



Introduction: Are you a _____ individual?

The Happy Scale:

(Very low) 1 2 3 4 5 6 7 8 9 10 (Extremely high)

Did you get that last line? "The true way of _____ it is here laid down."

1. The _____: (What to Avoid) – Psalm 1:1

A. Don't _____ in the Counsel of the Ungodly – v. 1

Blessed is the man Who walks not in the counsel of the ungodly,

Proverbs 11:14 – "Where there is no counsel, the people fall; But in the multitude of counselors there is safety."

Advice Point 1 – Stay away from the ungodly for _____.

B. Don't _____ in the Path of Sinners – v. 1

Blessed is the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners,

The Hebrew word “stand” means to _____, tarry, or linger.

Evil company corrupts good morals. (1 Corinthians 15:33)

Advice Point 2 – Do _____ in the path of sinners.

C. Don’t Sit in the Seat of the Scornful – v. 1

Blessed is the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful;

The Hebrew word “sit” means to sojourn with – to _____ in.

Why would the saint of God want to _____ with those who mock the things of God?

Martin Luther aptly stated, “I can’t keep _____ from flying over my head, but I can stop them from building a _____ in my hair.”

Advice Point 3 – Do not _____ in the seat of the scornful.

The Downward Spiral

2. The _____ (What to Pursue) – Psalm 1:2

A. Delight in the _____ of The Lord – v. 2

But his delight is in the law of the LORD,

What is it that brings us the most _____ in life?

The Lion, The Witch, and the Wardrobe

What brings us the most _____? According to this Psalm, it should be the “_____ of the LORD.”

Psalm 37:4 – *Delight yourself in the Lord, and He will give you the desires of your heart.*

Positive Point 1 – _____ in God’s law. Revel in it.

B. _____ on God’s Word Day and Night – v. 2

“But his delight is in the law of the LORD, And in His law he meditates day and night.”

The second positive command is to _____ upon God’s law.

William Grimshaw wrote, “Meditation is the _____ chewing.” [2]

Thomas Watson said, “Meditation is the soul’s _____ of the Word.”

Positive Point 2 – _____ On God’s Word Day And Night.

3. The _____ : (What God Will Do) – Psalm 1:3

A. You will be like a _____ planted by Water – v. 3

He shall be like a tree Planted by the rivers of water,

Trees:

What comes to your mind when you picture a _____ planted by rivers of water?

B. You will bear _____ in Season – v. 3

He shall be like a tree Planted by the rivers of water, That brings forth its fruit in its season,

Trees that are properly cared for produce _____!

What kind of fruit does the Christian produce?

- Good _____ – Matthew 7:17-19
- Holiness – Romans 6:22
- _____ – Colossians 1:6
- Fruit of the Spirit (1 Fruit with 9 flavors) – Galatians 5:22-23
- _____ – James 5:7

C. Your _____ will not Wither, and you shall Prosper – v. 3

“He shall be like a tree Planted by the rivers of water, That brings forth its fruit in its season, Whose leaf also shall not wither; And whatever he does shall prosper.”

Can I ask you a question? Do you believe that your Father in heaven wants to see you _____?

Conclusion: What have we learned? We have learned that...

- Your _____ shapes your outcome.
- Happiness is the by-product of _____.
- Consistent spiritual _____ lead to stability.
- Spiritual _____ (walk, stand, sit) leads to spiritual defeat.
- Your _____ determine your fruit.