



Series: 5 Truths For Today

Sermon Title: True Modesty True Confidence

Date: 9/7/2025

Big Idea: True modesty comes from a heart that points to Jesus

This message emphasizes that modesty begins in the heart and points others to Christ rather than drawing attention to ourselves. Modesty is not about following a set of rules, dressing a certain way, or avoiding certain behaviors—it's about the motives behind our choices and the character we display.

1. Modesty Begins in the Heart

Paul's instructions in **1 Timothy 2:8–10** and Peter's teaching in **1 Peter 3:3–4** highlight that true beauty comes from an unfading, gentle, and humble spirit. Men and women alike are called to avoid pride, whether through outward appearance, status symbols, or behavior. Immodesty is ultimately pride on display—putting the spotlight on ourselves instead of God. True modesty flows from a heart full of Christ, allowing His character to shine through our actions, speech, and appearance.

2. Modesty Applies to Men and Women

Modesty is a human issue, not just a woman's issue. Men can display immodesty through appearance, arrogance, constant self-promotion, or seeking dominance in conversations or social settings. Women can display immodesty when appearance or behavior draws attention to themselves or provokes envy or desire. In every case, the heart and motive matter most. Modesty calls both men and women to humility and quiet confidence, showing that their value and security come from Christ rather than outward appearances or worldly measures of success.

3. Modesty is About Motive, Not Material

The key principle from **1 Corinthians 10:23–24** is that not everything we can do is beneficial or constructive; our choices should prioritize God's glory and the well-being of others. Clothing, hairstyles, makeup, jewelry, or other personal style choices are not inherently wrong or right. The issue is whether our choices point attention to ourselves or to God. Even careless or sloppy presentation can draw attention away from God if motivated by pride. Modesty is therefore about asking, "Am I pointing to Christ or to myself?"

4. Modesty Serves Others and Honors God

Modesty is an act of love for others and reverence for God. **1 Corinthians 10:31–33** reminds believers that our bodies are temples of the Holy Spirit, and honoring God includes being considerate of others. While we are not responsible for others' sin, we can make choices that avoid leading others into temptation or distraction. Our lives should reflect Christ through quiet confidence, humility, and love. Modesty frames our character, letting God's beauty and strength be visible to the world.

Practical Takeaways:

- Check your motives before speaking, dressing, or posting online.
- Consider the context of your actions and appearance.
- Let your character do the talking through kindness, humility, and service.
- Be a representative of Christ in every interaction, letting His influence shine through your life.

True modesty is not about looking dull or following rules; it is about living with a heart full of Christ so that people see Him, not you. The challenge is simple but profound: When people look at me, who do they see? Make the decision to live modestly, humbly, and confidently in Christ so that your life points to Him in every setting.

Discussion Questions:

1. How does modesty begin in the heart, and why is the motive more important than outward appearance?
2. In what ways can men and women struggle with immodesty differently, and how can they practice humility?
3. How can we ensure our choices point to God rather than ourselves in daily life?
4. What does it mean to serve others through modesty, and how does this honor God?
5. Reflecting on your life, who do people see when they look at you—yourself or Christ?