The Way of Jesus: I Believe! Help my Unbelief.

Speaker: Rev. Missy Carfield

Date: Sunday, November 15, 2026

Scripture: Mark 9:14-29

SUMMARY

Every one of us wrestles with doubt somewhere, and we can identify with the father in Mark 9. Coming down from the mountain, Jesus finds a desperate dad whose son the disciples could not help. He asks how long it has been—out of compassion—and the father cries, “I do believe; help me overcome my unbelief.”

That verse has been used against people when prayers go unanswered. Sometimes God heals; sometimes the answer is no, and He still has a plan. God has never broken a promise. We can be honest about our doubts and bring them to the only One who can help.

KEY POINTS

- **Doubt is common**—every believer wrestles somewhere; the father’s cry is ours too.
- **Jesus’ compassion**—He asks the father’s story to invite him into a deeper faith.
- **Not a weapon**—“everything is possible” is no verdict on unanswered prayer; God still has a plan.
- **Be with Jesus**—faith grows strongest when we are steeped in His Word, not just studying.

MEMORABLE LINES

> *"God can stand up to your trust issues. He does not betray His people."*
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> *"When I am in the Word of God, I'm with Jesus. I am not learning more about Him. I'm actually with Him."*
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> *"The father was honest about it. We can be honest about it."*

TAKEAWAY

Don’t pretend your doubts aren’t there. Bring them honestly to Jesus, spend time with Him in His Word, and pray, “I believe; help my unbelief.”