



**People Who Trust**  
*Psalms 46:1-11*

9/7/2025

**FEAR**

- The opposite of fear is \_\_\_\_\_ and \_\_\_\_\_.

**A MIGHTY FORTRESS**

- He doesn't \_\_\_\_\_ us in order to \_\_\_\_\_ us. He shelters us so He can strengthen us to go back to life with its \_\_\_\_\_ and \_\_\_\_\_.
- When God protects his people, it's for \_\_\_\_\_ purposes.
- \_\_\_\_\_ God is our refuge, our strength, an ever-present help, we will \_\_\_\_\_.
- \_\_\_\_\_ may change, but God's \_\_\_\_\_ with His people will never change. (*Isaiah 54:10*)

**THERE IS A RIVER**

- God's people have always depended on the \_\_\_\_\_ spiritual resources that come from God \_\_\_\_\_. And whenever Israel turned to a pagan nation for help, they ended up in \_\_\_\_\_ trouble.
- We pray for God to deliver us from trouble in this \_\_\_\_\_... but what matters much more is that we will be delivered from trouble after \_\_\_\_\_.
- God doesn't save us for our own purposes. He saves us for his purposes. (*Genesis 50:20, Colossians 3:13-15*)

**DEFENDER**

**Need to trust Christ?** Be \_\_\_\_\_!

**Feel surrounded?** Remember who is \_\_\_\_\_ you now, what the \_\_\_\_\_ is, and who has the real and ultimate \_\_\_\_\_.

**Psalms 46:1-11**

- <sup>1</sup> God is our refuge and strength,  
an ever-present help in trouble.
- <sup>2</sup> Therefore we will not fear, though the earth give way  
and the mountains fall into the heart of the sea,
- <sup>3</sup> though its waters roar and foam  
and the mountains quake with their surging. (selah)
- <sup>4</sup> There is a river whose streams make glad the city of God,  
the holy place where the Most High dwells.
- <sup>5</sup> God is within her, she will not fall;  
God will help her at break of day.
- <sup>6</sup> Nations are in uproar, kingdoms fall;  
he lifts his voice, the earth melts.
- <sup>7</sup> The Lord Almighty is with us;  
the God of Jacob is our fortress. (selah)
- <sup>8</sup> Come and see what the Lord has done,  
the desolations he has brought on the earth.
- <sup>9</sup> He makes wars cease  
to the ends of the earth.  
He breaks the bow and shatters the spear;  
he burns the shields with fire.
- <sup>10</sup> He says, "Be still, and know that I am God;  
I will be exalted among the nations,  
I will be exalted in the earth."
- <sup>11</sup> The Lord Almighty is with us;  
the God of Jacob is our fortress. (selah)