



Lent Week 1



Purpose of Fasting:

1. To _____. Ezra 8:22-23

2. To seek God's _____. Judges 20:26-27

3. To express _____. 2 Samuel 1:12

4. To seek _____ or _____
_____. 2 Chronicles 20:3-4

5. To express _____ and a _____
_____ God. 1 Samuel 7:6

6. To _____ before God. 1 Kings 21:27-29

7. To express concern for the _____ of God. Nehemiah 1:3-4

8. To minister to the _____ of _____.
Isaiah 58:3-7

9. To overcome _____ and
_____ yourself to God. Matthew 4:1-11

10. To express _____ and _____
for God. Luke 2:37

BIG IDEA

Fasting is a way of _____ our _____
_____ and _____ for a
_____ purpose.

APPLY IT

Pray and _____ your _____.

Spend extra time in _____.

Spend extra time in _____.

Don't make it _____.

Prepare your _____ and _____.

During Lent, I will fast from _____.

My spiritual purpose is to _____.

UPCOMING EVENTS

3/15: Egg-Filling for Eggstravaganza (after church) — 3/21: Eggstravaganza (Volunteer for Eggstravaganza at journeychurch.net/eggstravaganza or in Guest Services) — 4/5: Easter (Invite everyone you know, and pray for them.)

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