

## **Jonah's Rock Bottom Rebel Poetry**

**Series:** No, Lord (message 3) **Date:** October 17/18, 2020

Intro

### **Jonah 2**

Vs 1-2 (Psalm 120:1, Psalm 31:22)

Vs 3 (Psalm 102:10, Psalm 42:8)

Vs 4 (Psalm 31:22, Psalm 138:2)

Vs 5-6 (Psalm 18:4, Psalm 103:4)

Vs 7 (Psalm 143:4-5, Psalm 88:3)

Vs 8-9 (Psalm 31:6, Psalm 116:17-18)

Vs 10

Exodus 34:6-7

***Where do you turn and what do you do when you hit rock bottom?***

***Are we, as followers of "Yahweh", thankful God saved us from "Sheol"? If so, does it show in our love for the lost rebels of this world?***

# sermon discussion

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## OPENING DISCUSSION

As you start your group time today, take a few moments to share two or three things you are grateful for from this past week. Challenge your group members to take time every day to write down 3-5 things they are thankful for and then thank God, the giver of all good things.

## GROUP DISCUSSION

1. Which do you think is the greatest miracle: God made a fish big enough to swallow Jonah, God loved the pagan Ninevites, or God put up with Jonah?
2. **Read Jonah 2:1-7.** What stands out to you or surprises you in Jonah's prayer?
3. Why do you think people have to sometimes reach rock bottom before they start listening to God? When has God used hardship or difficulty in your life to get your attention?
4. Jonah was in a seemingly hopeless situation, "but God" delivered him. When have you had a "but God" experience in your life?
5. One of the themes that is expressed throughout Jonah's prayer is that of thankfulness. How does thankfulness impact how you respond to hardship, pain, or a difficult season?
6. What are some things you can be thankful for in your current situation? *Spend a few minutes talking about this as a group, then close your group time by praying and thanking God for those things.*

## PRAYER

## GOING FURTHER

As we go through the book of Jonah, you'll find suggestions for how you and your group members can go further in this study. Feel free to do one of them or several.

**Memorize or Meditate on Scripture:** *"I called out to the Lord, out of my distress, and he answered me; out of the belly of Sheol I cried, and you heard my voice."* **Jonah 2:2** *ESV*

**Watch/listen to this in-depth study on Jonah** - <https://bibleproject.com/course/jonah-classroom/>