



It's important that God's Word continues after the message. At Celebrate, we find that you will quite often talk over this week's message long after our experience is over. That's because God has impact. The Sermon Discussion Guide is designed to help you continue the conversation all week.

Mastering My Mouth

“He who guards his mouth controls himself. But he who opens wide his lips comes to ruin.”
Proverbs 13:3

God did not make a mistake when He created humans with the ability to communicate. However, we too often allow our tongues to run away from us or take control of situations. This week we will look at four principles to controlling our tongues and using them for the glory of God!

- **Think** more.

Discuss a time when something just “popped” out of your mouth that you later regretted. What would have happened if you had taken a moment to think before you spoke? What does the Bible say about being thoughtful in speech?

Proverbs 16:23; Proverbs 15:23; James 3:10; Psalm 19:14; Proverbs 20:25

- Talk **less**.

Pastor Keith shared this weekend that the chances we have in blowing it in our words is directly related to the amount of time we spend speaking. Discuss what kind of impact there would be in your life if you chose this week to talk less. Look to scripture for encouragement.

Proverbs 17:27-28; Proverbs 13:3; Matthew 12:36; Proverbs 10:19; Matthew 6:7; Luke 12:3

- **Listen** up.

One of the best ways to talk less is to listen more! Think about and discuss some areas that God is calling you to change in your listening habits. Instead of thinking about your response when someone is speaking, focus on listening to what the person is saying.

James 1:19; Proverbs 15:22-23; Colossians 4:5-6

- Be **nice**.

Our tongues were created for a purpose, a Godly purpose. Just as we are to resist the temptation to sin with our words, we are given the wondrous opportunity to use our mouths as God intended. Is there one person God has placed in your life for you to encourage and share ‘the breath of life’ with?

Ephesians 4:29; Proverbs 12:25; 1 Peter 3:9; Proverbs 15:23; Proverbs 12:25; Proverbs 31:9

What's Next

- Ask God to remind you this week in those heated moments to take a second and **Think**.
- “Never break the silence, unless you can improve on it.” –Quaker proverb. Take this to heart this week. Don't rush to have your opinion heard.
- Become genuinely interested in others; be a good listener; and talk in terms of other's interests.