

# **SESSION 1**

**[ Chasing More. ]**

We spend our whole life **chasing more** . . . more power,  
more money, more sex, more happiness, more of everything.  
But Solomon reminds us with his life-long experiment that  
**MORE will never be enough!**

But his answer to *chasing more* might surprise you.  
Instead of *avoiding* the things we chase, Solomon  
teaches us to **ENJOY them as GIFTS from God.**

God is the creator and giver of everything good, and it brings  
him great pleasure when we enjoy his gifts and say **Thank You.**

# CHASING MORE.

J. Huffman : *ThingsWeChase.com* : Lesson 1 of 5

## Ecclesiastes 1

<sup>2</sup> “Everything is meaningless,”

says the Teacher, “completely meaningless!”

<sup>8</sup> “Everything is wearisome beyond description.

No matter how much we see, *we are never satisfied.*

No matter how much we hear, *we are never content.”*

### **Problem.**

*We chase more - but more is **never enough.***

## More is NEVER enough.

### Ecclesiastes 2

<sup>1</sup> I said to myself, “Come on, let’s try pleasure.

Let’s look for the ‘**Good Things**’ in life.”

But I found that this too was meaningless.

- **Even GOOD things can become GOD things.**

<sup>8</sup> I had everything a man could desire! <sup>9</sup> So I became greater than all who had lived in Jerusalem before me, and my wisdom never failed me. <sup>10</sup> Anything I wanted, I would take. I denied myself no pleasure.

<sup>11</sup> But as I looked at everything I had worked so hard to accomplish, it was all so meaningless - *like chasing the wind.* There was *nothing* really worthwhile anywhere.

- **NO thing or NO one can ever satisfy you.**

<sup>17</sup> So I have come to hate life because *everything* done here under the sun is so troubling.

*Everything is meaningless - like chasing the wind.*

**Q: What are you chasing?**

**Answer.**

*Thank God and enjoy his gifts.*

## **THANK God and ENJOY His Gifts.**

**Ecclesiastes 2**

<sup>24</sup> So I decided there is nothing better than *to enjoy* food and drink and *to find satisfaction* in work. Then I realized that ***these pleasures are from the hand of God.*** <sup>25</sup> For who can eat or enjoy anything apart from him? <sup>26</sup> For *God gives* wisdom, knowledge, and joy to those who please him.

**Q: Do you worship the GIFT or the GIVER?**

- **Thank God for WHAT you have.**

**Ecclesiastes 9**

<sup>7</sup> So go ahead. Eat your food with joy, and drink your wine with a happy heart, for *God approves of this!*  
<sup>8</sup> Wear fine clothes, with a splash of cologne!

- **Thank God for WHERE you are.**

**Ecclesiastes 5**

<sup>19</sup> To enjoy your work and *accept your lot in life* - this is indeed a Gift from God.

- **Thank God for WHO he is.**

**Ecclesiastes 5**

<sup>2</sup> *God is in heaven*, and you are on earth.  
So let your words be few.

***“Grateful makes you HUMBLE and HUSTLE.”***