



It's important that God's Word continues after the message. At Celebrate, we find that you will quite often talk over this week's message long after our experience is over. That's because God has impact. The Sermon Discussion Guide is designed to help you continue the conversation all week.

Living Out of Our Minds

Pastor Keith shared with us that “growth is hand-crafted, not massed produced.” Share what that means to you.

Pastor Keith also shared that “no matter how much you grow spiritually, you will always be you” and that “God didn't mess up when He made you.” How does that make you feel?

What Do I Need To Do To Start Flourishing?

1. **Free** you.

What has ownership of you more than it should? Do you listen to and believe what God says about you, or do you listen more to what the world has to say about you?

2 Corinthians 3:17; Romans 7:6; Romans 8:1-2; Galatians 5:1; James 2:12; Psalm 139:14

2. **Feed** you.

Pastor Keith spoke about “flavor being optional, but that food isn't.” We eat every day to grow, but how then can we grow as believers in Christ? Jesus is described as “the bread of life”. How can we ever find ourselves reaching the point of flourishing with Him to the point of needing to “unbutton our pants.”

Proverbs 18:15; Ephesians 3:19; Colossians 2:3; John 6:32-33; John 6:51-58; Malachi 3:10

3. **Focus** you.

Has your focus been distracted or divided? What kingdom should you always be focused on?

Matthew 12:25; Ephesians 1:11; Matthew 13:16; Philippians 4:8-9

What's Next

- When you eat a meal, think about what you just fed your spirit. Are you living on fast food or well prepared gourmet food?
- This week, memorize a verse from the Bible that is filled with God's freeing power and repeat it instead of your normal prayer before a meal.