

New Pleasant Grove MBC (Lessons for November 19, December 3, 10, 2025)

Setting Yourself Up For Success!! Dr. Charles Turner

Success is more than money, status, or achievements. Biblical success is about **stewardship, obedience, spiritual health, and wholeness**. This workbook will help you strengthen four key areas that position you for a life that honors Christ:

1. **Financial Stewardship**
2. **Physical Stewardship**
3. **Servant-Leadership**
4. **Self-Care & Emotional Wholeness**

As you move through the lessons, pray for clarity, honesty, and the courage to grow.

Theme Scripture: *Joshua 1:8* — “Then you will make your way prosperous, and then you will have good success.”

PART ONE: STEWARDSHIP FOUNDATIONS

Lesson 1: Biblical Guidance for Personal Finance

Main Scripture: *Proverbs 3:9–10*

“Honor the Lord with your wealth...”

KEY POINT 1 — Honor God First

Put God first in your finances through tithing, generosity, and financial integrity.

Reflection Questions

- How do my financial habits show (or not show) that I honor God?
- In what ways can I be more generous?

Personal Action Step

- Write one change you will make this week to put God first in your finances.
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KEY POINT 2 — Live Within Your Means

Avoid overspending. Practice contentment and self-control.

Reflection Questions

- What spending habits do I need to control?
- Where can I reduce unnecessary waste?

Personal Action Step

- Identify one area to reduce spending or save more.
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KEY POINT 3 — Plan Ahead & Avoid Debt

Wise budgeting prevents bondage and stress.

Reflection Questions

- Do I have a working plan or budget?
- What debt do I need to begin addressing?

Personal Action Step

- Write one budgeting or debt-reduction goal.
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KEY POINT 4 — Work Diligently & Trust God's Provision

Your work is worship; God blesses diligence.

Reflection Questions

- Am I giving God my best in my job or responsibilities?
- Do I trust God to supply what I need?

Personal Action Step

- Name one area where you will strive for excellence.
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PERSONAL FINANCE WORKSHEET

- Monthly Income: _____

- Monthly Expenses: _____
 - Tithing/Giving Plan: _____
 - Savings Goal: _____
 - Debt Reduction Plan: _____
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Lesson 2: Biblical Guidance for Physical Health & Nutrition

Main Scripture: *1 Corinthians 6:19–20*

KEY POINT 1 — Your Body Belongs to God

Your physical stewardship is spiritual worship.

Reflection Questions

- How well am I caring for my body?
- What health habits honor God?

Action Step

- Choose one habit to improve this week.
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KEY POINT 2 — Practice Self-Control in Eating

Healthy choices protect your spiritual and physical strength.

Reflection Questions

- Are my eating habits controlled or impulsive?
- What foods drain my energy? What foods fuel it?

Action Step

- Commit to one healthy eating change.
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KEY POINT 3 — Rest as a Spiritual Discipline

Rest is obedience and self-care.

Reflection Questions

- Am I sleeping enough?
- Do I practice Sabbath rest?

Action Step

- Choose one way to build rest into your week.
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KEY POINT 4 — Choose Habits That Promote Longevity

Wellness keeps you effective for kingdom service.

Reflection Questions

- What long-term health habits do I need to start?
- What health screenings or check-ups do I need?

Action Step

- Identify one long-term health goal.
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HEALTH & NUTRITION TRACKER

Week of: _____

Water Intake Goal: _____

Exercise Goal: _____

Meals Logged: _____

PART TWO: SPIRITUAL FORMATION FOR SUCCESS

Lesson 3: Having a Servant's Heart

Main Scripture: *Mark 10:45*

KEY POINT 1 — Serving Is the Way of Jesus

True greatness is measured by service.

Reflection Questions

- Who has God called me to serve?
- How does serving shape my character?

Action Step

- Identify one person or group you will serve this week.
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KEY POINT 2 — Serve with Humility, Not Recognition

Service must be about God, not applause.

Reflection Questions

- Do I ever serve for validation?
- What does humility look like in my life?

Action Step

- Choose one act of “invisible service” this week.
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KEY POINT 3 — Use Your Gifts for Others

Gifts are for ministry, not self-promotion.

Reflection Questions

- What spiritual gifts has God given me?
- How can those gifts uplift my church or community?

Action Step

- Write one way you will use your gifts intentionally.
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KEY POINT 4 — Love in Action Creates Transformation

Service reveals Jesus to the world.

Reflection Questions

- What needs in my community break my heart?

- How can I be the hands and feet of Christ?

Action Step

- Commit to one service project or ministry effort.
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SERVANT'S HEART CHALLENGE

- I served someone this week by: _____
 - How it made me feel: _____
 - What I learned about God: _____
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PART THREE: WHOLENESS FOR LONG-TERM SUCCESS

Lesson 4: Loving Yourself Through Biblical Self-Care

Main Scripture: *Mark 12:31*

KEY POINT 1 — Self-Love Begins With Knowing God's Love

You cannot pour from an empty cup.

Reflection Questions

- Do I believe God loves me unconditionally?
- What lies do I need to reject about myself?

Action Step

- Write one truth God says about you.
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KEY POINT 2 — Set Healthy Boundaries

Boundaries protect your peace and purpose.

Reflection Questions

- Where do I need to say “no” more often?

- What drains me emotionally?

Action Step

- Set one boundary this week.
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KEY POINT 3 — Renew Your Mind Daily

Your mindset determines your direction.

Reflection Questions

- What negative thoughts do I need to surrender?
- What scriptures help renew my mind?

Action Step

- Choose one verse to meditate on this week.
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KEY POINT 4 — Invest in Emotional & Mental Well-Being

God cares for your soul.

Reflection Questions

- How am I caring for my emotional health?
- Do I need counseling, community, or accountability?

Action Step

- Write one intentional self-care choice you will make.
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SELF-CARE CHECK-IN PAGE

- How am I feeling today? _____
 - What do I need today emotionally? _____
 - What can I give myself permission to do/rest from? ____
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REFLECTION PAGES

Use this space for sermon notes, personal insights, or answered prayers.

NEXT STEPS FOR GROWTH

- Join a small group
 - Start a financial or health journal
 - Volunteer in a ministry
 - Seek a mentor or accountability partner
 - Commit to a 30-day spiritual discipline (prayer, fasting, reading)
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PRAYER FOR SUCCESS

“Lord, help me honor You with my finances, my body, my service, and my self-care. Strengthen me to walk in wisdom, discipline, and love. Set me up for success according to Your will. In Jesus’ name, Amen.”