



REDEEMER
Christian Church

Salt & Light

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**WHAT'S ONE OF YOUR
FAVORITE TREATS?**



SHARE WITH A NEIGHBOR

SOME DISCLAIMERS

- For some of us, we've heard too many sermons on this passage.
- For others of us, we may be seeing it for the first time.

MATTHEW 5:13-16

“You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot.

MATTHEW 5:13-16

“You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house.

MATTHEW 5:13-16

In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.”

WHY SALT?

WHAT COMES TO MIND WHEN YOU HEAR SALT?

Share with a neighbor!

WHAT SALT MEANT TO THEM

- Preserves food, especially meat
- Enhances flavor



MATTHEW 5:13-16

“You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house.

WHAT COMES TO MIND WHEN YOU HEAR LIGHT?

Share with a neighbor!

WHAT LIGHT MEANT TO THEM

- Ability to function at night
- Safety and protection

SOME GOOD NEWS

LOSING SALTINESS?

“You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again?”

THE WAY OF JESUS = CHOCOLATE

THROWN OUT?

It is no longer good for anything, except to be thrown out and trampled underfoot.

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It is no longer good for anything, except to be thrown out and trampled underfoot.

The big idea: We can't say that we're chocolate and then not be chocolate.

UNHEALTHY RESPONSES

- Condemning ourselves
- Condemning others

HOW DO WE RESPOND?

1. What ways am I being salt and light?
2. What opportunities do I have to be salt and light?
3. What ways am I not being salt and light?

MATTHEW 5:13-16

In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.”

TIME FOR REFLECTION

1. What ways am I being salt and light?
2. What opportunities do I have to be salt and light?
3. What ways am I not being salt and light?