

## THE SEVEN GREATEST WORDS OF



It's important that God's Word continues after the message. At Celebrate, we find that you will quite often talk over this week's message long after our experience is over. That's because God has impact. The Sermon Discussion Guide is designed to help you continue the conversation all week.

## FORGIVENESS

Many of us plan to take a trip this summer, however many Christians are on a trip that scripture tells us we don't need to take. **It's called a guilt trip.** Guilt creates fear. Fear of being found out, of being rejected, of retaliation, of being judged by God. In this lesson we study one of the 7 last key words Jesus spoke on the cross before he died when he said "Father forgive them, they know not what they do."

### THERE ARE THREE THINGS CHRISTIANS USUALLY DO WITH OUR GUILT:

1. We **BURY** it.  
Why is it better to deal with our guilt rather than bury or rationalize it?  
*Proverbs 28:13; Acts 3:19; 2 Peter 3:9*
2. We **BLAME** others.  
Why should we never blame God or other people for our faults?  
*Romans 14:12; Romans 2:1; Proverbs 19:3*
3. We **BEAT** ourselves up.  
Why does God want us to feel convicted but not condemned when we sin?  
*Psalms 38:4-6; Romans 8:1; 2 Corinthians 7:10*

### WHAT SHOULD WE DO WHEN WE SIN?

1. **ADMIT** it.  
Why should we admit our sins to God and our brothers and sisters in Christ?  
*1 John 1:8; Psalm 51:17; Luke 23:39-43*
2. **ACCEPT** responsibility.  
As Christians, why is it important for us to always accept responsibility for our own actions?  
*1 Corinthians 11:31; James 5:16; Psalm 51:3*
3. **ASK** for forgiveness.  
What happens when we ask God and others for forgiveness?  
*1 John 1:9; Romans 3:23-24; Psalm 32:1-2*

### What's Next

- Don't bury your sins. Admit them to God and others when you fail.
- Don't blame others for your faults. Take responsibility for your actions.
- Don't beat yourselves up when you fail. Ask God for forgiveness and live free of guilt.