

## DAY 1 – FIRST THINGS FIRST

**SCRIPTURE:** MATTHEW 6:33

**DEVOTIONAL THOUGHT:**

Starting the year with God isn't just a good idea—it's a spiritual strategy. Jesus doesn't say, "Seek God when you get around to it," or "Fit Him in if you have time." He says, "Seek FIRST." First means first. Before the emails, before the noise, before the to-do list, before the scroll.

Let's be honest: most of us intend to put God first, but life has a way of cutting the line. Kids, work, bills, distractions, that unexpected text from the one person who shouldn't be texting you... suddenly God went from "first" to "when I get a minute."

But Jesus is inviting us back to center. Putting God first doesn't mean you ignore everything else—it means everything else gets healthier because He's first. You think clearer. You love better. You respond slower. You trust deeper. You stress less. Revival doesn't begin with a crowd. It begins with one heart whispering, "God, You get the first and best part of me today."

### REFLECTION QUESTIONS:

- What has quietly slipped into first place lately?
- What would change if God got your first thoughts every day?

### PRACTICAL APPLICATIONS:

- **Pray before you scroll.** (Your thumb doesn't need to be disciplined before your heart.)
- **Give God your first 10 minutes.** Worship, read a Psalm, or talk to Him before talking to anyone else.
- **Place your Bible or app ON TOP of your phone at night.** Make God the first grab in the morning.
- **Make a "First Things First" playlist** to start your day worshipping.





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### PRAYER

Lord, today I choose to seek You first. Before anything competes for my attention, I give you my affection. Be the center of my thoughts, my decisions, my energy, and my plans. rearrange anything in my heart that's out of order. I want to begin the year and each day with You. In Jesus' name, amen.

