



**ORIGINS:  
IN THE  
BEGINNING**

**EPHESIANS 1**



# Read

## Ephesians 1:3-14

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<sup>3</sup> Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, <sup>4</sup> even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. In love <sup>5</sup> he predestined us for adoption to himself as sons through Jesus Christ, according to the purpose of his will, <sup>6</sup> to the praise of his glorious grace, with which he has blessed us in the Beloved. <sup>7</sup> In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace, <sup>8</sup> which he lavished upon us, in all wisdom and insight <sup>9</sup> making known to us the mystery of his will, according to his purpose, which he set forth in Christ <sup>10</sup> as a plan for the fullness of time, to unite all things in Christ, things in heaven and things on earth in him.

# Read More!

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<sup>11</sup> In him we have obtained an inheritance, having been predestined according to the purpose of him who works all things according to the counsel of his will, <sup>12</sup> so that we who were the first to hope in Christ might be to the praise of his glory. <sup>13</sup> In him you also, when you heard the word of truth, the gospel of your salvation, and believed in him, were sealed with the promised Holy Spirit, <sup>14</sup> who is the guarantee of our inheritance until we acquire possession of it, to the praise of his glory.

**Cross Reference: 1 Peter 1:17-21**

# Ask

Ephesians 1:4 says that God chose us “before the foundation of the world.” What does that mean? How should that shape the way you see your worth and identity?

What does “redemption through His blood” actually mean? Why did redemption require a cost instead of just forgiveness without sacrifice?

If someone looked at your life without hearing your words, what would they assume you believe about salvation—something you earn or something you’ve received? Why?

Ephesians 1:7–8 talk about redemption and forgiveness through Jesus’ blood. Why is forgiveness such an important part of salvation? When you mess up, do you tend to believe God has truly forgiven you, or do you still carry guilt? Why?

If the gospel is actually good news that saves people, what does our silence about it say about what we believe—or don’t believe—about it? How can we help you share the gospel?

Ephesians 1:11 says we have “obtained an inheritance.” What kind of inheritance do believers receive from God? Does knowing you have a future with God affect the choices you make right now?

# Gospel Sharing Tool

1) **Ask permission:** “Can I ask you a spiritual question?”

2) **Ask 2 questions:** “What happens when you die?” “If God asked, ‘Why should I let you in?’, what would you say?”

3) **Listen + Repeat back**

4) **Share Gospel in 4:** God / Us / Jesus / Response

5) **Invite:** “Where are you at with Jesus?”

6) **Follow up:** “Want to talk/read more this week?”

7) **Pray for and or with them:** “Can I pray with you?”







**THE GARDEN**  
YOUTH MINISTRY

Sundays  
9 AM, *Netcong*  
10 AM, *Randolph*  
11:15 AM, *Netcong*

Wednesdays  
7 PM, *Netcong*

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