

Luke 6:1-11

One Sabbath Jesus was going through the grainfields, and his disciples began to pick some heads of grain, rub them in their hands and eat the kernels. ²Some of the Pharisees asked, "Why are you doing what is unlawful on the Sabbath?"

³Jesus answered them, "Have you never read what David did when he and his companions were hungry? ⁴He entered the house of God, and taking the consecrated bread, he ate what is lawful only for priests to eat. And he also gave some to his companions." ⁵Then Jesus said to them, "The Son of Man is Lord of the Sabbath."

⁶On another Sabbath he went into the synagogue and was teaching, and a man was there whose right hand was shriveled. ⁷The Pharisees and the teachers of the law were looking for a reason to accuse Jesus, so they watched him closely to see if he would heal on the Sabbath. ⁸But Jesus knew what they were thinking and said to the man with the shriveled hand, "Get up and stand in front of everyone." So he got up and stood there.

⁹Then Jesus said to them, "I ask you, which is lawful on the Sabbath: to do good or to do evil, to save life or to destroy it?"

¹⁰He looked around at them all, and then said to the man, "Stretch out your hand." He did so, and his hand was completely restored. ¹¹But the Pharisees and the teachers of the law were furious and began to discuss with one another what they might do to Jesus.



Rest
Luke 6:1-11

6/13/2021

WHAT IS REST?

Having _____ is not the same thing as resting.

WHY DO WE NEED REST?

- We must rest from the _____ underneath the work.
- We have a deep need for _____ rest, without which _____ rest cannot help.

JESUS, LORD OF REST,

- If you want rest, you must go to _____.
- If you think you've gone to him but don't have any rest, you've either not _____ what you have, or you've not yet begun to _____ Jesus.
- To rest is to be utterly _____ with what's been done. (*Genesis 1:31-2:1, Hebrews 4:9-11, Matthew 11:28-30*)

GETTING REST – INTERNAL EXERCISES

1. See Sabbath rest as an act of _____.
2. See Sabbath rest as an act of _____.

GETTING REST – EXTERNAL EXERCISES

1. Take _____ rest time.
2. _____ your rest time.
3. Be _____ for rest.
4. Inject a Sabbath rest mentality into your _____.
5. Seek _____.

WAYS TO GROW WITH MTC THIS SUMMER

PERSONAL

- READ THE "CBR" READING 4-5 DAYS PER WEEK
- READ THE NEW TESTAMENT IN 90 DAYS

ONE-ON-ONE

- SIX ONE-ON-ONE MEETINGS TO CHALLENGE EACH OTHER TO READ GOD'S WORD, AND APPLY WHAT IT SAYS. (THE STAFF WILL MATCH PEOPLE)

GROUPS

- SUPPER CLUB: THREE DINNERS WITH 6-8 PEOPLE OVER THE SUMMER, IN ORDER TO BUILD COMMUNITY (STAFF MATCHES)

SERVICE

- STREETS OF HOPE: MONDAY NIGHT HOMELESS OUTREACH (6/28, 7/12, 8/9)
- AMOR HOUSE-BUILDING IN TIJUANA. EITHER JULY 15-17, OR 22-24.

SONGS

YOUR LOVE AWAKENS ME

Verse 1

There were walls between us
By the cross
You came and broke them down
You broke them down
And there were chains around us
By Your grace we are
No longer bound
No longer bound

Pre-Chorus

You called me out of the grave
You called me into the light
You called my name
and then my heart came alive

Chorus

Your love is greater
Your love is stronger
Your love awakens awakens
awakens me

Verse 2

Feel the darkness shaking
All the dead are coming
back to life
I'm back to life
Hear the song awaken
All creation singing we're alive
'Cause You're alive

Bridge

And what a love we've found
Death can't hold us down
We shout it out
We're alive 'cause You're alive

CCLI Song # 7054720

GOODNESS OF GOD

Verse

I love You Lord
Oh Your mercy never fails me
All my days
I've been held in Your hands
From the moment that I wake up
Until I lay my head
I will sing of the goodness of God

Chorus

All my life You have been faithful
All my life You have been so so
good
With every breath that I am able
I will sing of the goodness of God

Verse 2

I love Your voice
You have led me through the fire
In darkest night
You are close like no other
I've known You as a father
I've known You as a friend
I have lived
in the goodness of God

Bridge

Your goodness is running after
It's running after me
Your goodness is running after
It's running after me
With my life laid down
I'm surrendered now
I give You everything
Your goodness is running after
It's running after me

CCLI Song # 7117726

I SURRENDER ALL

Verse 1

All to Jesus I surrender
All to Him I freely give
I will ever love and trust Him
In His presence daily live

Chorus

I surrender all
I surrender all
All to Thee my blessed Savior
I surrender all

Verse 2

All to Jesus I surrender
Humbly at His feet I bow
Worldly pleasures all forsaken
Take me Jesus take me now

Verse 3

All to Jesus I surrender
Lord I give myself to Thee
Fill me with Thy love and power
Let Thy blessing fall on me

CCLI Song # 23189

I WILL REST

Verse 1

Not my will but Yours
Not my strength but Yours
Lift my eyes to see all the plans
You have for me Jesus

Verse 2

Take my life it's Yours
Every step secured
You know the past
Yet Your love outlasts my fears
Jesus

Chorus

I will rest
in the promise of Your grace
I will boast
in the power of Your name
In my weakness You are strong
My faith will carry on in You

Verse 3

When all I hear is noise
God make clear Your voice
Lift my eyes to see all the plans
You have for me Jesus

Bridge

You are the rock it's where I stand
Your grace for me will never end
All fear is gone it has no place
In You alone I find my strength

CCLI Song # 7043066

PRAYER

Psalm 91:1-16