

FEAR.

Fight Club : Part 2 of 5 : MANUP.co

Together . . . we can WIN.

1. See it.
2. Name it.
3. Ask for Help.
4. Punch it with TRUTH.

Q: How did you practice confession this week?

Q: What are you afraid of? *(be honest)*

Q: Why is fear so dangerous?

**TRUTH : Fear can push us TOWARDS God
but it can also BECOME our God.**

When we Fear . . .

- **Exposure** we bow down to Isolation.
- **Failure** we bow down to Safety.
- **Rejection** we bow down to Approval.
- **Loss** we bow down to Control.
- **GOD** we bow down in WORSHIP.

“God has not given us a spirit of FEAR,
but of power, love, and self-discipline.” - 2 Timothy 1:7

The LIES we Believe.

- Real men don't Fear.
- I'm not afraid . . . I'm _____.
- If I had more _____ I wouldn't be afraid.
- That's just "who I am."
- God can't use me because I'm AFRAID.

The TRUTH about Fear. (Moses & Aaron)

- **Fear is REACTIVE.**

Exodus 32

¹ When the people saw how long it was taking Moses to come back down the mountain, they gathered around Aaron. *"Come on,"* they said, *"make us some gods who can lead us.* We don't know what happened to this fellow Moses, who brought us here from the land of Egypt." ² So Aaron said, "Take the gold rings from the ears of your wives and sons and daughters, and bring them to me."

- **Fear is DECEPTIVE.**

Exodus 32

⁴ Then Aaron took the gold, melted it down, and molded it into the shape of a calf. When the people saw it, they exclaimed, "O Israel, these are the gods who brought you out of the land of Egypt!" ⁵ *Aaron saw how excited the people were,* so he built an altar in front of the calf. Then he announced, "Tomorrow will be a festival to the Lord!"

- **Fear is DESTRUCTIVE.**

Exodus 32

⁶ The people got up early the next morning to sacrifice burnt offerings and peace offerings. After this, *they celebrated with feasting and drinking, and they indulged in pagan revelry.*

The TRUTH about Worship.

- **Worship is KNOWING the God who KNOWS you.**

Exodus 33

¹² One day Moses said to the LORD, “You’ve been telling me, ‘*Take these people up to the Promised Land.*’ But you haven’t told me whom you will send with me. You have told me, ‘*I know you by name, and I look favorable on you.*’

¹³ “If it is true that you look favorably on me, let me know your ways so I may understand you more fully and continue to enjoy your favor.”

¹⁴ The LORD replied, “I will personally go with you, Moses, and I will give you rest - everything will be fine for you.”

¹⁵ Then Moses said, “If you don’t personally go with us, don’t make us leave this place. . . ¹⁶ For your presence among us sets us apart from all other people on the earth.”

¹⁷ The LORD replied to Moses, “I will indeed do what you have asked, for I look favorably on you, and I know you by name.”

The God who KNOWS you - KNOWS what to do.

- **Worship is SEEING the God who SEES you.**

Exodus 33

¹⁸ Moses responded, “Then show me your glorious presence.”

¹⁹ The LORD replied, “*I will make all my goodness pass before you, and I will call out my name, **Yahweh**, before you.*”

“For I will show mercy to anyone I choose, and I will show compassion to anyone I choose. ²⁰ But you may not look directly at my face, for no one may see me and live.”

²¹ The LORD continued, “Look, stand near me on this rock.

²² As my glorious presence passes by, I will hide you in the crevice of the rock and cover you with my hand until I have passed by. ²³ Then I will remove my hand and let you see me from behind. But my face will not be seen.”

Exodus 34

⁵ Then the LORD came down in a cloud and stood there with him; and he called out his own name, **Yahweh.**

The God who SEES you is WITH you.

- **Worship is TRUSTING the God who’s FOR you.**

Exodus 34

⁸ Moses immediately threw himself to the ground and **worshipped.**

⁹ And he said, “O LORD, if it is true that I have found favor with you, then please travel with us. Yes, this is a stubborn and rebellious people, but please forgive our iniquity and our sins. Claim us as your own special possession.”

¹⁰ The LORD replied, “Listen, I am making a covenant with you in the presence of all your people. I will perform miracles that have never been performed anywhere in all the earth or in any nation. And all the people around you will see the power of the LORD - the awesome power I will display FOR YOU.

¹¹ But listen carefully to everything I command you today. Then I will go ahead of you and drive out (your enemies).”

The God who’s FOR you is AHEAD of you.

- **My FEAR says _____.** (make a list of your top fears)
- **But GOD says _____.** (search PEACE @ Bible.com)