

Boundaries: Be Holy



THE GARDEN

Read

Mark 1:29-38

²⁹ And immediately he left the synagogue and entered the house of Simon and Andrew, with James and John. ³⁰ Now Simon's mother-in-law lay ill with a fever, and immediately they told him about her. ³¹ And he came and took her by the hand and lifted her up, and the fever left her, and she began to serve them. ³² That evening at sundown they brought to him all who were sick or oppressed by demons. ³³ And the whole city was gathered together at the door. ³⁴ And he healed many who were sick with various diseases, and cast out many demons. And he would not permit the demons to speak, because they knew him. ³⁵ And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed. ³⁶ And Simon and those who were with him searched for him, ³⁷ and they found him and said to him, "Everyone is looking for you." ³⁸ And he said to them, "Let us go on to the next towns, that I may preach there also, for that is why I came out."

Know

-Cross Reference: John 6:15

¹⁵ Perceiving then that they were about to come and take him by force to make him king, Jesus withdrew again to the mountain by himself.

- King was a political title. The crowd was willing to support Jesus because they wanted to use Him to throw off Roman oppression, either directly in Judea or indirectly through Herod Antipas in Galilee.

-Jesus was more interested and held to a higher priority His time with the Father rather than the applause of the crowd. He didn't abandon this crowd, but he knew their intentions to not only make Him king but also to take Him by force.

Ask

Galatians 6:5 also says, “For each will have to bear his own load.” How is a “burden” different from a “load”? What responsibilities has God given you personally (schoolwork, family roles, spiritual growth) that no one else can carry for you?

Mark 1:35 shows Jesus getting up early to pray. Why do you think Jesus made time to be alone with the Father even though people needed Him?

How can neglecting your personal time with God affect your ability to help others well?

Have you ever felt responsible for fixing someone’s problems? What did that do to you emotionally — and how could a boundary have changed the outcome?

What’s the difference between loyalty (bearing each other’s burdens) and enabling (carrying someone else’s load)? What boundaries can protect you when loyalty is turning unhealthy?

Think about someone in your life right now who needs support. What would it look like to support them in a way that strengthens them instead of creating dependence?

Gospel Sharing Tool

1) **Ask permission:** “Can I ask you a spiritual question?”

2) **Ask 2 questions:** “What happens when you die?” “If God asked, ‘Why should I let you in?’, what would you say?”

3) **Listen + Repeat back**

4) **Share Gospel in 4:** God / Us / Jesus / Response

5) **Invite:** “Where are you at with Jesus?”

6) **Follow up:** “Want to talk/read more this week?”

7) **Pray for and or with them:** “Can I pray with you?”





THE GARDEN
YOUTH MINISTRY

Sundays
9 AM, *Netcong*
10 AM, *Randolph*
11:15 AM, *Netcong*

Wednesdays
7 PM, *Netcong*

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