

**GROUP DISCUSSION QUESTIONS**

1. What's something in your life you've tried to change through your own effort or discipline? What worked, what didn't, and what did that experience teach you about change?
2. In Deuteronomy 30:1–6 Israel was given the law but still lacked the ability to obey from the heart. How does Jesus' teaching about being born of the Spirit in John 3:5-8 show God's solution to the problem the law could never fix?
3. Read Jeremiah 31:31–34, Titus 3:4–6, and Galatians 5:16–17. These passages show that inner change is promised by God, accomplished in Christ through the Spirit, and lived out by God's power, not our own effort. How have you seen God's power, rather than your effort, work in your life to change you?
4. Read 2 Thessalonians 2:13 and Romans 6:22. The Spirit convicts us of sin but also gives us power to live differently. How do these verses show that God's grace both reveals our brokenness and equips us to overcome it?
5. God promised His presence would go with His people in Exodus 33:14–16, and Paul says in Ephesians 1:13–14 believers are sealed with the Spirit as a guarantee of their inheritance. How does the Spirit's indwelling shape the way we experience God personally and rely on Him in life's decisions?
6. In what ways can you practice praying "in step" with the Spirit, asking for help to see your needs, confess sin, and align your heart with God?
7. Knowing the Spirit lives in you as a guarantee of God's promises, how might this change the way you make choices, face challenges, or rely on God this week? What's one step you could take to grow closer, more trusting, or more dependent on Him?

Memorize:

Galatians 5:16

"But I say, walk by the Spirit, and you will not gratify the desires of the flesh."

To find questions from previous weeks visit [obcc.church/media](https://obcc.church/media)

## **GOING FURTHER & NOTES FOR LEADERS**