

# Boundaries: Be Holy



THE GARDEN



# Read

## Romans 7:15-25

<sup>15</sup> For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. <sup>16</sup> Now if I do what I do not want, I agree with the law, that it is good. <sup>17</sup> So now it is no longer I who do it, but sin that dwells within me. <sup>18</sup> For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out. <sup>19</sup> For I do not do the good I want, but the evil I do not want is what I keep on doing. <sup>20</sup> Now if I do what I do not want, it is no longer I who do it, but sin that dwells within me. <sup>21</sup> So I find it to be a law that when I want to do right, evil lies close at hand. <sup>22</sup> For I delight in the law of God, in my inner being, <sup>23</sup> but I see in my members another law waging war against the law of my mind and making me captive to the law of sin that dwells in my members. <sup>24</sup> Wretched man that I am! Who will deliver me from this body of death? <sup>25</sup> Thanks be to God through Jesus Christ our Lord! So then, I myself serve the law of God with my mind, but with my flesh I serve the law of sin.

# Know

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## **-Cross Reference: John 6:15**

<sup>15</sup> Perceiving then that they were about to come and take him by force to make him king, Jesus withdrew again to the mountain by himself.

- King was a political title. The crowd was willing to support Jesus because they wanted to use Him to throw off Roman oppression, either directly in Judea or indirectly through Herod Antipas in Galilee.

-Jesus was more interested and held to a higher priority His time with the Father rather than the applause of the crowd. He didn't abandon this crowd, but he knew their intentions to not only make Him king but also to take Him by force.

# Ask

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In Romans 7:21-23 it says, "Although I want to do good, evil is right there with me... waging war against the law of my mind." Internal boundaries often start in the mind before actions happen. How do thoughts eventually turn into actions? What kinds of thoughts do you need to be more intentional about stopping before they grow into sinful behavior?

Galatians 5:24 says, "Those who belong to Christ Jesus have crucified the flesh with its passions and desires." What are you currently managing that God may be asking you to crucify — and what decisive boundary would show you're serious about it?

Where are you strongest publicly but weakest privately? What does that gap expose about who or what is actually shaping you when no one sees?

Galatians 5:13 says, "Do not use your freedom as an opportunity for the flesh, but through love serve one another." What does it mean to misuse Christian freedom? In what areas of your life are you most tempted to push boundaries because you think you can handle it?

Paul ends Romans 7 by thanking God through Jesus Christ. Why is recognizing our need for Christ essential in fighting sin? When you fail, are you more likely to hide from Jesus or run to Him? Why?

# Gospel Sharing Tool

1) **Ask permission:** “Can I ask you a spiritual question?”

2) **Ask 2 questions:** “What happens when you die?” “If God asked, ‘Why should I let you in?’, what would you say?”

3) **Listen + Repeat back**

4) **Share Gospel in 4:** God / Us / Jesus / Response

5) **Invite:** “Where are you at with Jesus?”

6) **Follow up:** “Want to talk/read more this week?”

7) **Pray for and or with them:** “Can I pray with you?”







**THE GARDEN**  
YOUTH MINISTRY

Sundays  
9 AM, *Netcong*  
10 AM, *Randolph*  
11:15 AM, *Netcong*

Wednesdays  
7 PM, *Netcong*

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