

## Essentials: Growing in Christ in the Church Part 3 | June 21, 2020

**Introduction:** This week we consider the following essentials of the Christian life:

1. Pray Regularly  
(Heb 4:16; Matt 6:5-13; 1 Thess 5:17)
2. Be Discipled by Others  
(Matt 28:18-20; 2 Tim 2:2)

**Note:** These topics are addressed on pages 32-40 of *What Should I Do Now That I'm a Christian?* You can request a free copy of this book by contacting the Church Office at [office@calvarygeorgetown.com](mailto:office@calvarygeorgetown.com).

### **Discussion Questions:**

1. Imagine a stranger approached you and asked, "Why do you pray?" How would you answer her? What is prayer? What is its purpose?
2. What are some of your favorite prayers from Scripture (e.g., 1 Samuel 2:1-10; Matthew 6:9-13; Psalm 51)? What do these prayers teach you about the God you are praying to?
3. In *What Should I Do Now That I'm a Christian?* Sam Emadi says, "God invites us to come before [Him] and express our adoration, praise and thanksgiving—as well as our concerns, anxieties, frustrations, and tears."

Which of these expressions do you most enjoy in your prayer time? Which is perhaps lacking in your prayer life? Why are all of these aspects important?

4. In a book that is appropriately titled, *Prayer*, Pastor John Onwuchekwa says, "Christian prayer should be like breathing," and throughout his book, he makes a case for corporate prayer, or praying together. He says, "Breathing together is what our churches need. Prayer humbles us like nothing else." What makes praying with other believers difficult? What makes it so good? When will you pray with another believer this week?

5. Sam Emadi plainly states, "We need friends who will teach us how to follow Jesus." Later he adds, "Discipling relationships are crucial to the Christian life."

- Do you acknowledge your own need to not only make disciples (Matt 28:18-20), but also to be discipled?
- Who is someone you are currently being disciple by? (Challenge: Try to name someone other than your spouse.)

- How have discipling relationships proven valuable in your own life?

6. On pages 39-40 of *What Should I Do Now That I'm a Christian?* Emadi lists a few practical ways to form discipling relationships. Which of these activities (or other activities) will you and your Life Group try in the coming weeks?

- Share a meal with another believer
- Show up early and/or stay late for church
- Other: \_\_\_\_\_