



Series: Love First week 4

Sermon Title: Patience – I Want It NOW

Date: 5/5/2024

Psalm 37:7-9

Big Idea: Surrender to the Spirit, and His patience will be yours.

What is Biblical Patience? In both the Old and New Testaments, the word commonly translated "Patience" also carries the heaviness of long-suffering, extended grief, and protracted pain. But the fruit of patience is having faith through the Holy Spirit, holding up yourself or another person, or a situation in hope and trust.

Patience – is the ability to recognize my own frustrations, surrender them to the Spirit, and then wait on God.

The REWARDS are rich.

You Are Blessed To Be Still Before Him

"Be still before Yahweh and wait patiently for him;" In this statement, David lays before us the greatest blessing and challenge all at the same time: to be still before our Father and wait.

Cultivating patience demands that you sit quietly before God. Change your focus to Him: What is He doing now? What does he want me to focus on other than my frustrations?

You Are Blessed To Be Free Of Worry

Psalm 37:7-8

With patience in and through the Spirit, we have the ability to conquer the envy that can creep in when others around us prosper more than we do. But even better, patiently waiting on God will drive out the fear of others' evil actions. Ultimately, aren't you waiting to see God move in your life and right all the wrongs? Even if that means patiently waiting for Jesus' return from Heaven or calling you to his side?

Jesus commands his followers not to be anxious at least seven times, and each time, He points us back to faith in the Father or the provision of the Holy Spirit.

Patience: -> Trusting God ... leads to being free of worry.

You Are Blessed To Live Securely Into The Future

Psalms 37:9

In the Psalm, David is talking about how those who wait (are patient) with God are the ones who will inherit the Land God promised to Abraham, Isaac, and Jacob – people who were in close relationship with him.

But note here that the Land means far more than the physical Land of Israel. As followers of Jesus – the reference to Land takes on another meaning. God's promised Land represents security, safety, and peace, the place where God will dwell with us! - In the future and right now for those who let Him in through your belief.

Patience is you and ME waiting for God to recreate the same type of relationship and place God had with Adam and Eve before their sin corrupted the world and destroyed that relationship. Through the sinless payment of JESUS' life for yours, Jesus is the way that relationship is brought back together.

Rejoice in hope, be patient in tribulation, be constant in prayer.

Romans 12:12 ESV

How, in our fast-paced world, do we cultivate PATIENCE, this precious fruit of the Spirit?

•PRAYER:

Talk to God. Be Still before him.

•FOCUS ON GOD'S WORD:

Learn from those in the Bible who walked the trail of patience (or did not).

•PRACTICE GRATITUDE:

Thank God for His Spirit in you!

•SERVE OTHER PEOPLE:

Helping others takes the focus off our own desires and frustrations.

Jesus commands his followers not to be anxious at least seven times and each time He points us back to faith in the Father or the provision of the Holy Spirit.

Matthew 6:25, Matthew 6:31, Matthew 6:34, Matthew 10:19, Mark 13:11, Luke 12:11, Luke 12:22

Discussion Questions:

- What about the sermon stuck with you this week? What part challenged your thinking?
- What is your greatest area of struggle when it comes to having patience?
- How can we maintain patience in an increasingly on-demand culture?
- What benefits does maintaining patience have on your Christian walk?
- How often do you sit quietly before God and focus on Him? What is keeping you from doing that if that is not a normal practice for you? How has sitting quietly before God (or not sitting before Him) affected your level of patience?