

Trilogy

sit. walk. stand.

Walking: Fellowship
of the Burning Hearts
Part 4

“4 Even before he made the world, God loved us and chose us in Christ to be holy and without fault in His eyes. 5 God decided in advance to adopt us into his own family by bringing us to himself through Jesus Christ. This is what he wanted to do, and it gave him great pleasure. 6 For he raised us from the dead along with Christ and **seated us with him** in the heavenly realms because we are united with Christ Jesus.



7 So God can point to us in all future ages as examples of the incredible wealth of his grace and kindness toward us, as shown in all he has done for us who are united with Christ Jesus. Therefore, I implore you to **walk** in a manner worthy of the calling with which you have been called.... Put on all of God's armor so that you will be able to **stand** firm against all strategies of the devil.”

Ephesians 1:4-5, 2:6-7 (NLT), 4:1 (NASB),
6:11(NLT)



There is a lifestyle in the spirit that has been set aside for you, and there are gifts and an anointing that God wants to bestow upon you, so that you can do the best job possible in partnership with Jesus.



Our goal today is to be enlightened and inspired so that we engage in an intentional “seated with Christ” lifestyle that is committed to leaving a legacy through relationships.



4 Practices for Legacy Health

Alignment

Credibility

Overflow

Health



4 Practices for Legacy Health

Alignment: Living in True Identity

Credibility: Leading Out of Our Marriage or Singleness



4 Practices for Legacy Health

Overflow

Health



Overflow

Slowing Down for Loving Union

“Remain in my love.”

John 15:9 NIV



The Last Supper is a Proposal

Father choose the Bride.	Eph 1:4, John 15:16
Bridegroom goes to the Bride's house.	John 3:28-30
Bridegroom offers a covenant, a proposal, a price he'll pay for love.	Last Supper, Luke 22:19
If the family accepts the offer, the Bridegroom pours the wine. If the Bride accepts the offer, she drinks the cup first.	Mark 14:23,25 1 Cor 6:19-20

The Last Supper is a Proposal

Bridegroom drinks from the cup - Now Betrothed	Mark 14:25, Rom 15:16, 1 Cor 6:11 & 7:14, Heb 10:29
Bridegroom gives gifts to the Bride to remind her that she is loved.	John 14-16, John 16:7, 2 Thess 2:13
Bridegroom will go home and prepare a place according to His Father's specifications and timing.	John 14:3, Acts 1:7
During separation, the Bride thinks of the Bridegroom and makes herself ready.	Rev 22:17, Eph 5:26, 1 Peter 3:21, 2 Thess 2:13
Bridegroom comes at the blowing of the trumpet.	Rev 19:6-9

Health

Practicing Restful Delight

Sabbath Truths:

1. Sabbath is what God did. So as image bearers, we should do it as well.
2. Sabbath is time set apart as holy.
3. Sabbath reminds us that God's world is good.
4. Sabbath defeats the powers that say that we are defined by our work.
5. Sabbath breaks our addiction to doing, making and accomplishing.



What do we need?

1. High self-awareness to live in true identity.
2. High investment into the gardens of God.
3. High nurturing with Christ and Holy Spirit.
4. High practice of delightful and restful rhythms.



Application:

1. Pick up a devotional.
2. Develop a “Rule of Life”.

