

## Ephesians 6:14-18

<sup>14</sup> Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, <sup>15</sup> and with your feet fitted with the readiness that comes from the gospel of peace. <sup>16</sup> In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. <sup>17</sup> Take the helmet of salvation and the sword of the Spirit, which is the word of God. <sup>18</sup> And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.



### The Helmet of Salvation

*Ephesians 6:10-18*

11/17/2019

## SALVATION IN THE BIBLE

The thing the Bible always says we're saved from is **SIN**.

The result of sin is the **DETERIORATION** of everything, and **SEPARATION** from God.

If you don't know what you're saved **FROM**, then you can't possibly know what salvation **MEANS**.

## 3 DIMENSIONS OF SALVATION

1. Salvation is **PAST** tense: you *have been saved* from the **PENALTY** of sin. (*Romans 8:1*)
2. Salvation is **PRESENT** tense: you *are being saved* from the **POWER** of sin. (*Philippians 2:12*)
3. Salvation is **FUTURE** tense: you *will be saved* from the **PRESENCE** of sin. (*1 Thessalonians 5:5-8, Romans 13:11-12*)

## PUTTING ON THE HELMET

- If you're putting on the hope of the helmet of salvation, you don't spend a lot of your life in **REGRETS**.
1. Paul is saying, "I can handle my **SUFFERINGS** in the present because I can **WEIGH** them against what I know is on its way."
  2. The hope of glory does not make you **PASSIVE**. It's the one thing that can make you finally, **ACTIVE** in the way you were created to be.

You can listen to today's message on the **MTC App** or at **MissionTrailsChurch.com**.



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### GROWTH GROUP DIGGING DEEPER QUESTIONS

*To catch the weekend message, go to the [MTC App](#), or [MissionTrailsChurch.com](#).*

#### GETTING STARTED

1. Looking back at your notes from this week's teaching, **was there anything that particularly caught your attention, challenged, inspired or confused you?**

#### DIGGING DEEPER

2. As a refresher on the core text, **Read Ephesians 6:14-18.** Considering the "helmet of salvation," salvation saves us from our sin. **Name some specific ways that you see the effects of the deterioration of sin in your life, and in the world.**  
*(This may be obvious, but we don't always connect problems to sin.)*

#### GETTING PERSONAL

3. **Read Romans 8:1-4.** Think about your salvation in the past tense. **How is it that you *have been saved* from your sin, and how does that affect the way you live now?**

4. **Read Philippians 2:12-13.** Think about your salvation in the present tense.

**How is it that you *are being saved* from your sin, and how do you see this happening in your life now?**

5. **Read 1 Thessalonians 5:5-8 and Romans 13:11-12**

Think about your salvation in the future tense.

**How is it that you *will be saved* from your sin, and how does that future hope affect the way you live now?**

#### BRINGING IT HOME

6. So then, to put on the helmet of salvation means (in part), to live confidently, courageously, faithfully, actively (and much more) NOW, because of the PAST, PRESENT, and FUTURE hope of your salvation. **In light of that, what is one way you'd like to take action based on this week's sermon?**

*Or...*

**What is one thing the Holy Spirit is leading you to do?**

#### PRAY TOGETHER