

BATTLE READY:

STAND FIRM. MOVE FORWARD.

EPHESIANS 6:10-20



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VERSE-BY-VERSE BREAKDOWN

VERSE	THE VERSE (NIV)	SHORT EXPLANATION
6:10 	Finally, be strong in the Lord and in his mighty power.	Our strength does not come from within. We are called to be strong in the Lord. His power never runs out, never changes, and never fails.
6:11 	Put on the full armor of God, so that you can take your stand against the devil's schemes.	The battle is real and the enemy is active. God provides complete protection. We must choose each day to put on His armor.
6:12 	For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.	Our fight is not with people. The enemy works behind the scenes. When we understand this, we stop fighting the wrong battle and start standing against the real spiritual forces of darkness.
6:13 	Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand.	The enemy attacks. The day of evil will come. We stand firm, and after we have done everything God calls us to do, we still stand because He gives the strength to endure.
6:14-17 	Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God.	God gives six pieces of armor: • Belt of Truth – live in God's truth and reject lies. • Breastplate of Righteousness – live right before God. • Shoes of the Gospel of Peace – stand on the gospel and be ready to share it. • Shield of Faith – trust God to stop the enemy's attacks. • Helmet of Salvation – guard your mind with the hope we have in Christ. • Sword of the Spirit – use God's Word to fight back.
	And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.	Prayer is essential. Stay alert. Keep praying for others. We are stronger when we stay connected to the Spirit and the body of Christ.
	Pray also for me, that whenever I speak, words may be given me so that I will fearlessly make known the mystery of the gospel.	Paul asks for prayer to speak God's Word boldly. We should pray for boldness and faithfulness in every opportunity.
	For which I am an ambassador in chains. Pray, that I may declare it fearlessly, as I should.	Paul reminds us that the gospel is worth standing for, even in difficulty. He asks for prayer so he can continue to declare it with courage.

KEY TRUTH TO REMEMBER

We move forward in battle by standing firm in the strength and armor God provides.



HE PROVIDES



WE PUT IT ON



HE GIVES THE VICTORY



BE STRONG IN THE LORD • PUT ON THE ARMOR • STAND FIRM • MOVE FORWARD



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1 UNDERSTANDING THE BATTLE



READ: EPHESIANS 6:10-13

- What does Paul tell us about our strength? _____
- Who is our real enemy? _____
- Why is it important not to fight the wrong enemy? _____

REFLECT

Am I fighting the enemy—or am I fighting the person God has called me to love? How can I respond differently today?

2 PUT ON THE ARMOR OF GOD



READ: EPHESIANS 6:14-17

List the six pieces of armor and what they protect.

1. _____ Protects _____
2. _____ Protects _____
3. _____ Protects _____
4. _____ Protects _____
5. _____ Protects _____
6. _____ Protects _____

THINK DEEPER

Which piece of armor is God calling you to rely on more right now? Why?

3 PRAYER & PERSEVERANCE



READ: EPHESIANS 6:18-20

- Why is prayer important in the battle? _____
- What did Paul ask believers to pray for him? _____
- How can we pray for others in the body of Christ? _____

PERSONAL COMMITMENT

Write one specific way you will pray and stay alert this week.

4 STAND FIRM. MOVE FORWARD.



- What does it mean to “stand firm”? _____
- What helps you keep standing when the battle is hard? _____
- What is your next step? _____

MEMORY VERSE

“Finally, be strong in the Lord and in his mighty power.”

— Ephesians 6:10

FILL-IN-THE-BLANK REVIEW

1. Our struggle is not against _____, but against _____.
2. After you have done everything, to _____.

LEADER / TEACHER NOTE:

Help your group apply each piece of the armor. Encourage them to put it on daily and walk in the strength God provides.



**GOD HAS NOT CALLED US INTO THE FIGHT UNPROTECTED.
HE HAS GIVEN US EVERYTHING WE NEED TO STAND.**

