



sermon

[on the]

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Living Life in the Kingdom of God

No Worry

Matthew 6:25-34

2/13/2022

WHAT IS ANXIETY?

Worry and anxiety is concern about the _____ not the actual. The essence of anxiety is the desire to _____ that which we can't control.

WHERE DOES ANXIETY COME FROM?

Our anxiety comes from the fact that we want the power that _____ has.

This new threat, that makes you anxious, is simply _____ your true condition. You've *always* been out of control. You've *always* been _____. You've never been keeping your life going.

The Bible tells us we were designed to be _____...

We are insecure because we want _____.

WHAT DO WE DO ABOUT ANXIETY?

1. We have to deal with our wrong _____.
 - Faith is a position of _____ toward the world based on what God has said in his _____.
 - The "**birds of the air**" argument has everything to do with the _____ of God.
Ephesians 1:11, Romans 8:28, Acts 2:23, Genesis 50:20
 - The "**grass of the field**" argument has everything to do with the _____ of God.

2. We have to deal with our wrong _____.

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Matthew 6:25-34

²⁵ "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes? ²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? ²⁷ Who of you by worrying can add a single hour to his life?"

²⁸ "And why do you worry about clothes? See how the lilies of the field grow. They do not labor or spin. ²⁹ Yet I tell you that not even Solomon in all his splendor was dressed like one of these. ³⁰ If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you, O you of little faith?"

³¹ So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' ³² For the pagans run after all these things, and your heavenly Father knows that you need them. ³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well. ³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own."

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