

**MANO** 

[ **ADAM : LEAD WITH PURPOSE** ]



# — I AM A MAN —

I am *created* to enjoy God

*blessed* to bless others

*placed* to work hard

*called* to crush evil

and *sent* to do good.

# GENESIS

## Genesis

<sup>1:1</sup> In the beginning **God created** the heavens and the earth.

<sup>2</sup> The earth was formless and empty, and darkness covered the deep waters. And the Spirit of God was hovering over the surface of the waters.

<sup>3</sup> Then God said, “***Let there be light,***” and there was light.

<sup>4</sup> And God saw that the light was *good*. Then he separated the light from the darkness. <sup>5</sup> God called the light “**day**” and the darkness “**night.**” And evening passed and morning came, marking the **first day**.

<sup>6</sup> Then God said, “***Let there be a space between the waters, to separate the waters of the heavens from the waters of the earth.***” <sup>7</sup> And that is what happened. God made this space to separate the waters of the earth from the waters of the heavens. <sup>8</sup> God called the space “**sky.**” And evening passed and morning came, marking the **second day**.

<sup>9</sup> Then God said, “***Let the waters beneath the sky flow together into one place, so dry ground may appear.***” And that is what happened. <sup>10</sup> God called the dry ground “**land**” and the waters “**seas.**” And God saw that it was *good*. <sup>11</sup> Then God said, “***Let the land sprout with vegetation - every sort of seed-bearing plant, and trees that grow seed-bearing fruit. These seeds will then produce the kinds of plants and trees from which they came.***” And that is what happened. <sup>12</sup> The land produced vegetation - all sorts of seed-bearing plants, and trees with seed-bearing fruit. Their seeds produced plants and trees of the same kind. And God saw that it was *good*. <sup>13</sup> And evening passed and morning came, marking the **third day**.

<sup>14</sup> Then God said, “***Let lights appear in the sky to separate the day from the night. Let them be signs to mark the seasons,***

**days, and years.** <sup>15</sup> **Let these lights in the sky shine down on the earth.**” And that is what happened. <sup>16</sup> God made two great lights - the larger one to govern the day, and the smaller one to govern the night. He also made the stars. <sup>17</sup> God set these lights in the sky to light the earth, <sup>18</sup> to govern the day and night, and to separate the light from the darkness. And God saw that it was *good*. <sup>19</sup> And evening passed and morning came, marking the **fourth day**.

<sup>20</sup> Then God said, “**Let the waters swarm with fish and other life. Let the skies be filled with birds of every kind.**”

<sup>21</sup> So God created great sea creatures and every living thing that scurries and swarms in the water, and every sort of bird - each producing offspring of the same kind. And God saw that it was *good*. <sup>22</sup> Then God blessed them, saying, “**Be fruitful and multiply. Let the fish fill the seas, and let the birds multiply on the earth.**” <sup>23</sup> And evening passed and morning came, marking the **fifth day**.

<sup>24</sup> Then God said, “**Let the earth produce every sort of animal, each producing offspring of the same kind - livestock, small animals that scurry along the ground, and wild animals.**”

And that is what happened. <sup>25</sup> God made all sorts of wild animals, livestock, and small animals, each able to produce offspring of the same kind. And God saw that it was *good*.

<sup>26</sup> Then God said, “**Let us make man *in our image, to be like us*. And let them *have dominion over* the fish in the sea, the birds in the sky, the livestock, all the wild animals on the earth, and the small animals that scurry along the ground.**” <sup>27</sup> So God created man in his own image. In the image of God he created them *male and female*.

<sup>2:7</sup> Then the LORD God formed the man from the dust of the ground. He breathed the *breath of life* into the man’s nostrils, and the man became a **living being**.

<sup>1:31</sup> Then God looked over all he had made, and he saw that it was ***very good!***



# **SESSION 1**

**[ ENJOY GOD ]**

# ENJOY GOD

*"I am created to ENJOY GOD."*

## Genesis

<sup>1:1</sup> In the beginning **God created** the heavens and the earth...

<sup>1:26</sup> Then God said, "Let us make man (*'adam - to be alive*) ***in our image, to be like us.*** And let them ***have dominion*** over the fish in the sea, the birds in the sky, the livestock, all the wild animals on the earth, and the small animals that scurry along the ground."

<sup>2:7</sup> Then the LORD God formed the man from the dust of the ground. He breathed the *breath of life* into the man's nostrils, and the man became a **living being**.

## Enjoy God by enjoying LIFE.

**1 Tim 6:17** - "God gives us all things to enjoy."

**John 10:10** - "My purpose is to give them Life to the fullest."

**Truth : God is the CENTER of all Life.**

**Q : Are you enjoying the Life God gave you?**

<sup>2:18</sup> Then the LORD God said, "**It is not good for man to be alone. I will make a helper who is just right for him.**"

<sup>2:21</sup> So the LORD God caused the man to fall into a deep sleep. While the man slept, the LORD God took out one of the man's ribs (from his side) and closed up the opening.

<sup>2:22</sup> Then the **LORD God made a woman** from the rib, and he brought her to the man.

2:23 “At last!” the man exclaimed. “This one is bone from my bone, and flesh from my flesh! She will be called ‘**woman,**’ because she was taken from ‘man.’”

2:24 This explains why a man leaves his father and mother and is joined to his wife, and the two are united into one.

25 Now the man and his wife were both naked, but they felt no shame.

1:27 So **God created man** in his own image.

In the image of God he created them *male and female*.

1:31 Then God looked over all he had made, and he saw that it was **very good!**

## Enjoy God by enjoying **COMMUNITY**.

**Ecclesiastes 4:9** - “Two people are better off than one, for they can help each other succeed.”

**Truth : It’s NOT GOOD for man to be alone.**

**Q : Who’s in your community?**

2:3 And **God blessed the seventh day**

and declared it holy, because it was the day when he rested from all his work of creation.

## Enjoy God by enjoying **REST**.

**Psalms 46:10** - “Be still and know that I am God.”

**Colossians 3:10** - “Know your creator and learn to become like him.”

**Truth : Man is the ONLY creation that CHOOSES to enjoy God.**

# Questions and Actions.

**Q:** Are you **enjoying the Life** God gave you?  
(*ex. worship, family, friends, work, hobbies, etc...*)

**Q:** How are you **practicing community** - and with who?

**Q:** How are you **practicing Sabbath** rest?

---

**Prayer :** “Hello God - it’s me \_\_\_\_\_.

Thank you for creating me to be like you and allowing me to share in your incredible Story. As we launch into this study, would you open my eyes and my heart to all you have for me. I’m excited about this journey and can’t wait to **LIVE ON PURPOSE**. Amen.”

**Action :** Write this Statement on a postcard and put it someplace you’ll see everyday this week . . .

**“God is the CENTER of all Life.”**

# Notes.



# **SESSION 2**

**[ BLESS OTHERS ]**

# BLESS OTHERS

*"I am blessed to **BLESS OTHERS.**"*

## Genesis

5:1 When God created mankind, he made them to be like himself. <sup>2</sup> He created them male and female, and blessed them and called their name "**Adam.**"

## Bless Others by KNOWING your GIFTS.

**Psalm 139:14** - "Thank you for making me so wonderfully complex! Your workmanship is marvelous - how well I know it."

**Truth : Blessed isn't something you HAVE  
it's something you ARE.**

**Q : What are your top 3 God given gifts -  
and how are you making them better?**

1:28 Then **God blessed them** and said,  
"Be **fruitful** and **multiply**. **Fill the earth** and **rule it**.  
**Reign over** the fish in the sea, the birds in the sky,  
and all the animals that scurry along the ground."

- **fruitful** : *parah* - "to increase, to grow, to produce"
- **multiply** : *rabah* - "to increase, to excel, to be great"
- **fill** : *male'* - "to satisfy, to accomplish, to finish"
- **rule** : *kabash* - "to subdue, to conquer, to tread on"
- **reign** : *radah* - "to have dominion, to rule over"

1:29 Then God said, "**Look!** I have given you every seed-bearing plant throughout the earth and all the fruit trees for your food."

## Bless Others by USING your GIFTS.

**Romans 12:6** - "God has given each of us different gifts for doing certain things well."

**Truth : Using your gift isn't PRIDE - it's PURPOSE.**

**Q : What will you do today that others will be glad you did?**

**1:31** And evening passed and morning came, marking the **sixth day**. Then God looked over all he had made, and he saw that it was **very good!**

**2:1** So the creation of the heavens and the earth and everything in them was completed. <sup>2</sup> On the seventh day God had finished his work of creation, so he rested (*ceased*) from all his work.

**2:3** And **God blessed the seventh day** and declared it holy, because it was the day when he rested from all his work of creation.

## Bless Others by RESTING your GIFTS.

**Genesis 12:2** - "I will bless you and you will be a blessing to others." (*God's promise to Abraham*)

**Truth : God is doing something IN you so he can do something TROUGH you.**

**Q : What is God doing in you that will become a blessing to others?**

# Questions and Actions.

**Q:** What are your **top 3 God-given gifts** and skills and how are you making them better?

- 
- 
- 

**Q:** What will you **do today** that others will be glad you did?

- 
- 
- 

**Q:** What is God doing in you that **will become** a blessing to others?

---

**Prayer :** “Thank you for blessing me. I’m often tempted to compare and complain if things aren’t going my way. I look forward to not only **seeing** your daily blessings but **being a blessing** to those around me.”

**Action :**

Pick one person in your life and bless them with a **handwritten note** of encouragement.

**Notes.**



# SESSION 3

[ WORK HARD ]

# WORK HARD

*"I am placed to **WORK HARD.**"*

## Genesis

1:27 So **God created man** in his own image. . .

**image** : *tselem* - "to resemble, an idol put in place of..."

2:8 Then the LORD God planted a garden in Eden in the east, and there **he placed the man** he had made.

## Work Hard for GOD's GLORY.

**Matthew 5:16** - "Let your light shine before others, so that they may see your good works and *give glory* to your Father in Heaven."

**Truth : EVERY place is a God place  
when God PLACES you there.**

**Q : Where has God placed you?**

2:9 The LORD God made all sorts of trees grow up from the ground - trees that were beautiful and that produced delicious fruit. In the middle of the garden he placed the *tree of life* and the *tree of the knowledge of good and evil*.

2:16 But the **LORD God commanded him**,  
"You may freely eat the fruit of every tree in the garden -  
17 except the *tree of the knowledge of good and evil*.  
If you eat its fruit, you are sure to die."

2:15 The LORD **God placed Adam** in the Garden of Eden  
**to work it** and **to keep it**.

**work it** : *abad* - "to labor, to cultivate, to SERVE"

**keep it** : *shamar* - "to pay attention to, to nurture, to take care of, to cultivate."

2:19 Now the LORD God had formed from the ground all the wild animals and all the birds of the sky. He brought them to the man to see *what he would call them*, and **Adam chose a name for each one.** 20 He gave names to all the livestock, all the birds of the sky, and all the wild animals.

**name it** : *shem* - "to mark with a sign, to put in place"

## Work Hard for OUR GOOD.

**Ecclesiastes 5:19** - "To enjoy your work and accept your lot in life is a *gift from God.*"

**Proverbs 12:14** - "Hard work brings rewards."

**Truth** : You should go to bed **TIRED.**

**Q** : Are you working on the right things?

## Work Hard when the WORK gets HARD.

**Galatians 6:9** - "Don't get tired of doing what is good - *in due season* we'll reap if we don't give up."

**Q** : Where are you most tempted to quit?

**Phillipians 1:6** - "I am confident that God who began the good work within you, will continue his work until it's finally finished on the day when Christ Jesus returns."

**Truth** : **FINISHING** is better than starting.

# Questions and Actions.

**Q:** Where has God *placed* you and how well are you serving those places?

**Q:** Are you busy working on everything or are you working on the *right things*?

**Q:** Where are you most *tempted to quit* and who can you ask for help?

---

**Prayer :** “WOW - the fact that you’ve placed me on purpose brings new perspective to my work. My hearts desire is to fully advance your Kingdom using my position at home, at work, at church, and in my city. Give me a burning passion for you and for the places you’ve put me. With your strength - *all things are possible!*”

**Action :**

- Make a list of the “places” God has placed you.
- Rate yourself from (1-10) on how you’re working, keeping, and ruling that place for God’s Glory.
- Ask God for clarity and courage in “the weak places.”

# Notes.



# **SESSION 4**

**[ CRUSH EVIL ]**

# CRUSH EVIL

*"I am called to **CRUSH EVIL.**"*

## Genesis

<sup>26</sup> Then God said, "Let us make man *in our image, to be like us*. And let them *have dominion over . . . the earth.*"

**dominion** : *radah* - "to rule, to dominate, to **SUBDUE**"

<sup>2:15</sup> The LORD **God placed Adam** in the Garden of Eden **to work it** and **to keep it**.

<sup>2:16</sup> But the **LORD God commanded him**,  
"You may freely eat the fruit of every tree in the garden -  
<sup>17</sup> except the *tree of the knowledge of good and evil*.  
If you eat its fruit, you are sure to die."

<sup>3:1</sup> The serpent was the shrewdest (*most subtle*) of all the wild animals the LORD God had made. One day he asked the woman, "Did God really say you must not eat the fruit from **any** of the trees in the garden?"

<sup>3:2</sup> "Of course we may eat fruit from the trees in the garden," the woman replied. <sup>3</sup> "It's only the fruit from the tree in the middle of the garden that we are not allowed to eat. God said, 'You must not eat it or even touch it; if you do, you will die.'"

<sup>4</sup> "**You won't die!**" the serpent replied to the woman.

<sup>5</sup> "God knows that your eyes will be opened as soon as you eat it, and you will be like God, knowing both good and evil."

**Q : How many Lies did the Serpent tell Eve?**

**Truth : Temptation is an INVITATION  
to believe a LIE.**

## Crush Evil by KNOWING the Truth.

John 8:32 - "Know the truth and the truth will set you free."

**Truth : Your CHOICES take you PLACES.**

<sup>3:6</sup> The woman was convinced. **She saw** that the tree was beautiful and its fruit looked delicious, and **she wanted** the wisdom it would give her. So **she took** some of the fruit and ate it. Then **she gave** some to her husband, *who was with her*, and he ate it, too.

<sup>3:7</sup> At that moment their **eyes were opened**, and they suddenly **felt shame** at their nakedness. So they sewed fig leaves together to **cover themselves**.

## Crush Evil by WALKING WITH Truth.

<sup>3:8</sup> When the cool evening breezes were blowing, the man and his wife heard the *LORD God walking* about in the garden. So **they hid from the LORD God** among the trees.

<sup>3:9</sup> Then the **LORD God called to the man**,  
"Where are you?" <sup>10</sup> Adam replied,  
"I heard you walking in the garden, so I hid.  
I was afraid because I was naked."

<sup>11</sup> "Who told you that you were naked?" the LORD God asked. "Have you eaten from the tree whose fruit I commanded you not to eat?"

<sup>12</sup> The Adam replied, "It was the woman you gave me who gave me the fruit, and I ate it."

<sup>3:13</sup> Then the **LORD God asked the woman**,  
"What have you done?" She replied,  
"The serpent deceived me - that's why I ate it."

## Crush Evil by SPEAKING the Truth.

3:14 Then the **LORD God said to the serpent**,  
“Because you have done this, you are cursed more than all animals, domestic and wild. You will crawl on your belly, groveling in the dust as long as you live. <sup>15</sup> And I will cause hostility between you and the woman, and between your offspring and her offspring. **“He (*Jesus*) will strike (*crush*) your head, & you will strike his heel.”**

3:16 Then **the LORD God said to the woman**,  
“I will greatly multiply your sorrow and your conception. And your desire will be for your husband (*craving - both for and against*), but he will rule over you.”

3:17 Then **the LORD God said to the man**,  
“Since you listened to (*obeyed*) your wife and ate from the tree whose fruit I commanded you not to eat, the ground is cursed because of you. All your life you will struggle to scratch a living from it. <sup>18</sup> It will grow thorns and thistles for you, though you will eat of its grains. <sup>19</sup> By the sweat (*sorrow*) of your brow will you have food to eat until you return to the ground from which you were made. For you were made from dust, and to dust you will return.”

3:20 Then the man - Adam - named his wife **Eve**, because she would be the **“mother of all living.”**

**Truth : “One of our biggest temptations is to be SILENT when our VOICE is needed.” - Pastor Matt Chandler**

**Q : Where is your voice needed?**

3:21 **And the LORD God made clothing from animal skins for Adam and his wife, and He covered them.**

## **Crush Evil by RECEIVING the Truth.**

**Romans 15:16-17** “Adam’s sin led to *condemnation*, but God’s free gift leads to our *being made right* with God, even though we are guilty of many sins. <sup>17</sup> For the Sin of this one man, Adam, caused death to rule over many. But even greater is God’s wonderful grace and his gift of righteousness, for ***all who receive it will live in triumph*** over sin and death through this one man, Jesus Christ.

**Truth : It’s time to come out of the  
BUSHES with no DEFENSES.**

# Questions and Actions.

**Q:** Which one of **sin's 3 consequences** do you wrestle with the most and why? ( *Fear - Shame - Blame* )

**Q:** What truth is God telling you that you need to **believe**? How would that truth change your life?

**Q:** Have you chosen to **receive** God's covering for your sin, or are you still **hiding** in the bushes?

I have **received** God's covering through Jesus.

I am **still hiding** in the bushes.

*(will you consider praying the prayer below)*

---

**Prayer :** "Dear God. I've tried a thousand different ways to find peace for my soul, and I'm still in the bushes. My fear, shame, and blame has kept me from coming to you. Thank you for loving me and calling me out of the bushes in spite of the way I've wronged you and others.

Today - **I'm calling on the name of Jesus** to forgive me, cover me, and bless me with a brand new life. I'm ready to receive you and walk in your truth. I will share my decision today with those around me and receive their support in my new journey. Thank you and Amen."

**Notes.**



# **SESSION 5**

**[ DO GOOD ]**

# DO GOOD

*"I am sent to DO GOOD."*

## Genesis

3:20 Then the man - Adam - named his wife **Eve**, because she would be the "**mother of all living**."

3:21 And the LORD God made clothing from animal skins for Adam and his wife, and **He covered them**.

## Do Good no matter **WHAT** you've done.

**Romans 5:16** - "God's free gift leads to us being made *right with God*."

**Truth : It's time to come out of the BUSHES with no DEFENSES.**

**Q : Where are you most tempted to hide?**

3:22 Then the LORD God said, "Look, the man has become like us, knowing both good and evil. *What if* he reaches out, takes fruit from the *Tree of Life*, and eats it? Then he will live forever!" (*stuck in the tension of good and evil*)

3:23 So the **LORD God sent Adam away from the Garden of Eden to work the ground from which he had been taken**.

3:24 After **sending them out**, the LORD God stationed mighty cherubim to the east of the Garden of Eden. And *he placed* a flaming sword that flashed back and forth to guard the way (back) to *the Tree of Life*.

## Do Good until you're DONE doing.

**Revelation 22:12** - "Look, I am coming soon, bringing my reward with me to repay all people according to their deeds. No longer will there be a curse upon anything. For the throne of God and of the Lamb will be there."

**Truth : God has already FINISHED  
the work I'm doing.**

**Q : What are you moving towards?**

<sup>4:1</sup> Now Adam knew his wife, Eve, and she became pregnant. When she gave birth to Cain, she said, "**With the Lord's help**, I have received a man!" (*or produced Life*)

## Do Good with the LORD's help.

**Romans 5:17** - "all who receive Jesus will *live in triumph* over sin and death."

**Truth : It's time to DO IT.**

# Questions and Actions.

**Q:** What are the things you need to **STOP Doing**?

- 
- 
- 

**Q:** What are the things you need to **START Doing**?

- 
- 
- 

**Q:** What are the things you need to **KEEP Doing**?

- 
- 
- 

---

**Prayer :** “Almighty Creator - I praise you for being so Glorious and so Powerful. Your word and your spirit have empowered me as a man to **Live on Purpose**.

I pray that you'll send me to share Jesus with those around me. May your Kingdom come, may your will be done on earth - just like it is in Heaven. Amen.”

**Action :**

- **Share your “Stop - Start - Keep” list with a trusted friend who will help you stay accountable.**

**Notes.**





# — I AM A MAN —

I am *created* to enjoy God

*blessed* to bless others

*placed* to work hard

*called* to crush evil

and *sent* to do good.