


 The graphic features the word "ROADBLOCKS" in large, white, sans-serif capital letters. The letters are set against a dark grey background that has a jagged, blocky edge on the left side, resembling a road sign or a barrier. The letters are spaced out across the width of the graphic.

ROADBLOCKS

It's important that God's Word continues after the message. At Celebrate, we find that you will quite often talk over this week's message long after our experience is over. That's because God has impact. The Sermon Discussion Guide is designed to help you continue the conversation all week.

Getting Past Your Past

We all have a past that involves sin and other negative events. Although we may try to hide these things away and not talk about them, God knows what they are. God wants us to turn to Him and let our stories be used for His Glory by helping others see how God works within each of us.

Three Ways to get past your past:

1. **Forgive it** so you are **Free** from it.

Forgiveness is not always easy. Learning to forgive those who have hurt us is a big step but can be one of the most liberating. Another step is to learn to forgive ourselves for things we have done to others. Is there someone that needs your forgiveness? Do you need to forgive yourself?

Colossians 2:13-14; Romans 8:28; 1 John 1:9

2. **Focus** on the future.

Look forward to your future and what God could have in store for you. Ask yourself "Who is my purpose" rather than "What is my purpose". How much time do you spend 'rehashing' or 'reliving' yesterdays choices and actions?

Philippians 3:13-14; Jeremiah 29: 11; Ephesians 2:6-7

3. **Follow** Jesus-every day.

Jesus is able to show his powers most when we are connected with him every day. Getting to know Jesus on an intimate level through the Word and through prayer helps us to better understand the importance of what Jesus did for us by dying on the cross. Are you willing to accept Jesus' help in pressing on to reach the end of the race? Share a time, if able, when you felt Jesus was walking with you through a difficult time.

Philippians 3:10-11; John 16:33; 1 John 2:29

What's Next

- Create a daily routine of spending time with Jesus, or see if there are improvements you can make to your current routine.
- Find some quiet time to ask God to help you forgive someone or yourself.
- Is there someone you can encourage to help them find or build their trust in God?
- Who can you invite to church next week?