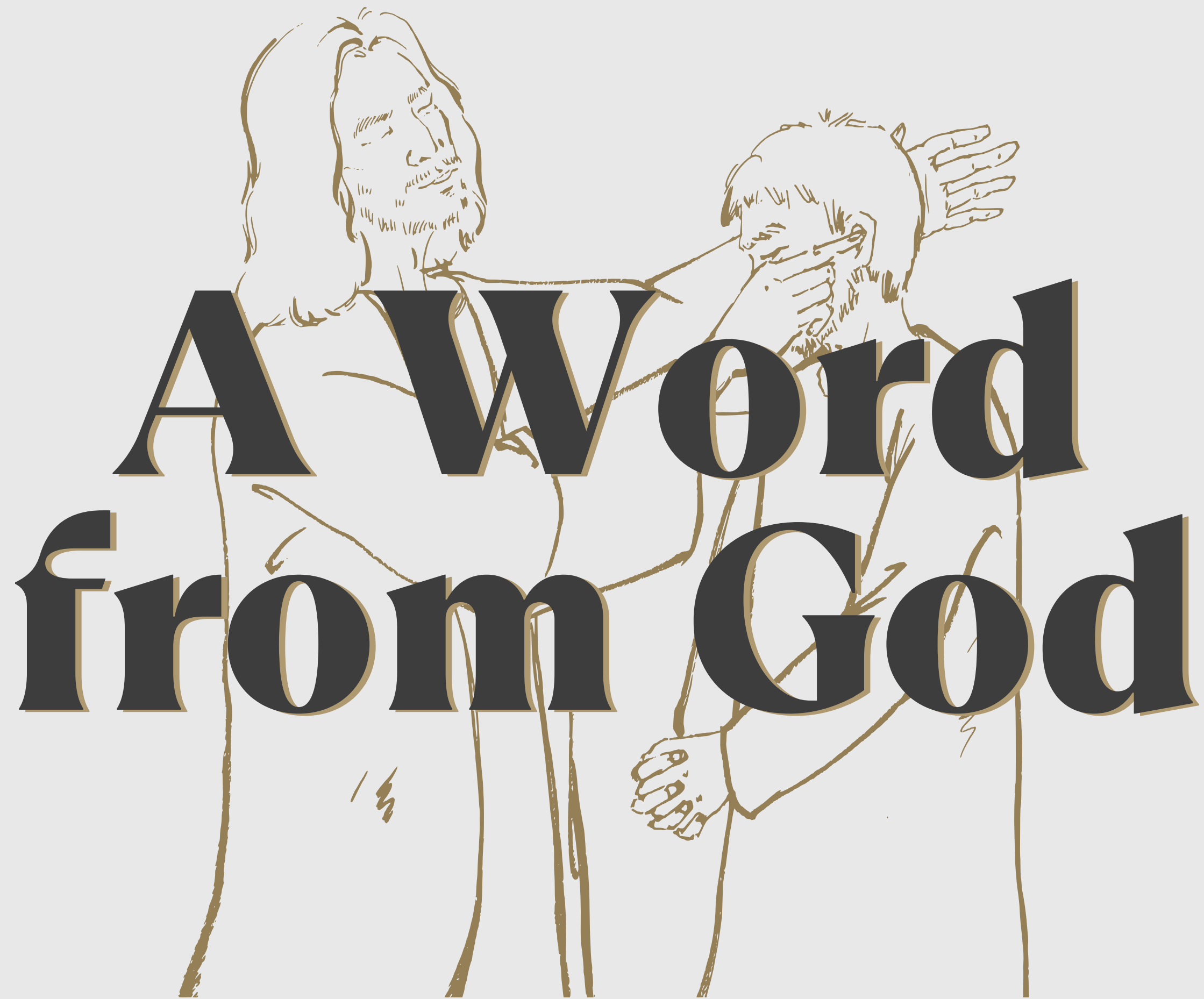
HOPE. FRIENDS. WORDS.

Hope



An illustration featuring five hands of different skin tones (light beige, tan, brown, and dark brown) arranged in a circle, holding a central red heart. The hands are positioned as if they are gently cradling the heart. The background is a light, neutral color.

A Trusted Friend



A word

from God

Hope

The word "Hope" is written in a white, serif font with a thin black outline. It is centered horizontally. Behind the letters "o" and "p" is a stylized flame graphic. The flame is composed of several overlapping, teardrop-shaped elements in shades of orange and yellow, with a darker orange base. The overall composition is set against a dark gray background.

The Father is a God of Hope.

“May the God of **hope**”

Romans 15:13

@gcfcommunity

**The Father fills us
with joy and peace when we
trust Him.**

**“May the God of hope fill you with all joy
and peace as you trust in Him...”**

Romans 15:13

@gcfcommunity

The Holy Spirit helps us overflow with hope.

“May the God of hope fill you with all joy
and peace as you trust in Him, **so that you
may overflow with hope by the power of
the Holy Spirit.**”

Romans 15:13

@gcfcommunity

From the biblical narrative to therapeutic insights and personal encounters, all of us know the vital importance of hope is undeniable.



@gcfcommunity

True hope originates not from our will, personality, or strength but from the trustworthiness of His character and nature.

@gcfcommunity

Hope lives.

“Let us give thanks to the God and Father of our Lord Jesus Christ! Because of His great mercy He gave us new life by raising Jesus Christ from death. **This fills us with living hope.”**

1 Peter 1:3 GNBDC

**Hope is alive because
Jesus is alive.**

@gcfcommunity

Hope hungers.

“Hope deferred makes the heart sick, but
a longing fulfilled is a tree of life.”

Proverbs 13:12 NIV

@gcfcommunity

Hope secures.

“This **hope is a strong and trustworthy anchor
for our souls.”**

Hebrews 6:19 NLT

@gcfcommunity

Hope believes.

“Even when there was no reason for **hope**,
Abraham kept **hoping**...For God had said...”

Romans 4:18 NLT

Hope purifies.

“Everyone who has this **hope** in him keeps himself pure, just as Christ is pure.”

1 John 3:3 GNBDC

**How do we nurture
our hope?**



@gcfcommunity

**Be honest with God without
dwelling in negativity.**

@gcfcommunity

**Significantly decrease time
spent on social media,
engaging with media outlets,
and participating in negative
conversations.**

@gcfcommunity

**Reject reality's authority to
shape your future, as hope in
Jesus has already taken the
lead.**

@gcfcommunity

**Choose to intentionally
recall the wonderful things
that God has accomplished
and have faith that He will do
them again.**

@gcfcommunity

**Digest God's word through
reading, prayer, meditation,
and journaling.**

@gcfcommunity

**Make it a habit to participate
in church events that involve
friendship, worship, prayer,
communion, and teaching.**

@gcfcommunity

The background features several stylized hand silhouettes. Some are in a textured gold color, while others are in a muted blue-grey. The hands are positioned in various orientations, some appearing to hold or support others, creating a sense of community and care.

A Helpful Word for Hard Times

HOPE. FRIENDS. WORDS.