

Double Blessing

Year of Supernatural Overflow

The Prayer of Double Blessing

¹ My soul, bless the Lord, and all that is within me; bless his holy name. **Psalms 103:1CSB**

Intro:

- We are in the season of the double blessing
- So, if you didn't know
- I want to be the first one to let you know
- that when you understand the double blessing
- when you really start to comprehend what God does specifically in this time
- you can walk in the authority
- that God has given you
- It's like,
- knowing that you are missing something
- you just don't know what it is
- as I was studying for today
- something really highlighted in my life today
- There are two specific prayers
- that the Jewish people say
- during Rosh Hashanah
- Now, a lot of us may have never even heard of what Rosh Hashanah is
- Rosh Hashanah is the Jewish New Year
- This marks the first and second days of the Hebrew month Tishri
- Now you may be saying I am not Jewish
- Why does this correlate with me
- Why do I have to know about this
- you see our belief system
- what you and I are here for
- is because one day
- 2000 years ago
- a Jewish man came on the earth
- died for the sins of humanity
- extended salvation
- not just for his people, the Jewish people

- but for the whole world
- and some secrets are hidden
- in the Jewish customs and practices
- that if we were to only understand
- we would know God's heart in a personal way
- Rosh Hashanah celebrates several things
- It celebrates the creation of the world
- It shows us days of judgment
- where people reflect; they have self-examination and repentance
- Have a coronation of God
- where they blast the shofar, symbolizing God's coronation as king
- as a spiritual wake-up call to mend one's way
- David the psalmist
- Knew this
- That's why he writes in Psalm 103 verse one
- My soul blesses the Lord, and all that is within me bless his holy name
- there are two prayers
- that the Jewish people pray
- as they are preparing for the double blessing
- I believe that if we stick to these two prayers
- God will not only receive glory and honor
- but our posture of heart will show a posture of gratitude

1) The prayer of sanctification

- The first prayer that is prayed during the season of Rosh Hashanah
- during the beginning of the new year for the Jewish people
- is not a prayer for more things
- It is a prayer that aligns us with our heavenly father
- It is a prayer of sanctification
- If a Jewish person were to come in today and tell you exactly how they pray it
- these would be the words

Blessed are you, Hashem, our God, King of the universe, who has sanctified us with his commandments, and has commanded us to kindle the light of Yom Tov

- The Jewish people

- start their prayer
- by first blessing
- they say God you are blessed
- not only are you blessed
- but you are the king of the universe
- The first thing we must understand
- In this double blessing season
- is that we must acknowledge that God is the king of the universe
- He is the one who formed us
- He is the creator of everything
- He is the one who was, who is, and who is to come
- Not only acknowledge him as the king of the universe
- but acknowledge how blessed he is
- That is why Jesus said the greatest commandment is this
- love the Lord your God with all your heart, soul, and mind
- Jesus himself knew that the only way to receive the blessing from the father
- was to acknowledge that God is above everything else
- above my circumstance
- above my situations
- above my feelings
- Once we acknowledge who God is
- we thank him for sanctifying us
- Now, the word sanctifying
- comes from the word sanctification
- which means to be set apart
- from the very beginning
- God has been wanting us to be sanctified
- He has been wanting us to be set apart
- but the beauty of it is
- that the way we get sanctified
- the way we get to be set apart
- is by following his commandments
- For the Jewish people, it's following the law, and it's 613 plus laws
- for you and me
- all we have is 2
- to love the Lord our God with all our heart and mind

- and to love our neighbor as ourselves
- The true meaning behind Rosh Hashanah
- Is acknowledging that we have a creator
- that he has made us
- and we are set apart because he has called us
- He has called us to love the Lord our God with all our heart, soul, and mind
- He has also told us to love our neighbor as ourselves
- With these two
- we have fulfilled all the law

2) The prayer of Sustainment

- The second prayer is a prayer of sustainment
- It is acknowledging who God is
- It is recognizing that it is because of the hand of God
- that you and I are still alive today
- It is because of God's mercy and grace
- that he has given us the ability to wake up this morning and praise his holy name
- This second prayer
- allows me
- to not depend on my own strength
- It allows me to recognize
- that it is by the hand and mercy of God that I am here

Blessed are you, Hashem, our God, King of the universe, who has kept us alive, sustained us, and brought us to this season

- In the Book of Acts 17:25

²⁵ Neither is he served by human hands, as though he needed anything, since he himself gives everyone life and breath and all things. **Acts 17:25CSB**

- Paul gives us a clear understanding
- stating that God is not served by human hands
- nor does he need anything
- but God is the giver of life and breath
- He is the reason why you and I are here today
- He is the reason why he allowed us to wake up this morning
- He is the one who has kept us alive

- That is why even though you're going through the sickness you're going through
- the problems that you are facing
- although you are crossing through difficult situations
- the fact that you're alive
- is living proof that God is not done with you
- not only does God keep us alive
- but he sustains us
- Colossians chapter one verse 17 says
- He is before all things, and by him all things are held together
- That means that He is the glue that connects everything
- He is the reason why we are here
- Not only does he sustain us
- but he has brought us to this season
- First Samuel Chapter 7 verse 12
- says that Samuel took a stone and set it between Mizpah and Shem
- and he called it Ebenezer
- stating that up to here the Lord has helped us
- in this double blessing season
- We must understand that it is because of the goodness of God
- It is because of his faithfulness
- It is because of us acknowledging him as Lord and Savior
- that we can boldly come today
- and testify
- Just like Samuel
- God, to hear you have helped me
- God, you are my Ebenezer

Conclusion

- I don't know about you
- but the moment that I realized
- that the double blessing
- had a specific prayer
- I had to change my mind set on how I pray in this season
- There's a reason why you are going through what you are facing right now
- There's a reason why all hell is breaking loose around you
- There is no coincidence why everything seems to be going wrong

- But I am here to tell you today
- that you are not out of line
- You are in the overflow
- and I will choose today to say this
- just like David the psalmist
- the king of Israel

I will bless the Lord at all times; his praise will always be on my lips. **Psalms 34:1**

- That means that no matter what comes my way
- That means that if I'm going through financial burdens
- if I'm going through physical health issues
- no matter if I'm facing mental issues
- no matter if I lose my job
- no matter if I'm going through a divorce
- no matter if my children don't want to speak to me
- no matter if I'm going through the worst thing in my life today
- I will bless the Lord
- I will choose to bless the Lord at all times