

sermon discussion

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MAIN POINTS & KEY SCRIPTURES

Proverbs 30:7–9

Contentment is when we are satisfied with enough.

- 1 Timothy 6:6–8

See the dangers in not being content.

- 1 Timothy 6:9-10

What we need is godliness with contentment.

- 1 Timothy 6:6–7
- 1 Timothy 6:11–12
- 1 Timothy 6:17–19

We must practice contentment.

- Philippians 4:11
- Psalm 103:2–5

GROUP DISCUSSION

1. Describe a time in your life when you felt content. How long did it last?
2. **Read Philippians 4:11-13.** How would you define contentment? In what circumstances do you most typically struggle to be content? Why?
3. **Read 1 Timothy 6:6-10.** How does godliness relate to contentment? What are some ways we can strive for godliness?
4. How content are you with how well you know God? What are you currently doing to know Him better?
5. How would you describe the relationship between comparison and contentment? Who do you find yourself most often comparing yourself to? *Try to be as specific as you can.*
6. Compared with eternity, this earthly life is very short. How has this fact reframed your decisions and spending priorities? What can you do to remind yourself of this truth more often?
7. **Read Psalm 103:1-5.** How often do you take time to pray or make note of what you're grateful for? How might adopting an intentional, daily practice of gratitude impact the level of contentment in your life? *If you want to go further, spend time every day telling God what you are thankful for, or writing down what you are grateful for.*

GOING FURTHER

MEMORIZE: *But godliness with contentment is great gain.* **1 Timothy 6:6 NIV**

STUDY: Do Financial Peace University with your small group. In 9 weeks, you'll learn how to save an emergency fund, get out of debt, save for college and retirement, pay off the house, build wealth, give generously, and more. Details at [OBCC.Church/FPU](https://obcc.church/fpu) or email JustinR@obcc.church.

REFLECT: How might adopting a spending fast help increase contentment with what you have? Try not buying anything for 30 days, except if it's an absolute necessity. Clear out your pantry and freezer, wear the clothes in the back of your closet, and see what happens over 30 days.

READ: *The Legacy Journey* by Dave Ramsey, *Comparison Trap Devotional* by Sandra Stanley.

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