

23rd Psalm – Sermon Notes

Mike Gilson

An Adventure through the Realities of Life

Psalm 23:1-6

8/3/2025

The Realities of Life

- Happiness, Joy, Gifts from God...
- Struggles with Sin, Stuff, Relationships, Life and Death...

The Lord is my SHEPHERD

- I am a Sheep
- The Shepherd never leaves his sheep
- He makes me lie down in green pastures
- He comforts me with quiet waters

The Lord REFRESHES my Soul

- At the deepest part of our being.
- **What would refresh you today?**

He GUIDES me

Even in the darkest valley...

I will FEAR NO EVIL, for you are With Me

In the presence of my enemies...

He prepares a BANQUET for me

My cup OVERFLOWS

Your GOODNESS and LOVE will
follow me ALL MY LIFE

I will dwell in THE HOUSE of the LORD FOREVER!

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Psalm 23:1-6

The LORD is my shepherd, I lack nothing.

² He makes me lie down in green pastures,
he leads me beside quiet waters,
³ he refreshes my soul.

He guides me along the right paths
for his name's sake.

⁴ Even though I walk
through the darkest valley,^[a]

I will fear no evil,
for you are with me;
your rod and your staff,
they comfort me.

⁵ You prepare a table before me
in the presence of my enemies.

You anoint my head with oil;
my cup overflows.

⁶ Surely your goodness and love will follow me
all the days of my life,
and I will dwell in the house of the LORD
forever.

Philippians 4:6-7

⁶ Do not be anxious about anything, but in every situation,
by prayer and petition, with thanksgiving,
present your requests to God.

⁷ And the peace of God, which transcends all understanding,
will guard your hearts and your minds in Christ Jesus.

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