

We Share.

WE : Lesson 2 of 4 : MANUP.co



Matthew 19

⁴ Jesus said, "From the beginning God made them male and female. ⁵ This explains why a man leaves his father and mother and is joined to his wife, and the two are united into **ONE**."

**Marriage is a COVENANT to be
Friends, Partners, and Lovers for Life.**

WE do 4 things to make Marriage Better.

- We Agree.
- We Share.
- We Work.
- We Enjoy.

We Share what we're DOING.

Psalm 90

¹² Teach us to number our days,
so that we may grow in wisdom.

1 Corinthians 14

⁴⁰ Let everything be done decently and in order.

Philippians 2

⁴ Don't look out only for your own interests,
but take an interest in others, too.

Take Action:

- Schedule a weekly meal.
- Make a chart of who's doing what.
- Make a calendar of who's going where.

*If you don't know what they're DOING
- you can't do life TOGETHER.*

We Share what we're FEELING.

Romans 12

¹⁵ Rejoice with those who rejoice,
and weep with those who weep.

Psalm 34

¹⁷ The Lord hears his people when they call to him
for help. He rescues them from all their troubles.

¹⁸ The Lord is close to the brokenhearted;
he rescues those whose spirits are crushed.

*God doesn't AVOID feelings
He moves CLOSE to them.*

Proverbs 4

²³ Guard your heart above all else,
for it determines the course of your life.

Feelings are the TEMPERATURE of the Heart.

James 1

¹⁹ Be quick to listen, slow to speak, and slow to get angry.

The TRUTH about Feelings.

- Feelings take a lot of time to uncover.
- Feelings take a lot of time to recover.
- Feelings may not be right but they're real.
- Feelings may require some outside help.

Take Action:

- Ask for help. (*personal mentor, professional counselor*)
- Ask emotional and factual questions.
- Listen to their words and their body language.
- Schedule intentional time together.

We Share what we're LEARNING.

Deuteronomy 6

⁶ Commit yourselves wholeheartedly to these commands that I am giving you today. ⁷ Repeat them again and again to your children. Talk about them when you are at home and when you are on the road, when you are going to bed and when you are getting up. ⁸ Tie them to your hands and wear them on your forehead as reminders. ⁹ Write them on the doorposts of your house and on your gates.

Ephesians 5

¹⁶ Make the most of every opportunity.

Psalm 78

⁴ We will not hide these truths from our children;
we will tell the next generation about the glorious
deeds of the Lord, and his power and his mighty wonders.

Take Action:

- Don't separate the spiritual stuff
from the everyday stuff.
- Show an interest in what interests them.

*If you want them to **LEARN** from you
start by **LISTENING** to them.*

We Share where we're **GOING**.

Proverbs 29

¹⁸ Where there is no vision the people perish.

Habakkuk 2

² Write the vision and make it plain.

Proverbs 13

¹⁹ How pleasant it is to see dreams come true.

Take Action:

- Let them dream without asking how.
- Let them try without asking why.
- Let them fail without feeling like a failure.

**Table Group: Circle the action(s) you need
to take and share them with your group.**