

RELATIONSHIPS.

Is there an app for that?



The Power of Communication

PART 2



When you say yes to covenant and love yourself the way the Father loves you, then you can love others the way the Father does. That's the healthy starting point for relationships.



A photograph of three young adults walking through a grassy field at sunset. The sun is low on the horizon, creating a warm, golden glow. The person on the left is a man with tattoos, wearing a dark tank top and jeans. The person in the middle is a woman with long dark hair, wearing a patterned top and jeans. The person on the right is a man wearing a white tank top and a plaid shirt over his shoulders. The text is overlaid in white, bold, sans-serif font.

**“Let us therefore make every effort to do what leads to
peace and to mutual edification.”
Romans 14:19**

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Today's goal is to help us have safety in our relationships so we can share the truth about our thoughts, feelings and needs with one another and gain understanding.



Honor is when two powerful people in a relationship are working together to meet the needs of each other and the situation, while strengthening connection and empowerment.



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The enemies of peace and our response.

- a. Pluralistic Tolerance
- b. Ruthless Domination



Peacekeeping Practices:

- a. **Praying for peace.** *1 Timothy 2:1-4*
- b. **Pursuing peace.** *Romans 12:18*
- c. **Taking responsibility.** *Matthew 5:23-25*
- d. **Lovingly reprove.** *Ephesians 4:15, Revelation 3:19*
- e. **Accepting reproof.** *Ephesians 4:15, Revelation 3:19*
- f. **Asking for forgiveness.** *Ephesians 4:32, Colossians 3:13*
- g. **Forgiving others.** *Ephesians 4:32, Colossians 3:13*
- h. **Loving our enemies.** *Luke 6:27*





Christian Peacemaking



“But now you have been united with Christ Jesus. Once you were far away from God, but now you have been brought near to him through the blood of Christ. 14 For Christ himself has brought peace to us. He united Jews and Gentiles into one people when, in his own body on the cross, he broke down the wall of hostility that separated us.

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15 He did this by ending the system of law with its commandments and regulations. He made peace between Jews and Gentiles by creating in himself one new people from the two groups. 16 Together as one body, Christ reconciled both groups to God by means of his death on the cross, and our hostility toward each other was put to death.

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17 He brought this Good News of peace to you Gentiles who were far away from him, and peace to the Jews who were near. 18 Now all of us can come to the Father through the same Holy Spirit because of what Christ has done for us.”

Ephesians 2:13-18

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A background image showing three people walking in a grassy field during sunset. On the left, a man with tattoos on his arms wears a dark tank top. In the center, a woman with long dark hair wears a patterned dress. On the right, a person wears a white tank top under a plaid shirt. The sun is low on the horizon, creating a warm, golden glow.

Lion: Conflict Instigator
Fox: Conflict Compromiser
Turtle: Conflict Avoider
Snake: Conflict Spreader
Teddy Bear: Conflict Absorber
Wise Owl: Conflict Healer



The Practice of Peacekeeping Communication

4 Ways to Communicate:

1. Passive (Goat)
2. Aggressive (T-Rex)
3. Passive-Aggressive (Chocolate Covered Dragon)
4. Assertive (Tree of Life)




The Practice of Peacekeeping Communication

5 Levels of Communication:

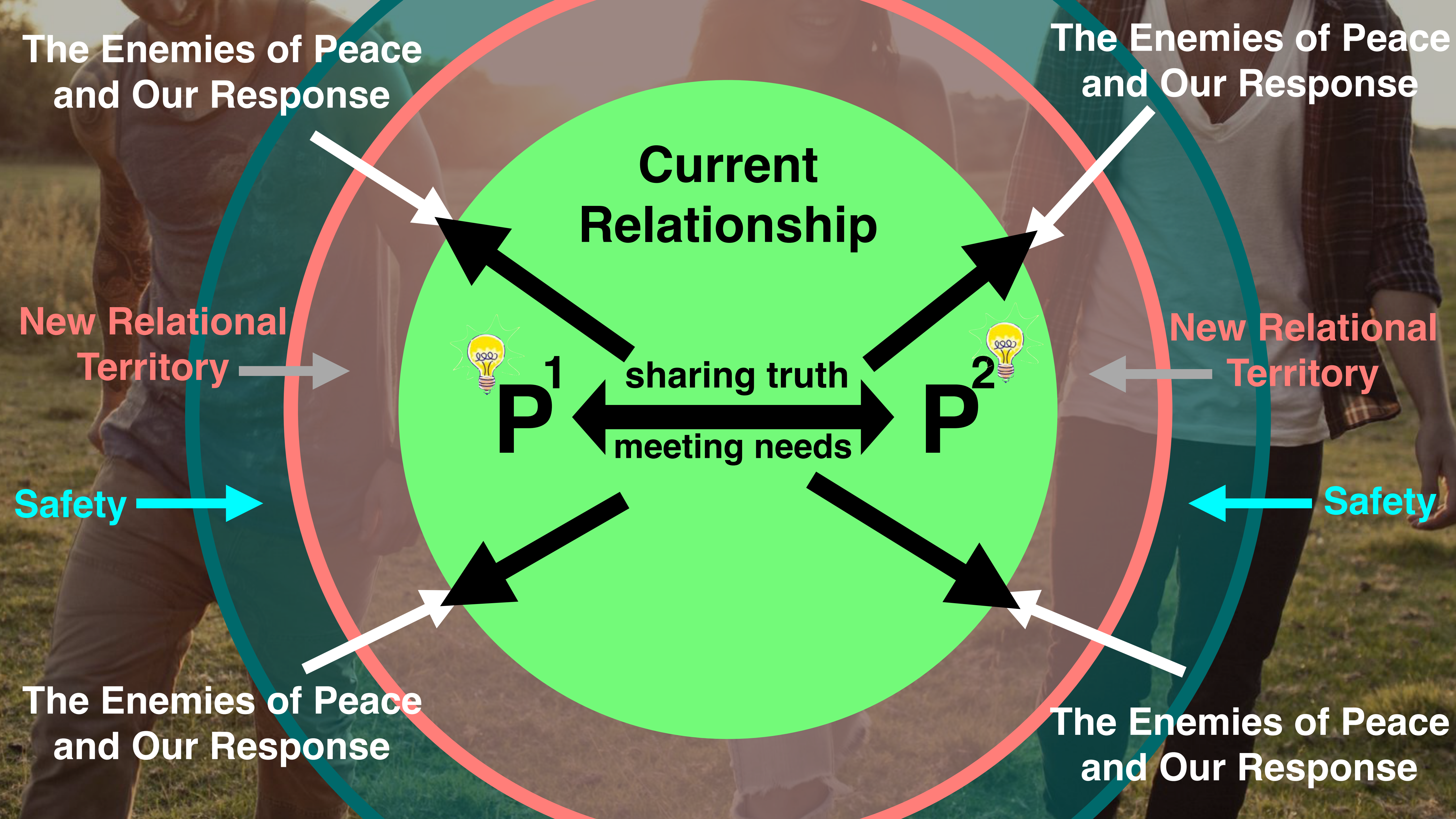
1. Cliche
2. Facts
3. Opinions, Ideas, Perspectives
4. Feelings
5. Needs



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**The Enemies of Peace
and Our Response**

**The Enemies of Peace
and Our Response**

**Current
Relationship**

**New Relational
Territory**

**New Relational
Territory**

Safety

Safety

**The Enemies of Peace
and Our Response**

**The Enemies of Peace
and Our Response**

P¹

P²

sharing truth

meeting needs

What can we do now?

1. Pick up a devotional.
2. Practice Self-awareness.
3. Communicate one level deeper than where you are at.
4. Look up articles on assertive communication and practice them.
5. Celebrate the growing shalom in your relationships, while displacing anxiety and fear.
6. Have a Meta-Narrative vision that defines your relationships and identifies your legacy.

