

Empowered Words

6/30/2019

James 3:1-12

YOUR WORDS MATTER

- Words impact all layers of our being: mental, emotional and physical.
- Because negative words influence us more strongly than positive ones, our <u>minds</u> need <u>help</u> retaining positive truth.
- Words shape our perception of reality.
- Our words <u>help</u> or <u>harm</u> us and others.

TRUTH MATTERS

- The words we speak to ourselves <u>internally</u> come out in our life <u>externally</u>.
- Reinforcing <u>Biblical truth</u> in our own lives is key to living with a Godly perspective of reality.

EMPOWERED WORDS:

- Are <u>Spirit</u> <u>dependent</u>
- Put <u>God</u> first and prioritize God's <u>agenda</u> over our own
- Are <u>life</u> giving (John 6:63,68; Proverbs 18:21)
- Speak the <u>truth</u> in <u>love</u> (Ephesians 4:15)
- Build up vs tear down (Ephesians 4:29)
- Restore relationships (Matthew 5:24; 18:15-17)
- Guard against gossip and being divisive (Proverbs 16:28)
- Are **slow** to speak (James 1:19-20; Proverbs 17:27-28; 21:23)

FROM THE OVERFLOW OF THE HEART (LUKE 6:45):

- Prioritizing our <u>time</u> and <u>energy</u> to live dependently on God and pursue spiritual health.
- Investing our minds and hearts in <u>Biblical</u> <u>truth</u>
- Reinforcing our life with <u>God's word</u> through our choices, actions and speech

JAMES 3:1-12 (NIV)

Not many of you should become teachers, my fellow believers, because you know that we who teach will be judged more strictly. ² We all stumble in many ways. Anyone who is never at fault in what they say is perfect, able to keep their whole body in check.

³ When we put bits into the mouths of horses to make them obey us, we can turn the whole animal. ⁴ Or take ships as an example. Although they are so large and are driven by strong winds, they are steered by a very small rudder wherever the pilot wants to go. ⁵ Likewise, the tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark. ⁶ The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole body, sets the whole course of one's life on fire, and is itself set on fire by hell.

⁷ All kinds of animals, birds, reptiles and sea creatures are being tamed and have been tamed by mankind, ⁸ but no human being can tame the tongue. It is a restless evil, full of deadly poison.

⁹ With the tongue we praise our Lord and Father, and with it we curse human beings, who have been made in God's likeness. ¹⁰ Out of the same mouth come praise and cursing. My brothers and sisters, this should not be. ¹¹ Can both fresh water and salt water flow from the same spring? ¹² My brothers and sisters, can a fig tree bear olives, or a grapevine bear figs? Neither can a salt spring produce fresh water.