



Getting Over It Week 3



The Lord is my shepherd; I have all that I need. Psalm 23:1NLT

He lets me rest in green meadows; he leads me beside peaceful streams. Psalm 23:2 NLT

He renews my strength. He guides me along right paths, bringing honor to his name. Psalm 23:3 NLT

Even when I walk through the darkest valley, I will not be afraid, for you are close beside me. Your rod and your staff protect and comfort me. Psalm 23:4 NLT

You prepare a feast for me in the presence of my enemies. You honor me by anointing my head with oil. My cup overflows with blessings. Psalm 23:5 NLT

Surely your goodness and unfailing love will pursue me all the days of my life, and I will live in the house of the Lord forever. Psalm 23:6 NLT

BIG IDEA

Fear grows when we feel our _____ or are anxious about the _____, but God has promised to _____ us and to _____ through all uncertainty and danger.

I can never escape from your Spirit! I can never get away from your presence! 8 If I go up to heaven, you are there; if I go down to the grave, you are there. 9 If I ride the wings of the morning, if I dwell by the farthest oceans, 10 even there your hand will guide me, and your strength will support me. 11 I could ask the darkness to hide me and the light around me to become night— 12 but even in darkness I cannot hide from you. To you the night shines as bright as day. Darkness and light are the same to you. Psalm 139:7–12 NLT

APPLY IT

Put down the baggage of fear and trust God to be the _____ as he _____, _____, _____, and _____ you.

What Shall I Not Want?

- _____ — for He makes me lie down in green pastures.
- _____ — for He leads me beside still waters.
- _____ — for He restores my soul.
- _____ — for He leads me in righteous paths.
- _____ — for He is with me.
- _____ — for His rod and staff comfort me.
- _____ — for He prepares a table for me.
- _____ — for He does so in the presence of my enemies.
- _____ — for He anoints my head with oil.
- _____ — for He makes my cup overflow.
- _____ — for He makes goodness and mercy follow me.
- _____ — for He makes me dwell in His house forever.

Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. 7 Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus. Philippians 4:6–7 NLT

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