

VISION TOOL BOX

Word for the Year

Habakkuk 2:2

We are told to write the vision down and make it plain. We all know this is something big for churches, but how often do we do this in our personal lives and families?

Many times we set goals or New Year's resolutions, but those tend to be too compartmentalized. Once we fail or fall short, we punt the entire resolution.

Having a word for the year covers all the areas of our lives and allows us to build momentum in all areas at once. Think Mark 12:30 and our personal growth template.

HEART	SOUL	MIND	STRENGTH
Devotional Health	Emotional & Relational Health	Mental Health	Personal Health & Growth

The key to this is a combination of reflection and projection.

REFLECTION & PROJECTION

1. What do I need more of in my life right now?

2. What do I need less of in my life right now?

3. What is something that drained you that you kept doing even though you knew it wasn't working?

4. What is one thing you avoided this year that you probably shouldn't have?

5. What's something you did this year that made you proud, even if no one saw it?

6. At the end of 2027, what is one thing you want to be able to say you did?

7. What's something different you would do if you weren't concerned about what people thought or how you would make it happen?

8. If someone who knows you well described what you need most in this season of life, what would it be?

FIND THE MATCH

As you answer these, underline or highlight matching or unified words or statements. Then try to describe those two answers in one word.

Example

#2 says “drama and toxic conversations and relationships.”
#7 says “I would rearrange my relationships and prioritize different and healthier people.”
Those match. One word that could describe both: “Boundaries.”

Matching answers (#s)	What they have in common	One word for it

PRAY, SIT, CHOOSE

Once you have a few options, pray through them, look up synonyms, and sit on them. The right word tends to unlock strategy — you start seeing a roadmap to making that word have benefit in your life.

MY WORD FOR THE YEAR
