

# Trilogy

sit. walk. stand.

Therefore, Walk...

“4 Even before he made the world, God loved us and chose us in Christ to be holy and without fault in His eyes. 5 God decided in advance to adopt us into his own family by bringing us to himself through Jesus Christ. This is what he wanted to do, and it gave him great pleasure. 6 For he raised us from the dead along with Christ and **seated us with him** in the heavenly realms because we are united with Christ Jesus.



7 So God can point to us in all future ages as examples of the incredible wealth of his grace and kindness toward us, as shown in all he has done for us who are united with Christ Jesus. Therefore, I implore you to **walk** in a manner worthy of the calling with which you have been called.... Put on all of God's armor so that you will be able to **stand** firm against all strategies of the devil.”

Ephesians 1:4-5, 2:6-7 (NLT), 4:1 (NASB),  
6:11(NLT)



All major world religions seek God and make a table for Him, but in Christianity, **God seeks man and makes a table for him.**



Seated with Christ (Eph 2:6): Our Position

Walking Worthy (Eph 4:1): Our Life

Standing Victorious (Eph 6:10): Our Attitude



# Our Goal:

To humbly and consistently demonstrate and practice our “seated with Christ” lifestyle.



# 3 Questions

1. Why “therefore”?
2. Is “therefore” possible?
3. Where does “therefore” take us?



“I, therefore, the prisoner of the Lord, beseech you to **walk** worthy of the calling with which you were called.”

Ephesians 4:1 *NKJV*





# 1. Why “therefore”?

1. Transition
2. Introducing Practices
3. Looks Backward and Forward



## 2. Is “therefore” possible?

1. Yes
2. Position, Person, Petition
3. Follow the Path from Ephesians 1



Blessed us with  
every spiritual  
blessing  
(Eph 1:3)

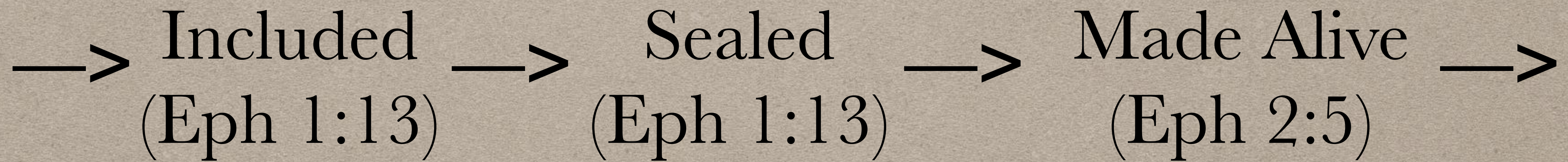


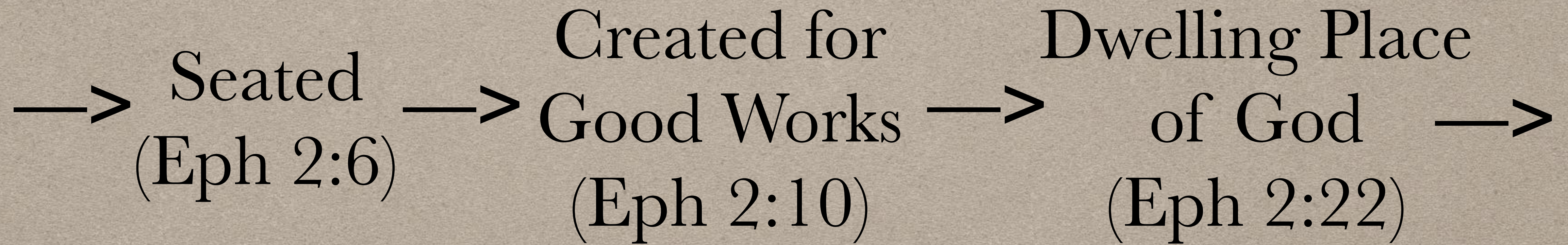
Chosen  
(Eph 1:4)



Adopted  
(Eph 1:5)







→> For this Reason  
Paul Prays  
(Eph 3:1 & 14)

→> Therefore, We Walk in  
a Manner Worthy of  
our Calling  
(Eph 4:1)



## 2. Is “therefore” possible?

1. Yes
2. Position, Person, Petition
3. Follow the Path from Ephesians 1
4. Walk without an Excuse



## 3. Where does “therefore” take us?

1. A life that reveals Jesus - Eph 2:10
2. A life of expectancy - Eph 3:20
3. A life of growth & maturation - Eph 4:1
4. A life of significance - Eph 4:1
5. A life of purpose - Eph 4:1





# Our Goal:

To humbly and consistently demonstrate and practice our “seated with Christ” lifestyle.



# Application:

1. Serve a stranger this week, with love and compassion.
2. Ask Holy Spirit to increase your expectancy as you pray the bible.
3. Start a powerful and intentional relationship that will support your growth and maturation.



# Application:

4. Speak words of life over yourself.
5. Think purpose more than plans.



# Gateway

Welcome Home.

