

Be With Jesus: Body

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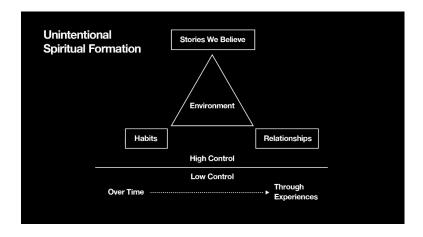
	Romans 12	2:1-2, 1 Corinthians	6:18-20	10/17/20
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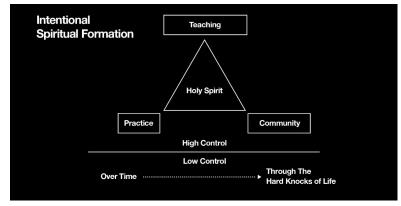
Romans 12:1-2

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God-this is your true and proper worship. ² Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Corinthians 6:18-20

¹⁸ Flee from sexual immorality. All other sins a person commits are outside the body, but whoever sins sexually, sins against their own body. 19 Do you not know that your bodies are temples of the Holy Spirit, who is in you, whom you have received from God? You are not your own;20 you were bought at a price. Therefore honor God with your bodies.





Recommended Baseline Practice

Commit to sleep seven hours a night, get some form of exercise on a regular basis, eat well, and practice sexual faithfulness in your season of life.

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