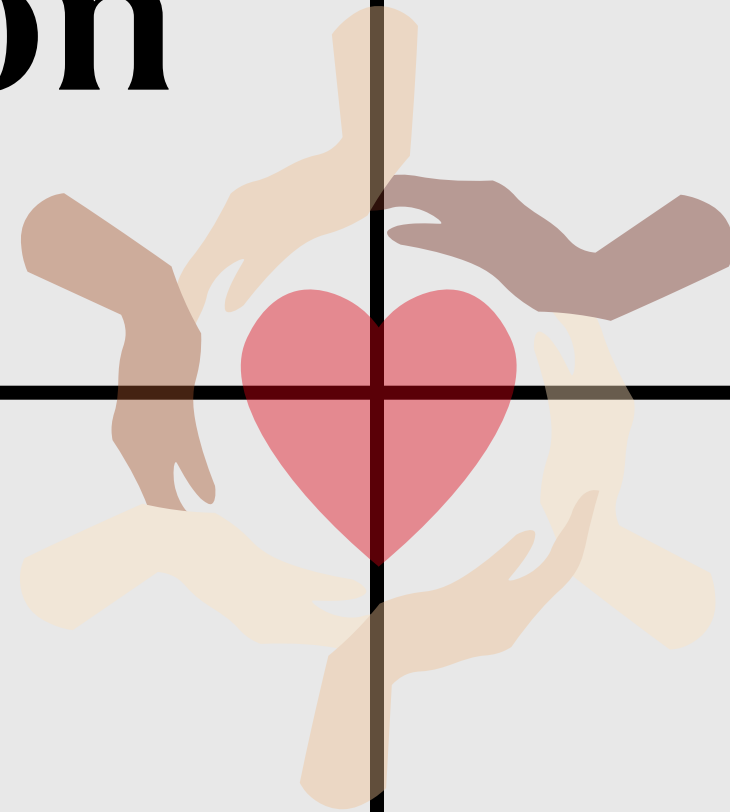


Four Types of Relationships

Isolation



Isolation:

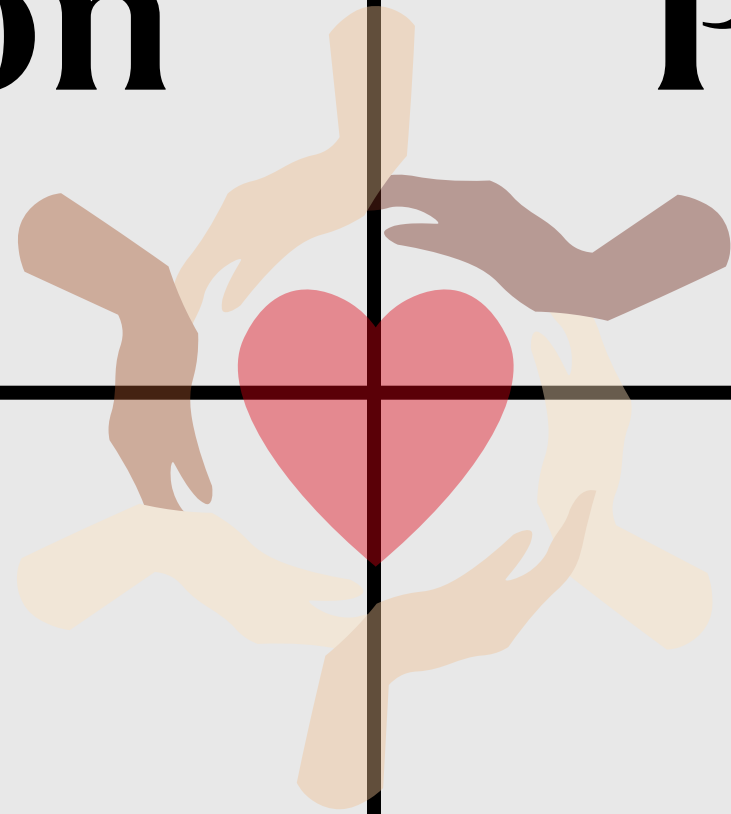
A background illustration featuring a central pink heart held by several hands of different colors (tan, light brown, yellow) reaching towards it from various directions. The hands are stylized and semi-transparent, creating a sense of connection and support.

- **Void of consistent & honest communication**
- **Presence of disconnected feelings & behavior**
- **Spending more time alone than normal**
- **Lack of mutuality**
- **Unusually quiet**

Four Types of Relationships

Isolation

Pseudo

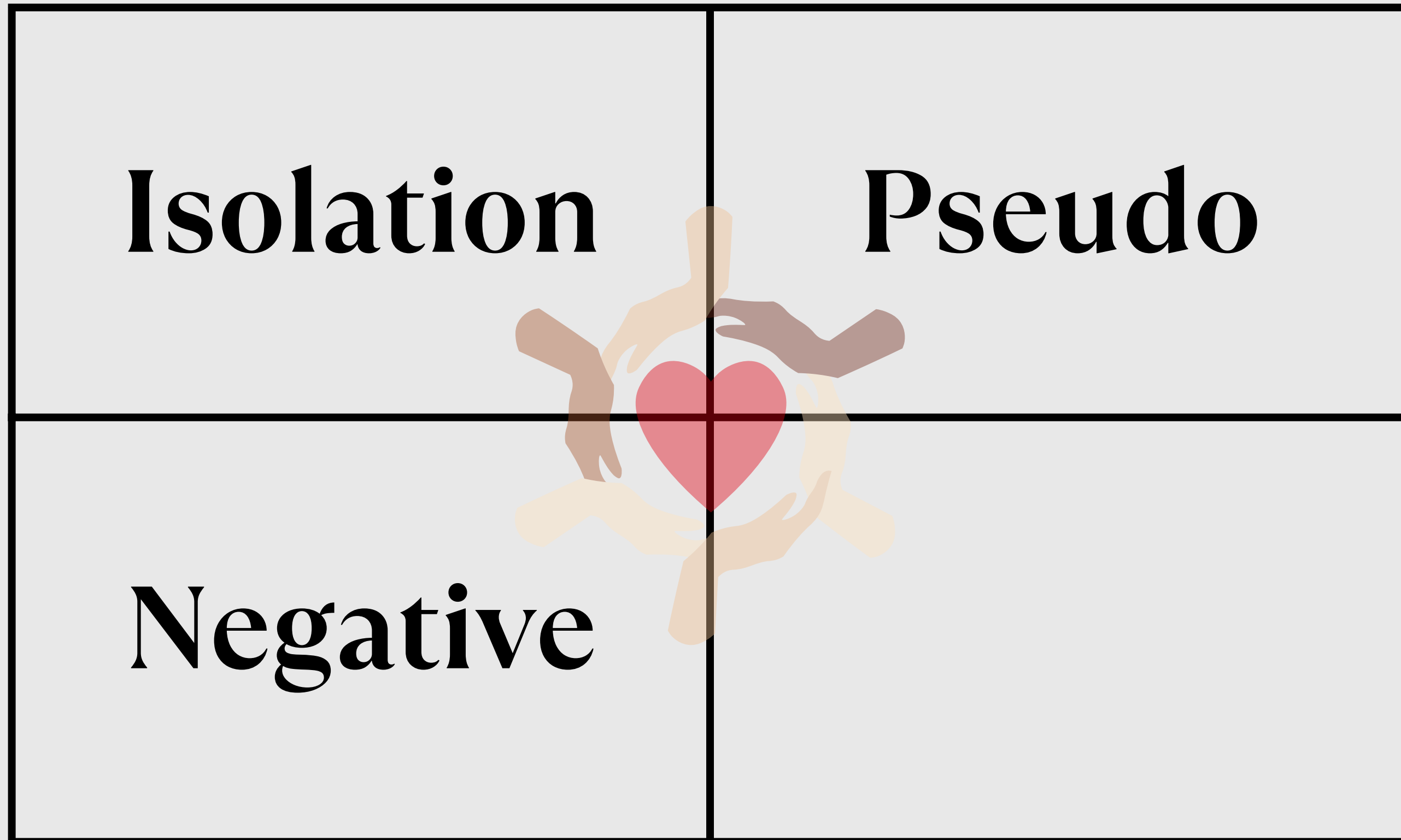


Pseudo

A background illustration featuring a central pink heart held by several hands of different colors (tan, brown, yellow) in a circular arrangement, symbolizing care and support.

- **Vulnerability avoidance**
- **Internal negativity and externally engaging**
- **Rules are more important than connection**
- **Conflict avoidance**
- **Appearance is more important than authenticity**
- **Artificial**

Four Types of Relationships

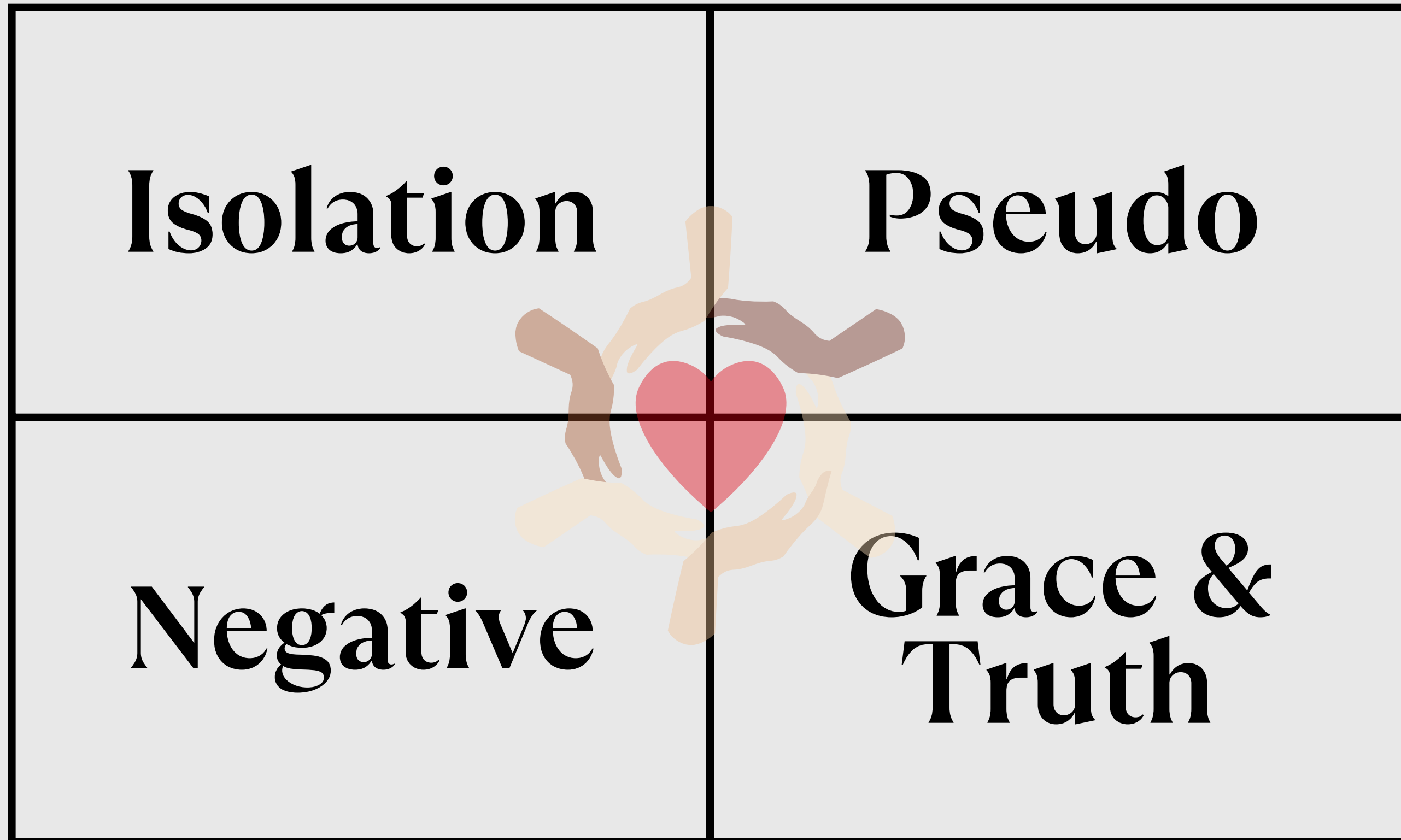


Negative

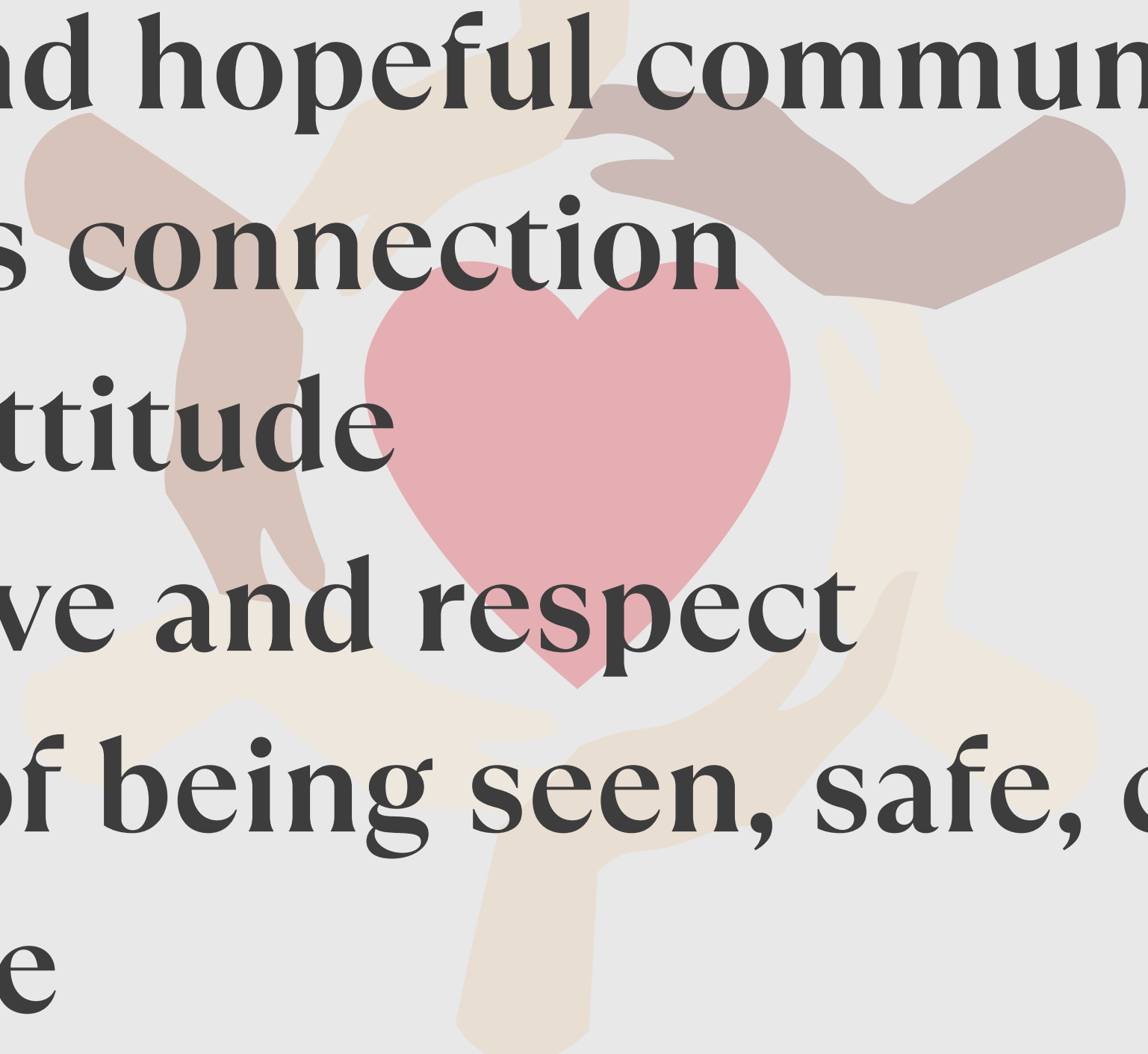


- **Abundance of negativity**
- **Consistent complaining**
- **Passive-aggressive communication style**
- **Argumentative**
- **Unable to sustain friendships**
- **Victim mentality**
- **Critical**

Four Types of Relationships



Grace & Truth

- **Honest and hopeful communication**
 - **Prioritizes connection**
 - **Humble attitude**
 - **Mutual love and respect**
 - **Feelings of being seen, safe, comforted, and secure**
 - **Affirmational**
- 



Let's Declare Together:

This is God's word.

It gives us life.

We believe it.



“Care for the flock that God has entrusted to you. Watch over it willingly, not grudgingly -- not for what you will get out of it, but because you are eager to serve God. Don’t lord it over the people assigned to your care, but lead them by your own good example.”

1 PETER 5:2-3 NLT

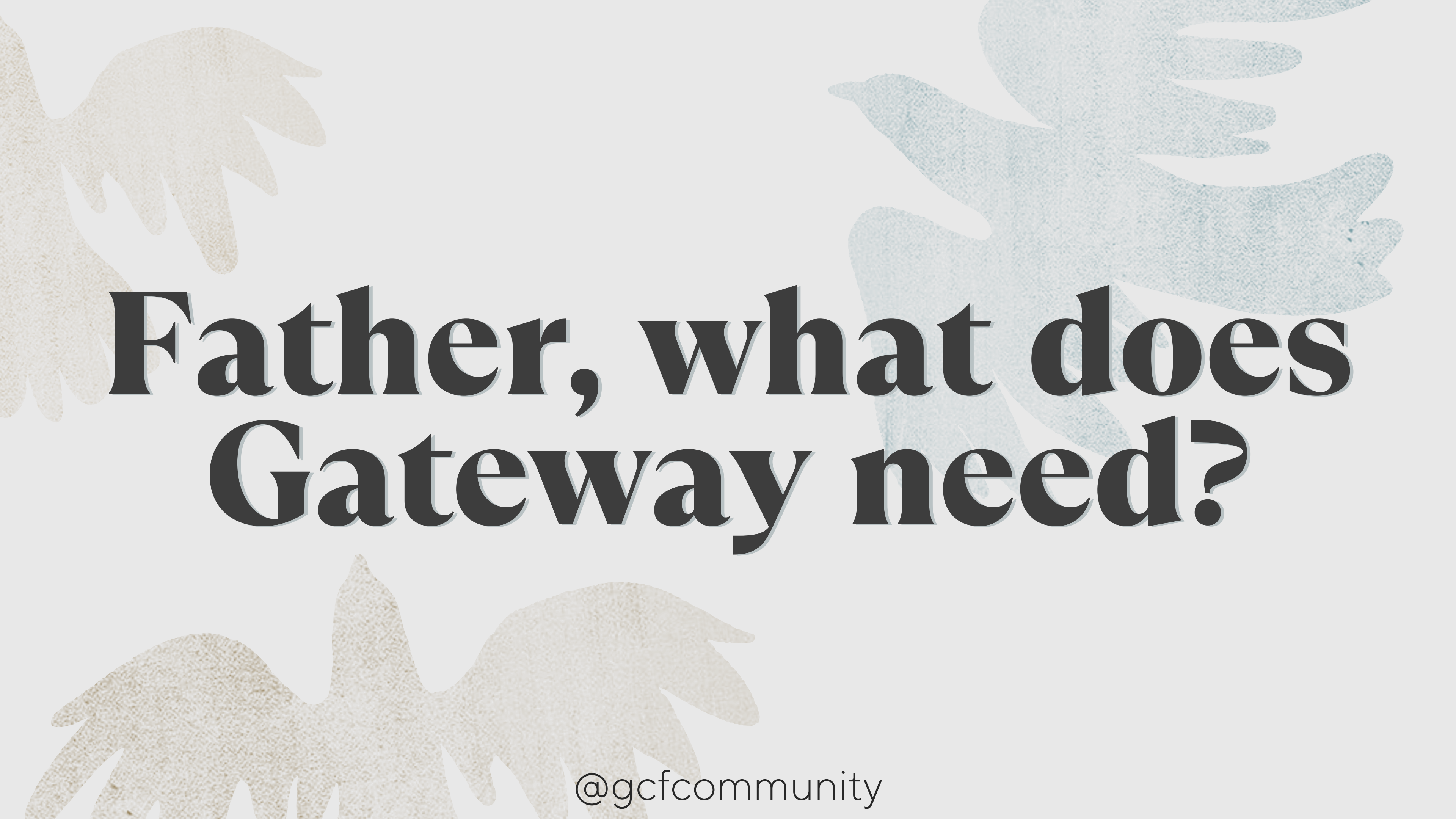
@gcfcommunity



“Care for the flock that God has entrusted to you. Watch over it willingly, not grudgingly -- not for what you will get out of it, but because you are eager to serve God. Don’t lord it over the people assigned to your care, but lead them by your own good example.”

1 PETER 5:2-3 NLT

@gcfcommunity



Father, what does Gateway need?

@gcfcommunity

The background features several stylized hand silhouettes. Some are in a textured gold color, while others are in a muted blue-grey. The hands are positioned as if reaching out or supporting each other, creating a sense of community and aid.

A Helpful Word for Hard Times

HOPE. FRIENDS. WORDS.

Hope

The word "Hope" is written in a white, serif font with a thin black outline. It is centered horizontally. Behind the letters "o", "p", and "e" is a stylized flame graphic. The flame is composed of several overlapping, teardrop-shaped elements in shades of orange and yellow, with a darker orange base. The flame appears to be rising from behind the text.

An illustration of five hands of different skin tones (light beige, tan, brown, and dark brown) arranged in a circle, holding a red heart. The hands are positioned as if they are gently cradling the heart. The text "A Trusted Friend" is overlaid on the heart and hands.

A Trusted Friend



“I wish I stayed in touch with my friends and given my friendships the time and effort they deserve. Everyone misses their friends when they’re dying.”

— Bronnie Ware

**We are designed by God for
connection, relationship, and
friendship.**

As we go through life, the desire for connection with others remains constant. Human connection is essential; it is what we crave. It communicates a sense of security, allowing the heart to relax and become more receptive.

Friendship offers advantages to enjoy, adversities to overcome, and a friendship-building approach to embrace.



**“A friend loves at all times, and
a brother is born for a time of
adversity.”**

PROVERBS 17:17 NIV

@gcfcommunity



“There are ‘friends’ who destroy each other, but a real friend sticks closer than a brother.”

PROVERBS 18:24 NLT

@gcfcommunity

In a world seeking warm and welcoming connections, I hope we sustain our friendliness so that each person can enjoy the advantages of friendship, overcome adversities, and engage in a helpful friendship-building approach.



An illustration of five hands of different skin tones (light beige, tan, brown, and dark brown) arranged in a circle, holding a red heart. The hands are positioned at the top, bottom, left, and right, with their fingers pointing towards the center where the heart is located. The heart is a solid red color with a slight shadow.

A Trusted Friend



“Two are better than one, because they have a good return for their labor: If either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up.”

ECCELESIASTES 4:9-10 NIV

@gcfcommunity

What adversities do friendships overcome?

**Self
Past**

**Ignorance
Busyness
Technology
Lifestyle**

@gcfcommunity

During our formative years, our families shape us; and as we grow older, we transition to the influence of our friendships.

**Unprocessed emotions
don't die; they are
buried alive.**

What advantages do friendships enjoy?

Belonging
Health Benefits
Affirmation
Accountability
Connection

@gcfcommunity

What friendship-building approach do we embrace?

**Connect Relationally
See Journey
Attain Destiny**

@gcfcommunity

The background features several stylized hand silhouettes. Some are in a textured gold color, while others are in a muted blue-grey. The hands are positioned as if reaching out or supporting each other, creating a sense of community and aid.

A Helpful Word for Hard Times

HOPE. FRIENDS. WORDS.