

MARGIN

Best Year Ever : Bonus Lesson : MANUP.co

Q: Why do we need to have MARGIN in our life?

A: Because a red-lined lifestyle doesn't leave any room to follow Jesus.

Luke 10 (ESV)

³³ But a Samaritan, as he journeyed, came to where he was, and when he saw him, he had compassion.

MARGIN = Maximum - Optimal

Why is Margin critical?

- Margin unleashes God's BLESSING.
- Margin helps us stay on MISSION.
- Margin helps us experience God's PRESENCE.

Why is Margin hard to establish and maintain?

- Because the world is BROKEN.
- Because Satan tries to steal our PEACE.

Romans 16 (ESV)

²⁰ The God of peace will soon crush Satan under your feet.

Ephesians 6 (ESV)

¹² For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places.

- Because stress is ADDICTIVE.
- Because relationships are COMPLICATED.

Where do you need Margin?

- Physical (sleep, exercise, diet, medical care)
- Time
- Finances
- Moral

How do you create Margin?

- TIME Inventory
- 1:many decisions
- NOT goal list
- Embrace RHYTHM
- Strategic FASTS

Keep my needs low, generosity high and expectations heavenward. - Source Unknown

Table Group Questions:

Q: What do you think about intentionally leaving margin in various aspects of your life?

Q: What area of your life would you like to have more margin?

_____ Physical

_____ Financial

_____ Time

_____ More

_____ Other

Q: Is there an emotion that stands in the way of you pursuing margin? If so, what is it?

Q: How will you know if you have appropriate margin in your life?