

**MAN** 

[ **ABRAHAM : Saying YES to God's Promise** ]



**I am a MAN and God  
made me a promise.**

*I've heard your voice.  
seen your power, and  
experienced your provision.*

**Today, I'm choosing to . . .**

***Believe** what you tell me,  
**Receive** what you give me,  
**Obey** what you ask me, and  
**Surrender** to what you have for me.*

**My answer is YES.**

*I'll go anywhere you send me,  
Do anything you tell me, and  
Give you everything you gave me.*

**I'm saying NO to . . .**

*Doubt.  
Disobedience.  
Discouragement.  
and Fear.*

**Whatever you ask . . .**

**My answer is YES!**

**God made a Promise** to Abraham 4,000 years ago that changed everything. *“The Promise”* was to bless the entire world through the family and faith of Abraham.

God would send his son **Jesus** (through the family of Abraham) as the Promised Messiah to save everyone who believed *“The Promise.”* The faith and obedience of ONE MAN changed everything and still does.

In fact, the New Testament scriptures say that *“Everyone who puts their faith in Jesus Christ will share the same blessing that Abraham received.”* (Galatians 3:9)

Are you ready to live a life of **BLESSING**?

It all starts by saying **“YES”** to God’s Promise.

# MANUP Utah 2018

*Big Canyon Ranch : MANUP.co*

## **FRIDAY :: 3.23.18**

4:30 - 6:30 pm	Checkin
6:30 - 7:30 pm	Dinner
7:30 - 9:30 pm	<b>Session 1 :: God Made a Promise</b>
9:30 - 10:30 pm	Small Groups
10:30 - 12:00 pm	Free Time - Settle Into Rooms

## **SATURDAY :: 3.24.18**

8:00 - 8:45 am	Breakfast
8:45 - 10:00 am	<b>Session 2 :: Believing the Promise</b>
10:00 - 11:00 am	Small Groups
11:00 - 12:30 pm	<b>Session 3 :: Receiving the Promise</b>
12:30 - 1:30 pm	Small Group Lunch
1:30 - 6:00 pm	Free Time - Activities
6:00 - 7:00 pm	Dinner
7:00 - 9:00 pm	<b>Session 4 :: Obeying the Promise</b>
9:00 - 10:00 pm	Small Groups
10:00 - 12:00 pm	Free Time

## **SUNDAY :: 3.25.18**

8:00 - 8:45 am	Breakfast
8:45 - 10:15 am	<b>Session 5 :: Surrendering the Promise</b>
10:15 - 11:00 am	Small Groups
11:00 - 12:00 pm	<b>Closing Session</b>



# **SESSION 1**

**[ God Made a Promise. ]**

# God Made a Promise.

*Abraham : Lesson 1 of 5 : MANUP.co*

## Genesis 12

<sup>1</sup> The LORD had said to Abram, *(later changed to Abraham)*

*“**Leave** your native country, your relatives, and your father’s family, and **go** to the land that I will show you.”*

<sup>2</sup> *“I will make you into a great nation. I will bless you and make you famous, and you will be a blessing to others.”*

<sup>3</sup> *“I will bless those who bless you and curse those who curse you. All the families of the earth will be blessed through you.”*

***The Faith and Obedience of ONE man changed EVERYTHING and still does.***

## God’s Promise is PERSONAL.

### Acts 7

<sup>2</sup> Our glorious God appeared to our ancestor Abraham in Mesopotamia before he settled in Haran. <sup>3</sup> God told him, *“**Leave** your native land and your relatives, and **come into** the land that I will show you.”* <sup>4</sup> So Abraham left the land of the Chaldeans and lived in Haran until his father died. Then God brought him here to the land where you now live.

***“You can’t STAY where you are and GO with God.” - Henry Blackaby***

**Q: Where is God asking you to go?**

**Q: What is God asking you to leave behind?**

## God's Promise is POWERFUL.

### Genesis 13

<sup>14</sup> The LORD said to Abram,

*“Look as far as you can see in every direction - north and south, east and west. <sup>15</sup> **I am** giving all this land, as far as you can see, to you and your descendants as a permanent possession.”*

<sup>16</sup> *“And **I will** give you so many descendants that, like the dust of the earth, they cannot be counted!*

<sup>17</sup> *Go and walk through the land in every direction, for **I am** giving it to you.”*

***God's Promise is backed by the  
POWER of His name . . . I AM.***

## God's Promise is AVAILABLE.

### Galatians 3

<sup>6</sup> *“Abraham believed God, and God counted him as righteous because of his faith.” <sup>7</sup> The real children of Abraham, then, are those who put their faith in God.*

<sup>9</sup> ***So all who put their faith in Christ Jesus share the same blessing Abraham received because of their faith.***

***God's Promise is for EVERYONE  
who says YES to the Promise.***

### Genesis 12

<sup>3</sup> *“All the families on earth will be blessed **through YOU.**”*

**Q: Who's waiting on you to say YES?**

# Discussion.

**Q:** Where is God asking you to **go**?

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- 
- 

**Q:** What is God asking you to **leave behind**?

- 
- 
- 

**Q:** Who's waiting on you to say "**YES**" to God?

- 
- 
- 

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**Prayer:**

*God, thank you for bringing me to this retreat.*

*You brought me here on purpose -  
to make me a promise.*

*Open my eyes and my heart to everything you have for  
me. Help me to be honest with you and the other guys  
in my group. I'm praying that my answer will be "**YES.**"*

*Amen.*

# Notes.



# **SESSION 2**

**[ Believing the Promise. ]**

# Believing the Promise.

Abraham : Lesson 2 of 5 : MANUP.co

## Genesis 12

<sup>1</sup> The LORD had said to Abram, *(later changed to Abraham)*

*“**Leave** your native country, your relatives, and your father’s family, and **go** to the land that I will show you.”*

<sup>2</sup> *“I will make you into a great nation. I will bless you and make you famous, and you will be a blessing to others.”*

<sup>3</sup> *“I will bless those who bless you and curse those who curse you. All the families of the earth will be blessed through you.”*

<sup>4</sup> So **Abram went** as the LORD had commanded . . .

***Abram OBEYED because he BELIEVED.***

## Q: Have you ever doubted God?

### Genesis 15

<sup>1</sup> Some time later, the LORD spoke to Abram in a vision and said to him, *“Do not be afraid, Abram, for I am your shield and your very great reward.”*

<sup>2</sup> But Abram replied,

*“O Sovereign Lord, what good are all of your blessings when I don’t even have a son? Since you’ve given me no children, Eliezer my servant will be my heir.”* Then the LORD said to him, *“No, your servant will not be your heir, for **you will have a son of your own** who will be your heir.”*

<sup>5</sup> Then the LORD took Abram outside and said to him, *“Look up into the sky and count the stars if you can. That’s how many descendants you will have!”*

<sup>6</sup> And Abram **believed** the LORD, and the LORD counted him as righteous because of his faith.

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**Believe:** Hebrew verb “aman” means - to trust, to be carried, to be certain, to be sure, to agree.

### **Q: Are you believing or doubting?**

#### **Genesis 15**

<sup>7</sup> Then the LORD told him, “***I am the LORD*** who brought you out of Ur of the Chaldeans to give you this land as your possession.”

<sup>8</sup> But Abram replied, “O Sovereign Lord, ***how can I be sure that I will actually possess it?***”

#### **TRUTH: Everyone has DOUBTS.**

<sup>13</sup> Then the Lord said to Abram, “***You can be sure that your descendants will be strangers in a foreign land, where they will be oppressed as slaves for 400 years.***”

<sup>14</sup> “***But I will punish the nation that enslaves them, and in the end they will come away with great wealth.***”

<sup>17</sup> After the sun went down and darkness fell, Abram saw a smoking fire-pot and a flaming torch pass between the halves of the carcasses. <sup>18</sup> So the ***Lord made a covenant with Abram*** that day and said,

“***I have given this land to your descendants, all the way from the border of Egypt to the great Euphrates River.***”

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**Covenant:** Hebrew “beriyth” means - to cut, to agree, to form an alliance. (Conditional / Unconditional)

***“Salvation isn’t something you DO  
it’s something God DID.”***

## Q: What do you believe about God?

*PROBLEM: Many of us say we believe, but we don't know what we believe or how to be right with God.*

## What do Christians Believe?

### Romans 3

<sup>10</sup> **No one** is righteous - not even one. <sup>20</sup> **No one** can ever be made right with God by doing what the law commands. The law simply shows us how sinful we are.

<sup>21</sup> ***But now God has shown us a way to be made right with him without keeping the requirements of the law.***

<sup>22</sup> We are made right with God by placing our faith in Jesus Christ. And this is true for **everyone** who believes, no matter who we are. <sup>23</sup> For **everyone** has sinned; we **all** fall short of God's glorious standard.

<sup>24</sup> Yet God, with undeserved kindness, declares that we are righteous. He did this through Christ Jesus when he freed us from the penalty of sins. <sup>25</sup> For God presented Jesus as the sacrifice for our sin.

***People are made right with God when they believe that Jesus sacrificed his life, shedding his blood.***

<sup>26</sup> God did this to demonstrate his righteousness, for he himself is fair and just, and he declares sinners to be right in his sight when they believe in Jesus.

<sup>27</sup> Our acquittal is not based on obeying the law.  
***It is based on faith.***

***"Salvation is based on  
BELIEF not BEHAVIOR."***

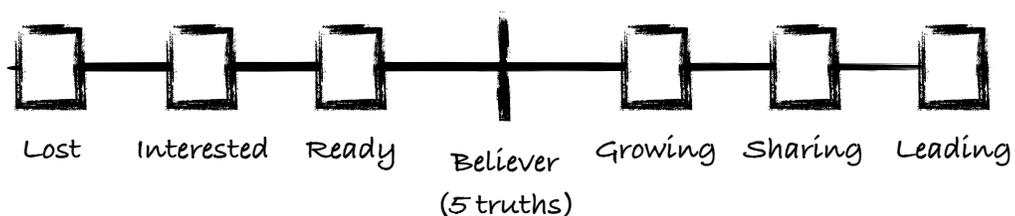
**TRUTH:** *There is nothing more important than what you believe about God.*

## 5 Truths you must Believe.

1. God is **PERFECT** and I am not.
2. My **GOOD** works will never be good enough to make me right with God.
3. My **BAD** works will never be bad enough to keep me from God's mercy and kindness.
4. God's **JUSTICE** requires payment for my sin.
5. God's **LOVE** provided the full and final payment for my sin through Jesus alone.

***"Salvation is BELIEVING in Jesus and RECEIVING his free gift of Salvation."***

Where are you right now on your Faith journey?



# Discussion.

Q: Which of the 5 truths is **easy** for you to believe?

- 
- 
- 

Q: Which of the 5 truths is **hard** for you to believe?

- 
- 
- 

Q: What **questions** do you still have about Jesus?

- 
- 
- 

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**Prayer:**

*God, thank you for what you're teaching me. Sometimes it's hard to believe the Good News of Jesus. It seems too good to be true, but you say it is. Help me **believe**.*

*Help me replace my trying with trusting.*

*My doing with what you did.*

*My sin with your son.*

*Give me answers to my questions and resolution to my struggle. Give me your peace in exchange for my doubt.*

*Amen.*

# Notes.



# **SESSION 3**

**[ Receiving the Promise. ]**

# Receiving the Promise.

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***“Salvation is BELIEVING in Jesus and RECEIVING his free gift of Salvation.”***

## Romans 4

<sup>1</sup> What did Abraham discover about being made right with God? <sup>2</sup> If his good deeds had made him acceptable to God he would have had something to boast about. But that was not God’s way. <sup>3</sup> For the scriptures tell us,

***“Abraham believed God, and God counted him as righteous because of his faith.”***

<sup>4</sup> When people work, their wages are not a gift, but something they have earned. <sup>5</sup> But people are counted as righteous, not because of their work, but because of their faith in God who forgives sinners. <sup>10</sup> But how did this happen? Clearly, God accepted Abraham before he was circumcised.

<sup>16</sup> ***So the promise is received by faith. It is given as a free gift.***

And we are certain to receive it . . . if we have faith like Abraham’s. For Abraham is the father of all who believe.

## Galatians 3

<sup>9</sup> So all who put their faith in Christ Jesus share the same blessing Abraham received because of their faith.

***“Salvation isn’t something you ACHIEVE it’s something you RECEIVE.”***

# The Gift.

## Romans 5

<sup>1</sup> Therefore, since we have been made right in God's sight by faith, we have *peace* with God because of what Jesus Christ our Lord has done for us. <sup>2</sup> Because of our faith, Christ has brought us into this place of undeserved *privilege*, where we now stand, and we *confidently* and *joyfully* look forward to sharing God's glory.

<sup>11</sup> So now we can rejoice in our wonderful new *relationship* with God because our Lord Jesus Christ has made us *friends* of God.

## Galatians 3

<sup>14</sup> Through Christ Jesus, God has blessed the Gentiles with the same blessing he promised to Abraham, so that we who are believers might receive the promised *Holy Spirit* through Faith.

# 5 Gifts you Receive when you Believe.

1. The gift of **JESUS** as the free, full, and final payment for your sin.
2. The gift of **FORGIVENESS** to cover your past, present, and future sins against God.
3. The gift of **RELATIONSHIP** with God as your father and friend.
4. The gift of **FAITH** that fills you with peace, hope, and joy.
5. The gift of God's **SPIRIT** within you.

*“Salvation isn’t a FEW things  
new - it’s ALL things new.”*

## God gave Abram a new NAME.

### Genesis 17

<sup>1</sup> When Abram was 99 years old,  
the LORD appeared to him and said,

*“I am El-Shaddai - ‘God Almighty.’ Serve me faithfully  
and live a blameless life. <sup>2</sup> I will make a covenant  
with you, by which I will guarantee to give you countless  
descendants.” <sup>3</sup> At this, Abram fell down on the ground.*

<sup>4</sup> Then God said to him,

*“This is my covenant with you: I will make you  
the father of a multitude of nations! <sup>5</sup> What’s more,  
**I am changing your name.** It will no longer be Abram.  
Instead, you will be called **Abraham**, for you  
will be the father of many nations.”*

**Q: What name would God give you  
if he gave you a NEW name?**

**HELLO : My Name Is**

***“Salvation isn’t a new set of RULES  
it’s a whole new RELATIONSHIP.”***

## **God gave Abram a new RELATIONSHIP.**

### **Genesis 17**

*6 “I will make you extremely fruitful. Your descendants will become many nations, and kings will be among them! 7 I will confirm my covenant with you and your descendants after you, from generation to generation.”*

This is the everlasting covenant:

*“I will always be your God and the God of your descendants after you. 8 And I will give the entire land of Canaan, where you now live as a foreigner, to you and your descendants. It will be their possession forever, and I will be their God.”*

**Q: Who’s doing “The Work” of Salvation?**

***“Salvation is BELIEVING in Jesus and  
RECEIVING his free gift of Salvation.”***

**Q: Have you done that?**

- Yes
- No
- I don’t know

**Q: Are you ready to say “YES” today?**

# Prayer of Salvation.

*God - I've been telling you **NO**  
and today I'm saying **YES!***

*I'm done making excuses. I'm done playing  
games. I'm done running and hiding. I'm  
done chasing anything other than **YOU.***

***Today - I'm believing and receiving  
the free gift of JESUS as the full  
and final payment for my sin. I'm  
trusting in your good works not mine.***

*Thank you for being my father, my forgiver,  
my savior, and my friend. Thank you for  
taking my sin, shame, and guilt and  
replacing it with "**All Things New.**"*

**Q:** What's keeping you from saying "**YES**" to God?

**Q:** If you're not ready today - **when** will you be ready?

**Q:** Which one of these **gifts** do you need to open?

- Salvation** through Jesus.
- Forgiveness** of your sins.
- Relationship** with God.
- God's Peace** filling you with hope.
- God's Spirit** living within you.

**Notes.**



# **SESSION 4**

**[ Obeying the Promise. ]**

# Obeying the Promise.

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**Q: How long have you been waiting on God?**

**Q: Are you tempted to shortcut The Promise?**

***Your SHORTCUTS become your DOWNFALL.***

## Genesis 17

<sup>9</sup> Then God said to Abraham, “Your responsibility is to **obey** the terms of the covenant. <sup>10</sup> This is the covenant that you and your descendants must keep; each male among you must be circumcised. <sup>11</sup> You must cut off the flesh of your foreskin as a sign of the covenant between me and you.

**OBEY** = “To Keep, To Protect, To Preserve.”

***Obedience is doing the RIGHT thing,  
RIGHT away, with the RIGHT attitude.***

<sup>12</sup> From generation to generation, every male must be circumcised on the eighth day after his birth. This applies not only to members of your family but also to the servants born in your household and the foreign-born servants whom you have purchased. <sup>13</sup> **All must be circumcised.** Your bodies will bear the mark of my everlasting covenant.

<sup>14</sup> Any male who fails to be circumcised will be cut off from the covenant family for breaking the covenant.”

***Obedience doesn't get us INTO God's family,  
we obey BECAUSE we're part of the family.***

## Obey QUICKLY.

### Genesis 17

<sup>19</sup> God said, “Sarah, your wife, will give birth to a son for you. You will name him Isaac. <sup>21</sup> My covenant will be confirmed through Isaac, who will be born about this time next year.”

<sup>22</sup> When God had finished speaking, he left Abraham.

<sup>23</sup> **On that very day** Abraham took his son, Ishmael, and every male in his household, including those born there and those he had bought. Then he circumcised them, cutting off their foreskins just as God had told them.

***Telling God “LATER” is telling God “NO.”***

## Obey COMPLETELY.

### Genesis 17

<sup>26</sup> Both Abraham and his son, Ishmael, were circumcised on that same day, <sup>27</sup> along with all the other men and boys of the household, whether they were born there or bought as servants. **All were circumcised with him.**

***Partial Obedience is DIS-OBEDIENCE.***

## Obey CERTAINLY.

### Genesis 18

<sup>18</sup> The LORD said, “Abraham will **certainly** become a great and mighty nation, and all the nations of the earth will be blessed through him. <sup>19</sup> I have singled him out so that he will direct his sons and their families to keep the way of the LORD by doing what is right and just. **Then I will do for Abraham all that I have promised.”**

***“Obey God and leave the results to HIM.”***

- Charles Stanley

# Discussion.

**Q:** What is the **hardest thing** God  
is asking you to do right now?

**Q:** Why is hard for you to **trust** God's assignment?

**Q:** What will happen if you continue to **disobey** God?

**Q:** What will happen if you choose to **obey** God?

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## **Prayer of Confession:**

*Father, forgive me! I've been doing my own thing  
and ignoring you. You told us in 1<sup>st</sup> John 1:9 . . .*

*"If we confess our sins, you're faithful and just  
to forgive us of our sins, and to cleanse us  
from ALL unrighteousness."*

*So here I am - standing in the middle of my disobedience.  
Ready to be forgiven. Ready to be cleansed.  
Ready to be change. Ready to be filled.*

*Thank you for cleansing me from ALL my guilt, shame,  
and blame. Thank you for filling me with your Spirit.*

*Amen.*

**Notes.**



# **SESSION 5**

**[ Surrendering the Promise. ]**

# Surrendering the Promise.

*Abraham : Lesson 5 of 5 : MANUP.co*

## Genesis 22

<sup>1</sup> Some time later, God tested Abraham's faith.

*"Abraham!" God called. "YES" he replied. "Here I am."*

**Q:** Have you told God "YES"?

***Surrender is telling God YES . . .  
BEFORE you know any of the details.***

## I'll go ANYWHERE you send me.

### Genesis 22

<sup>2</sup> *"Take your son, your only son - yes, Isaac, whom you love so much - and **go** to the land of Moriah. Go and sacrifice him as a burnt offering on one of the mountains, which **I will show you.**"*

<sup>3</sup> The next morning Abraham got up early. He saddled his donkey and took two of his servants with him, along with his son, Isaac. Then he chopped wood for a fire for a burnt offering and set out for the place God had told him about.

<sup>4</sup> On the third day of their journey, Abraham looked up and saw the place in the distance. <sup>5</sup> Abraham told the servants.

*"Stay here with the donkey.*

*The boy and I will travel a little farther.*

*WE will worship there and then*

*WE will come right back."*

**Q: Where has God called you to go  
and who's going with you?**

**YES - I'll go anywhere you send me.**

# I'll do ANYTHING you tell me.

## Genesis 22

<sup>6</sup> So Abraham placed the wood for the burnt offering on Isaac's shoulders, while he himself carried the fire and the knife. As the two of them walked together,

<sup>7</sup> Isaac turned to Abraham and said, "Father?" "Yes, my son" Abraham replied. "We have the fire and the wood" the boy said, "but where is the lamb for the burnt offering?"

<sup>8</sup> Abraham answered,

***"God will provide himself a lamb for the burnt offering my son."***

And they both walked on together.

<sup>9</sup> When they had arrived at the place where God told them to go, Abraham built an altar and arranged the wood on it. Then he tied his son, Isaac, and laid him on the altar on top of the wood. <sup>10</sup> And Abraham picked up the knife to kill his son as a sacrifice.

### Q: What was God teaching Abraham?

***Surrender is doing what God SAYS . . .  
even if you don't SEE what God's doing.***

<sup>11</sup> At that moment the angel of the LORD called to him from heaven, "Abraham! Abraham!"

"YES." Abraham replied. "Here I am!"

<sup>12</sup> "Don't lay a hand on the boy!" the angel said. "Do not hurt him in any way, for now I know that you truly fear God. **You have not withheld from me even your son, your only son.**"

**YES - I'll do anything you tell me.**

# I'll give you EVERYTHING you gave me.

## Genesis 22

<sup>13</sup> Then Abraham looked up and saw a ram caught by its horns in a thicket. So he took the ram and sacrificed it as a burnt offering in place of his son. Abraham named the place *YAWEH-YIREH* which means "***the LORD will provide.***"

***Surrender is TRUSTING that God will provide when you don't know HOW.***

<sup>15</sup> Then the angel of the LORD called again to Abraham from heaven. <sup>16</sup> This is what the LORD says: "*Because you have obeyed me and have not withheld your son, your only son, I swear by my own name that . . .*

*<sup>17</sup> I will certainly bless you. I will multiply your descendants beyond number, like the stars in the sky and the sand on the seashore. Your descendants will conquer the cities of their enemies. <sup>18</sup> And through your descendants all the nations of the earth will be blessed - **all because you have obeyed me.**"*

**Q: Have you told God "YES"?**

***Surrender is leaving "YES" on the table.***

**YES - I'll give you everything you gave me.**

## Prayer of Surrender.

*"Lord - my answer is **YES**. I'll go anywhere you send me, do anything you tell me, and give you everything you gave me. Use me today to bless those around me with the promise you've put in me. Use my words, my actions, and my faith to leave a legacy to those behind me."*

# Discussion.

Q: What's your **next step**?

Q: Who can you ask to hold you **accountable**?

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Cell: \_\_\_\_\_

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Cell: \_\_\_\_\_

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Cell: \_\_\_\_\_

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**Action** : Download the LifePastor APP

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**Notes.**



**“Abraham believed God and God counted  
him as righteous because of his faith.”**