

## DAY 17 – SPEAK LIFE

### SCRIPTURE: PROVERBS 18:21

### DEVOTIONAL THOUGHT:

Your words carry weight—more than you realize. They can build up or break down, heal or hurt, encourage or discourage.

Words shape the atmosphere of your home, your workplace, your friendships, and your internal world. Revival often begins with revived language—when your mouth starts speaking what your heart hopes for. Speak life, and you'll start to see life grow.

### REFLECTION QUESTIONS:

- Have your words lately brought life or drained it?
- Who can you encourage today with one text or one sentence?

### PRACTICAL APPLICATIONS:

- **Text three people encouragement.**
- **Catch yourself before complaining**—replace it with gratitude.
- **Pray before responding** in tense conversations.
- **Bless someone verbally** who doesn't expect it.



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### PRAYER

Lord, let my words reflect Your heart. Help me speak life, hope, and encouragement everywhere I go. Guard my mouth from negativity, gossip, or criticism. Fill my speech with grace. Amen.

