



Be With Jesus: Mind

Romans 12:1-3, Philippians 4:4-9

10/10/2021

YOU ARE WHAT YOU _____

- You *are* being _____.

THE MIND

- Your _____ and _____ are innately connected.
- In our thought “*lifescape*” we make the decisions that determine _____ we will do and _____ we will become.

BE TRANSFORMED

- Christians do not _____ our life and actions to the age. Instead, we are _____ in our minds.
- Your _____ create your _____.
- You have to make the choice to _____ yourself on this transforming truth, and drill it down into your heart in such a way, _____ on it, that it comes alive inside you, and _____ the way you think about everything.

IDEAS

- Ideas are ways of _____ about and _____ things.
- Ideas are _____ developed and _____ shared.
- A Christian’s ideas must be shaped by God through the witness of His _____, and the testimony of the _____.

IMAGES

- Images are _____ and specific and loaded with feeling and _____.

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Romans 12:1-3

Therefore, I urge you, brothers and sisters, in view of God’s mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. ² Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will. ³ For by the grace given me I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the faith God has distributed to each of you.

Philippians 4:4-9

⁴ Rejoice in the Lord always. I will say it again: Rejoice! ⁵ Let your gentleness be evident to all. The Lord is near. ⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

⁸ Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. ⁹ Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

Your Mind, and a Rule of Life

- Reading scripture in the morning
- Regular podcasts or book reading
- Church on Sunday
- Daily gratitude
- A *digital* rule of life / parenting your phone
- Digital Sabbath / Daily limit on device usage
- Filtering media and news through scripture
- Time with older followers of Jesus

Recommended Baseline Practice

- Disengage from screens on daily, weekly and annual basis
 - Time limits
 - Moral quality
- Commit to regular intake of Bible truth and teaching
- Daily habit of gratitude and hope

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