

Thomas, the Pessimist
(John 20:24-31)

#1. A pessimistic spirit leads to giving up hope (John 11:16)

¹⁶Then Thomas (called "Twin") said to his fellow disciples, "Let's go too so that we may die with him."

- The word Hope "elpis" means to have a confidence in God that expects God to work all things out for good.
- Jeremiah 29:11; Romans 8:24-25; Romans 15:13; 1 Peter 1:3-4

Are you living a life of hope or pessimism?

#2. A pessimistic spirit leads to losing direction in this life (John 14:5)

⁵"Lord," Thomas said, "we don't know where you're going. How can we know the way?"

- Psalm 32:8; Proverbs 3:5-6; John 16:13

Have you lost hope and direction in life?

#3. A pessimistic spirit leads to a weakening of faith (John 20:25)

²⁵So the other disciples were telling him, "We've seen the Lord!" But he said to them, "If I don't see the mark of the nails in his hands, put my finger into the mark of the nails, and put my hand into his side, I will never believe."

- The church (Hebrews 10:23-25)
- The Word (Romans 10:17)
- In prayer (Revelation 3:20)

(John 20:31) ³¹But these are written so that you may believe that Jesus is the Messiah, the Son of God, and that by believing you may have life in his name."

How strong is your faith?